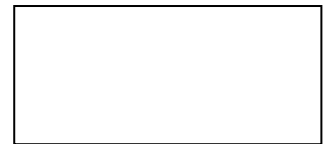


16 June 2015



JSSATIS Cross Country Reminder

JSSATIS- Thursday 18 June 2015- Rokeby Police Academy

Congratulations on being selected to represent Dominic at the JSSATIS Cross Country that is being held on Thursday 18 June at the Rokeby Police Academy from 11.30am- 1.30pm.

Travel

We will be leaving school at 10.20am on Thursday 18 June to attend the JSSATIS Carnival and will be returning to school around 2.00pm. Class teachers will send students to the meeting point under the sail at 10.15am. All team members are expected to travel on the bus to the event. Parents are welcome to take their child home after the carnival. Please sign them out with one of the teachers on the day.

What to Wear:

Full Sports Uniform (black shorts and sports polo top to run in). *Skins must **not** be worn.* The weather is forecast for only 9 degrees with a chance of rain so please bring your warm school clothes with maybe a layer or two underneath.

What to Bring:

- Plenty to water to drink and food to eat (Healthy Food is the best option)
- Ventolin and spacer (if required)
- Coat / Jacket and Warm Clothes (scarf / hat / gloves)
- Spare socks / shoes (the course may be muddy!)
- Blanket

<u>Event Times:</u>	11.30 Grade 4 Girls	11.40 Grade 4 Boys
	11.50 Grade 5 Girls	12.00 Grade 5 Boys
	12.10 Grade 3 Girls	12.20 Grade 3 Boys
	12.40 Grade 6 Girls	1.00 Grade 6 Boys

Cross Country Course: A map of the course will be handed out to all students tomorrow afternoon after the K-6 assembly.

Cameron Golding- K-6 Sport Coordinator

