

ipswich grammar

flexischool menu options autumn 2018

monday

cheese burger	5.0	
	small	large
beef ravioli, napoli sauce	3.5	5.0
beef & vegetable hot pot, steamed rice	3.5	5.0

tuesday

sweet chilli chicken wrap toasted	5.0	
	small	large
beef bolognaise, penne pasta	3.5	5.0
beef & vegetable hot pot, steamed rice	3.5	5.0

wednesday

blt english muffin	5.0	
	small	large
indian chicken curry with rice	3.5	5.0
chicken and mushroom pasta	3.5	5.0

thursday

chicken caesar wrap	5.0	
	small	large
indian chicken curry with rice	3.5	5.0
pomodoro sauce with penne, parmesan	3.5	5.0

friday

oven baked fish, potato wedges, tartare	5.0	
	small	large
bbq chicken pizza	3.5	5.0
beef bolognaise, penne pasta	3.5	5.0