

9 June 2015

REMINDER

Dominic Cross Country 2015

Year 3 – 6

Dear Parents/Guardians and Students,

As you all know the 3-6 Cross Country's will be held **on Wednesday 10 June 2015 (tomorrow)**. The 3/4 students will complete a 2km course and the 5/6 students a 2.5km course and all students have been practicing the course in their PE lessons. The top 8 runners will be selected from each race to represent the Cross Country team at the interschool carnivals.

Approximate Race Times

Year 4 Girls	11.15am
Year 4 Boys	11.30am
Year 3 Girls	11.45am
Year 3 Boys	12.00am
Year 3/4 Fun Run	12.15pm
Head to class for lunch	12.25pm
Head back to Oval	1.20pm
Year 5/6 Fun Run	1.30pm
Year 5 Girls	1.40pm
Year 5 Boys	1.55pm
Year 6 Girls	2.10pm
Year 6 Boys	2.25pm
Presentations	2.40pm

Parents are most welcome to come and watch the events on the day and join in the fun runs.

What to Wear: Sports Uniform (Wear clothing in house colour if you have some!)

What to Bring: Plenty of water to drink and healthy lunch/ snacks, warm clothes for when you aren't running and possibly a blanket to keep you warm.

Parents: If you would like to be a helper on the day then please come and see me on the day. Thanks to those who returned the parent help form already. Your support is greatly appreciated and it would be great if you could meet me on the oval at 11.00am.

If you have any questions, please don't hesitate to ask myself or your son/daughters class teacher.

Mr Cameron Golding- K-6 Sport Co-ordinator
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