

Trails

in and around Launceston

Walks, runs and
rides for all ages





Developed by the Launceston City Council for locals and visitors, these trails aim to facilitate active and healthy lifestyles while you discover the beautiful city of Launceston.

Grouped by colour, many of these trails are in the same area or can be linked together.

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Welcome to the Launceston Trails Guide

This guide is designed to help you navigate your way around Launceston's Trail Network. The trails range from 500 metres to 4 kilometres in length. Nearby trails are also listed as they can be joined together. Each page features a new trail with a map and details. There is an overview map at the end of the Guide, which can also help you plan longer walks and rides by joining several trails.

Trail types



Walking trail –

A trail that can only be used by walkers and joggers (i.e. the Zig Zag Track).



Multi-use trail –

An off-road trail for multiple users (e.g. cyclists, runners, joggers, walkers, pram walkers and skaters).

Connecting trail –

Some trails are suitable for wheelchairs and prams. Due to the variety of individual ability and style of wheelchairs and prams, it is recommended that you use the gradient and surface information for each trail to determine its suitability.

Symbols



Toilets – Where indicated, Council owned toilets are available on or near the trail.



Parking – Council-owned car parks are marked on the maps and on-street parking may also be available.



Dogs – Trails will indicate if a dog is permitted on leash, is prohibited or if there is a Dog Off Leash Area on or near the trail.

Note: Green land on maps is Council-owned recreation land.

Gradient



H

Hard –

Steep and challenging.



M

Moderate –

Sloping incline/s.



E

Easy –

Flat or gentle incline/s.



River Edge Trail

A trail with spectacular views of the Tamar River and one of Launceston's most popular trails for walking and bike riding.



Distance 1.8km loop

Grade  **E** Easy

Surface type Sealed/boardwalk

Nearby trails: *The Cataract Walk (p7), the West Tamar Trail (p6), the Between Two Bridges Trail (p22) and the University Trail (p23).*



West Tamar Trail

Connecting the West Tamar area to the city and the Cataract Gorge Reserve, this Trail is popular with everyone – families, exercisers, commuters and nature lovers, linking the Tailrace Park to Kings Bridge.



Distance 2.1km one way (multi-use trail)

Grade  **E** Easy

Surface type Sealed/boardwalk/gravel

Nearby trails: *The Cataract Walk (p7) and the Zig Zag Track (p8).*



Cataract Walk

Linking Kings Bridge to the beautiful Victorian gardens of the environmentally and historically significant Cataract Gorge Cliff Grounds, this Walk runs along the cliff face providing superb views of the dolerite columns and South Esk River.



Distance 1km one way

Grade  **E** Easy

Surface type Sealed/boardwalk/wheelchair accessible with assistance

Nearby trails: *The First Basin Loop (p9), the West Tamar Trail (p6) and the Zig Zag Track (p8).*



Zig Zag Track

An historic trail that links the Kings Bridge to the First Basin, with a series of zig-zags that climb high above the Cataract Gorge Reserve. Popular with runners, this Trail has been described as ‘testing the lungs of travellers’, but the views from the track are well worth the effort.



Distance 1km one way

Grade  **H** Hard

Surface type Dirt



First Basin Loop

This Trail will enable you to discover the First Basin with the Chairlift overhead, taking in views of the river, basin lawns and swimming pool.



Distance 900m loop

Grade  **E** Easy

Surface type Sealed/boardwalk/gravel

Nearby trails: *The Duck Reach Trail (p10), the Zig Zag Track (p8) and the Cataract Walk (p7).*



Duck Reach Trail

A trail that follows the South Esk River from Launceston's famous Cataract Gorge Reserve to the historic Duck Reach Power Station.

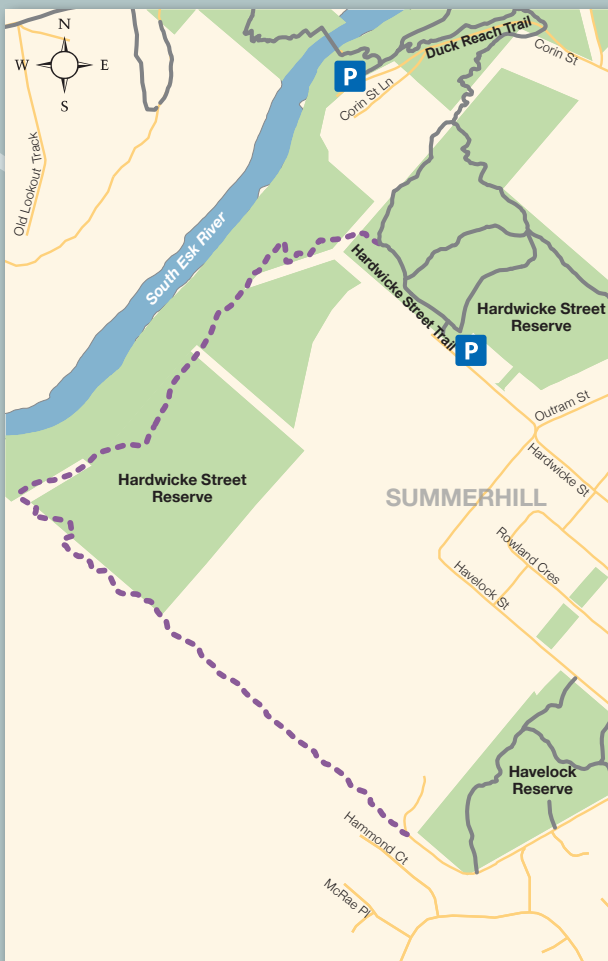


Distance 4.5km one way

Grade  **M** Moderate

Surface type Gravel/dirt

Nearby trails: *The First Basin Loop (p9), Cataract Walk (p7) and the Hardwicke Street Trail (p11).*



Dalrymple Street Trail

This Trail rewards walkers with a breathtaking view of the South Esk River and open grasslands.



Distance 2.1km one way

Grade  **H** Hard

Surface type Dirt

Nearby trail: *The Hardwicke Street Trail (p11).*



Carr Villa Trail

This Trail creates a loop around the exterior of the Carr Villa Memorial Park and is a perfect distance for a walk or quick jog.



Distance 3.1km loop

Grade  Moderate

Surface type Gravel/sealed

Nearby trail: *The Kings Meadows Trail (p16).*



Youngtown Trail

A network of trails through native grasslands and eucalypt forests commonly used by mountain bikers and dog walkers. The Council encourages horse riders to use this Trail.

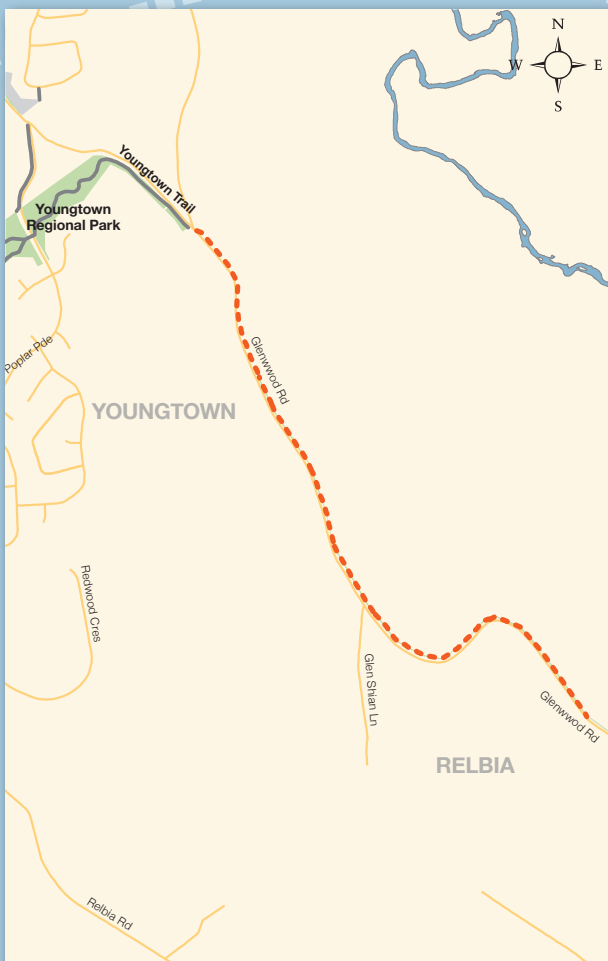


Distance 2km one way

Grade  Moderate

Surface type Gravel/dirt

Nearby trail: *The Glenwood Trail (p15).*



Glenwood Trail

This Trail connects the Youngtown Regional Park with the area of Relbia. Designed originally as a horse trail, it runs through open space and then alongside Glenwood Road. The Council encourages horse riders to use this Trail.



Distance 2.5km one way

Grade  **E** Easy

Surface type Gravel/dirt

Nearby trail: *The Youngtown Trail (p14).*



Kings Meadows Trail

Starting behind the Kings Meadows Hotel on Hobart Road, this Trail leads to the Punchbowl Reserve.

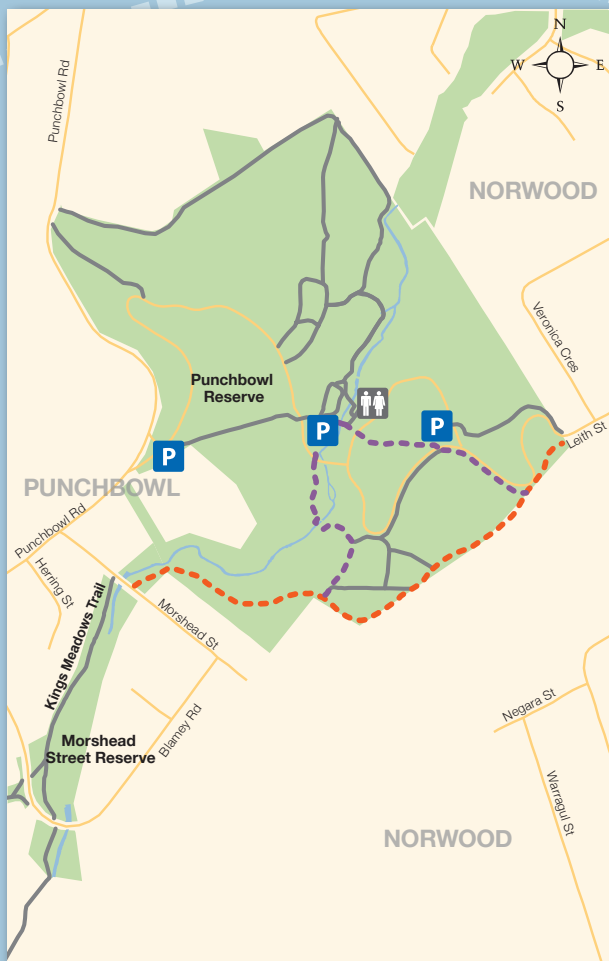


Distance 900m one way

Grade  **E** Easy

Surface type Sealed/gravel/boardwalk

Nearby trail: *The Punchbowl Trail (p17).*



Punchbowl Trail

This Trail connects the Kings Meadows Trail with Leith Street to provide a multi-use commuter link. Another option is to walk the loop trail through the beautiful native bushland. Other trails in the Punchbowl Reserve are informal tracks to be used with caution.

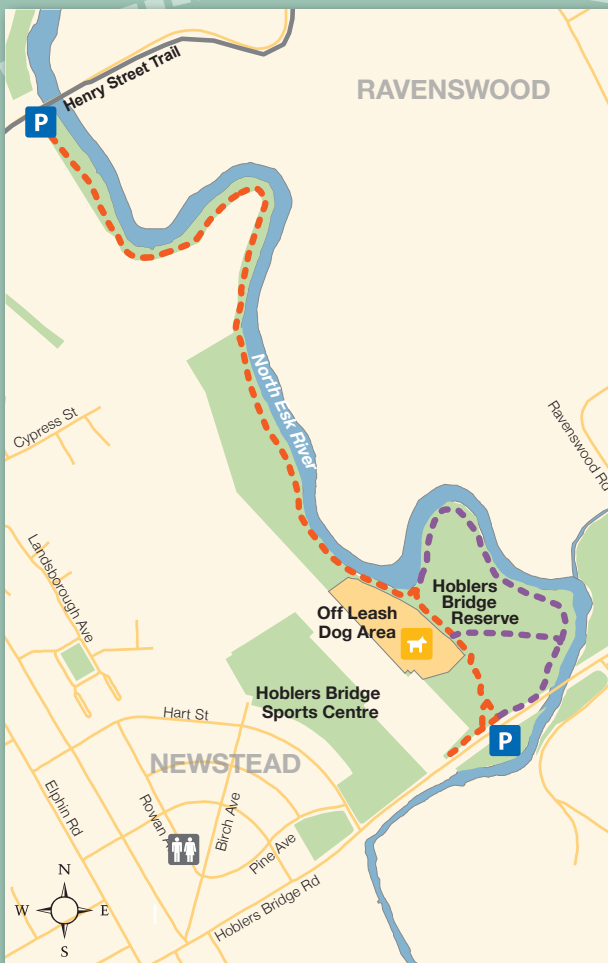


Distance 1.2km one way

Grade  **M** Moderate

Surface type Sealed/gravel/dirt

Nearby trail: *The Kings Meadows Trail (p16).*



North Esk Trail

This Trail runs alongside the North Esk River between Henry Street and Hoblers Bridge Road. It provides a link from Newstead to Heritage Forest and the city.

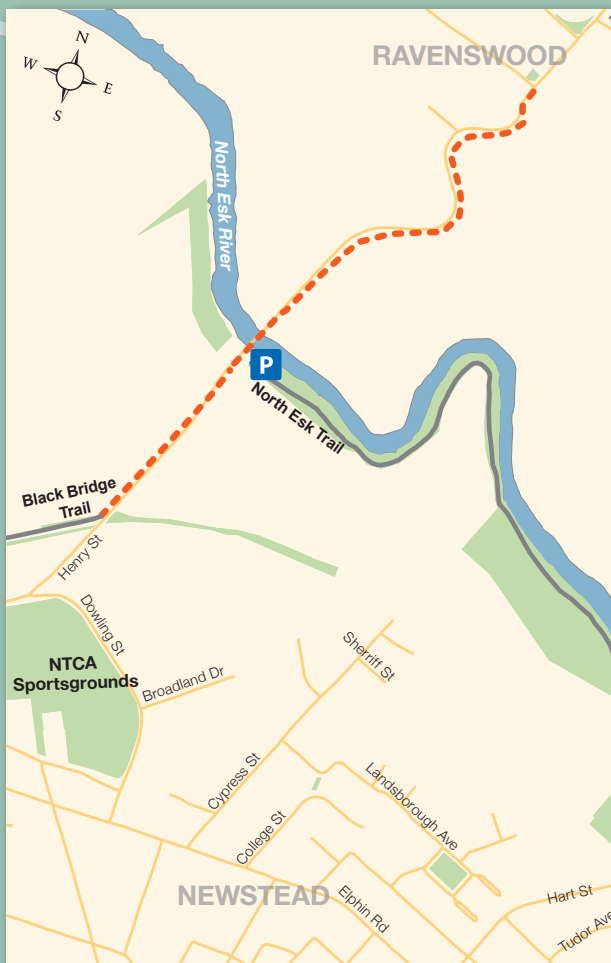


Distance 2.2km one way

Grade  **E** Easy

Surface type Gravel/boardwalk/dirt

Nearby trail: *The Henry Street Trail (p19).*



Henry Street Trail

With beautiful views of Launceston, this Trail connects the suburb of Ravenswood to the city.



Distance 1.5km one way

Grade  Moderate

Surface type Sealed/boardwalk/gravel

Nearby trails: *The North Esk Trail (p18) and the Black Bridge Trail (p20).*



Black Bridge Trail

This Trail provides an easy connection from the city centre to the QVMAG Museum at Inveresk. It runs from Black Bridge (behind the QVMAG) to Henry Street.



Distance 1km one way

Grade  Easy

Surface type Sealed/boardwalk/gravel

Nearby trails: *The Inveresk Trail (p21), the Henry Street Trail (p19) and the North Esk Trail (p18).*



Inveresk Trail

An ideal family trail by the North Esk River, running along the top of the flood levy from the Tamar Street Bridge to Vermont Road.



Distance 2.8km one way

Grade  Easy

Surface type Gravel/boardwalk

Nearby trails: *The Black Bridge Trail (p20), the Between Two Bridges Trail (p22) and the Heritage Forest Trail (p24).*



Between Two Bridges Trail

A short trail alongside the North Esk River. It is often used for lunchtime walks between the Tamar Street and Charles Street bridges.



Distance 500m one way

Grade  **E** Easy

Surface type Sealed

Nearby trails: *The Inveresk Trail (p21), the University Trail (p23) and the River Edge Trail (p5).*



University Trail

Popular with students, this Trail starts at Royal Park and continues through to the University of Tasmania.

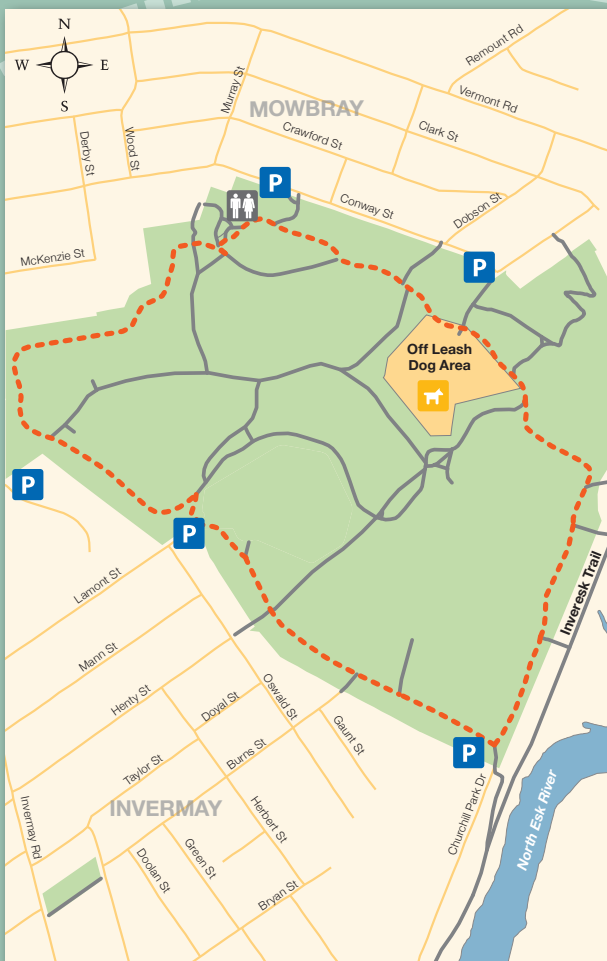


Distance 3.9km one way

Grade  **M** Moderate

Surface type Sealed

Nearby trails: *The River Edge Trail (p5) and the Between Two Bridges Trail (p22).*



Heritage Forest Trail

One of many trails in leafy surrounds, this outer loop of the forest is ideal for a family walk or bike ride.



Distance 2.9km outer loop (multi-use trail)

Grade  **E** Easy

Surface type Gravel

Nearby trail: *The Inveresk Trail (p21).*



Rocherlea Old Rail Trail

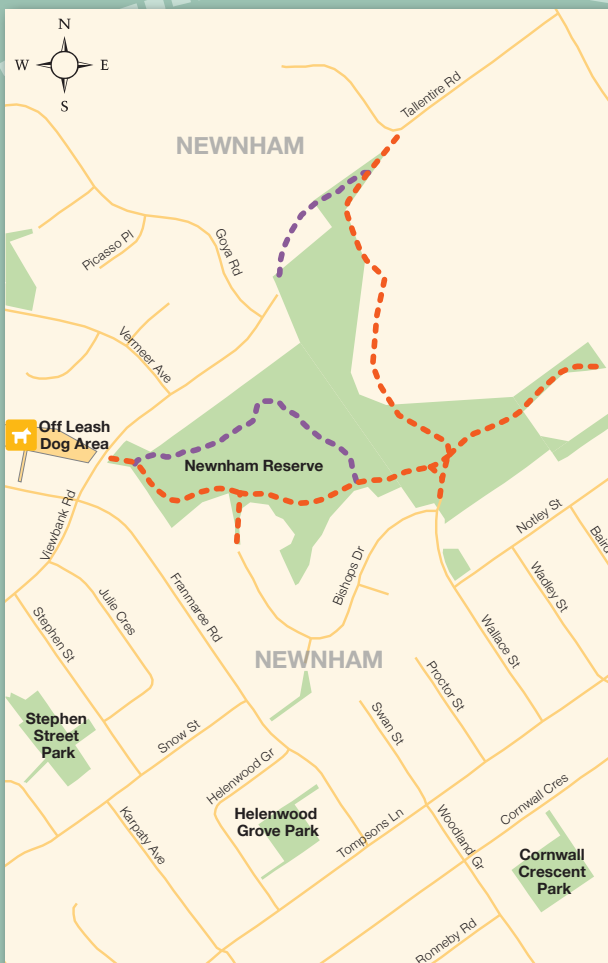
Connecting Rocherlea to Dover Village, this Trail runs along an old railway track behind the Mowbray Golf Course.



Distance 3.2km one way

Grade  Moderate

Surface type Sealed/gravel



Newnham Trail

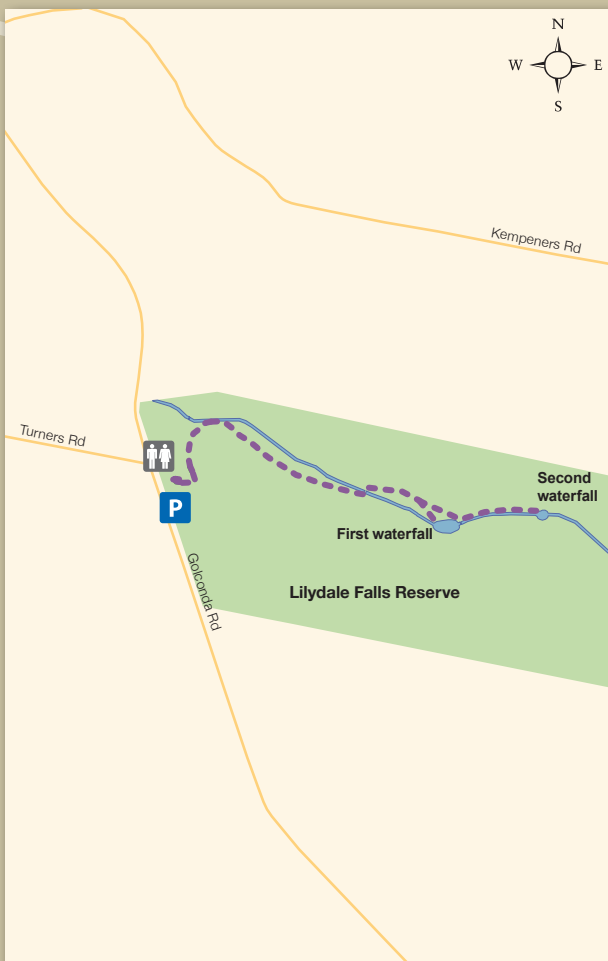
A trail network through the centre of Newnham Reserve, with views of the Tamar River and surrounds.



Distance 1.2km one way (multi-use trail)

Grade  **E** Easy

Surface type Sealed/boardwalk/dirt/gravel



Lilydale Falls Trail

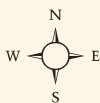
Walk through beautiful rainforest to reach the picturesque Lilydale Falls.



Distance 500m one way

Grade  Moderate

Surface type Gravel/dirt



Merthyr Park Trail

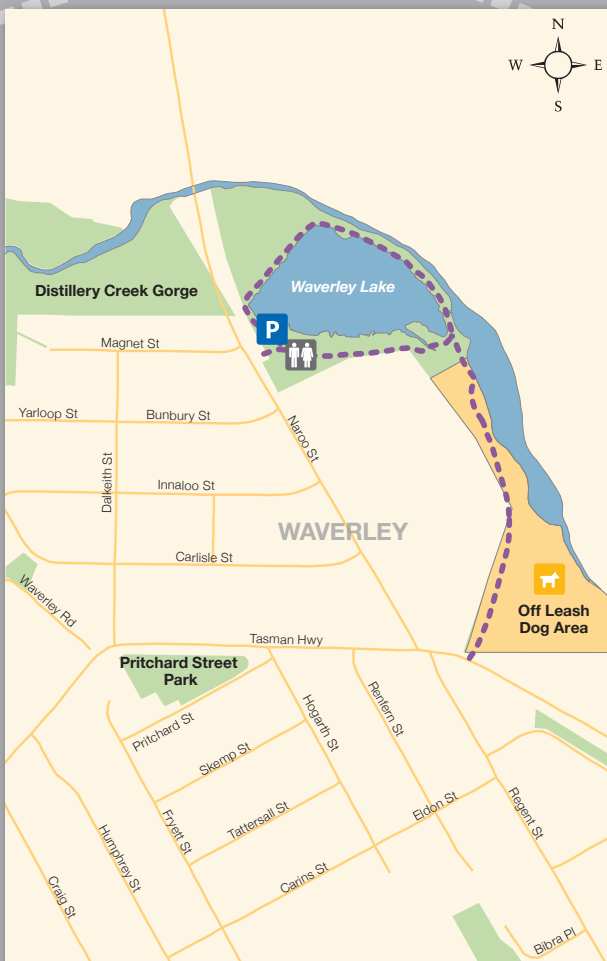
A short drive from the city through Lilydale takes you to the beautiful Merthyr Park. This Trail meanders through native bushland and down to Second River.



Distance 2.6km loop

Grade  **M** Moderate

Surface type Gravel/boardwalk/dirt



Waverley Lake Trail

An easy stroll around the lake and along the creek in a quiet rural setting. Bring the kids, the fishing gear, the dog, a picnic lunch and your walking shoes and enjoy this beautiful park.

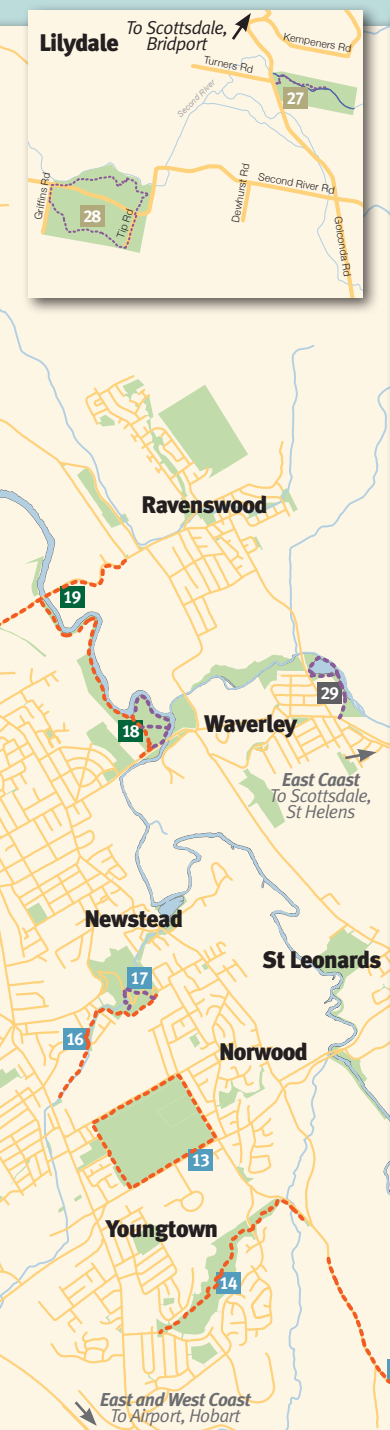


Distance 1.3km one way

Grade  **E** Easy

Surface type Dirt/gravel/boadwalk





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Walking trail — — — — —

Multi-use trail — — — — —



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