










AUSTRALIA SAYS "NO" TO FAMILY VIOLENCE AND ABUSE

IN AUSTRALIA THE LAW PROTECTS WOMEN AND CHILDREN FROM FAMILY VIOLENCE AND ABUSE, IF ANY OF THIS IS HAPPENING TO YOU THERE ARE CONFIDENTIAL SERVICES IN **WODONGA** WHO CAN HELP YOU (Language support available, ask for an interpreter if needed).

TYPE OF FAMILY VIOLENCE AND ABUSE	WHAT IS IT	WHO TO CALL FOR SUPPORT
 <p>PHYSICAL ABUSE</p>	Causing You Any Physical Pain By: Hitting, Slapping, Pushing, Biting, Pulling Hair, Pinching, Punching, Kicking, Strangulation, Throwing or Using Objects to Hurt You	<p>WODONGA POLICE 02 6049 2600 (100 Hovell St, Wodonga) OR CENTRE AGAINST VIOLENCE 03 5722 2203</p> <p>CALL 000 IF EMERGENCY</p>
 <p>SEXUAL ABUSE</p>	Forced or Unwanted Sex or Sexual Acts, Violent, Rough or Painful Sex, Any Unwanted Sexual Touching, Forced Watching of Sexual Videos or Images, Unwanted Sexual Demands. Examples:  Man to Woman  Husband to Wife  Adult to Children	<p>WODONGA POLICE 02 6049 2600 (100 Hovell St, Wodonga) OR CENTRE AGAINST VIOLENCE 03 5722 2203</p> <p>CALL 000 IF EMERGENCY</p>
 <p>EMOTIONAL ABUSE</p>	If You Are Constantly or Repeatedly Being Blamed, Rejected, Not Listened To, Threatened or Made to Feel: Scared, Embarrassment, Sad, Guilty, Ashamed, Not Good Enough, Worthless	<p>CENTRE AGAINST VIOLENCE 03 5722 2203 OR GATEWAY HEALTH 02 6022 8888 (155 High St, Wodonga)</p>
 <p>VERBAL ABUSE</p>	If You Are Constantly or Repeatedly Being: Yelled At, Shouted At, Sworn At, Put Down, Called Bad or Nasty Names	<p>CENTRE AGAINST VIOLENCE 03 5722 2203 OR GATEWAY HEALTH 02 6022 8888 (155 High St, Wodonga)</p>
 <p>FINANCIAL ABUSE</p>	Controlling Your Money, Taking Your Money, Not Sharing Money, Not Allowing You To Buy Things, Making You Show Receipts, Telling You What To Do With Your Money, Controlling Your Bank Account and Centrelink Benefits	<p>CENTRE AGAINST VIOLENCE 03 5722 2203 OR GATEWAY HEALTH 02 6022 8888 (155 High St, Wodonga)</p>
 <p>SOCIAL CONTROL</p>	Controlling Where You Go, Controlling Who You See, Not Allowing You To Contact Family, Controlling Who Your Friends Are, Not Allowing You To Leave The House, Taking or Controlling Your Phone, Your Mail or Controlling Your Social Media, Your Accounts & Passwords, Stalking	<p>CENTRE AGAINST VIOLENCE 03 5722 2203 OR GATEWAY HEALTH 02 6022 8888 (155 High St, Wodonga)</p>

OTHER FAMILY VIOLENCE SUPPORT:










SAFE STEPS- 1800 015 188 (Free, 24-hour phone support)

1800 RESEPECT- 1800 737 732 (Free, 24-hour phone support)



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TYPE OF FAMILY VIOLENCE AND ABUSE	WHAT IS IT	WHO TO CALL FOR SUPPORT
 PHYSICAL ABUSE	Causing You Any Physical Pain By: Hitting, Slapping, Pushing, Biting, Pulling Hair, Pinching, Punching, Kicking, Strangulation, Throwing or Using Objects to Hurt You	ALBURY POLICE 02 60239299 (539- 543 Olive St, Albury) OR BETTY'S PLACE (The HUB) 02 6058 6200 (562 Macauley St, Albury) CALL 000 IF EMERGENCY
 SEXUAL ABUSE	Forced or Unwanted Sex or Sexual Acts, Violent, Rough or Painful Sex, Any Unwanted Sexual Touching, Forced Watching of Sexual Videos or Images, Unwanted Sexual Demands. Examples:  Man to Woman  Husband to Wife  Adult to Children	ALBURY POLICE 02 6023 9299 (539- 543 Olive St, Albury) OR BETTY'S PLACE (The HUB) 02 6058 6200 (562 Macauley St, Albury) CALL 000 IF EMERGENCY
 EMOTIONAL ABUSE	If You Are Constantly or Repeatedly Being Blamed, Rejected, Not Listened To, Threatened or Made to Feel: Scared, Embarrassment, Sad, Guilty, Ashamed, Not Good Enough, Worthless	BETTY'S PLACE (The HUB) 02 6058 6200 (562 Macauley St, Albury) OR YES UNLIMITED 1800 885 355
 VERBAL ABUSE	If You Are Constantly or Repeatedly Being: Yelled At, Shouted At, Sworn At, Put Down, Called Bad or Nasty Names	BETTY'S PLACE (The HUB) 02 6058 6200 (562 Macauley St, Albury) OR YES UNLIMITED 1800 885 355
 FINANCIAL ABUSE	Controlling Your Money, Taking Your Money, Not Sharing Money, Not Allowing You To Buy Things, Making You Show Receipts, Telling You What To Do With Your Money, Controlling Your Bank Account and Centrelink Benefits	BETTY'S PLACE (The HUB) 02 6058 6200 (562 Macauley St, Albury) OR YES UNLIMITED 1800 885 355
 SOCIAL CONTROL	Controlling Where You Go, Controlling Who You See, Not Allowing You To Contact Family, Controlling Who Your Friends Are, Not Allowing You To Leave The House, Taking or Controlling Your Phone, Your Mail or Controlling Your Social Media, Your Accounts & Passwords, Stalking	BETTY'S PLACE (The HUB) 02 6058 6200 (562 Macauley St, Albury) OR YES UNLIMITED 1800 885 355

OTHER FAMILY VIOLENCE SUPPORT:

DOMESTIC VIOLENCE LINE- 1800 656 463 (Free, 24-hour phone support)

1800 RESEPECT- 1800 737 732 (Free, 24-hour phone support)

