

# Clock up your kms to support World Suicide Prevention Day

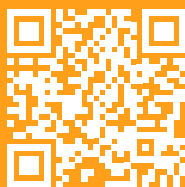


Individuals, families and communities are invited to join **Team Newcastle** to **'Cycle Around the Globe'**, raising awareness of suicide prevention in the Newcastle region.

From **2 – 17 September**, you can show your support by cycling a nominated amount of kilometres, contributing to the collective global cycle of 40,075km for World Suicide Prevention Day.

Great prizes are to be won for individuals and groups who register for the challenge. It is **FREE** to participate in **'Cycle Around the Globe'** and open to anyone of any age.

For more information  
or to register:  
[www.himh.org.au/cycleWSPD](http://www.himh.org.au/cycleWSPD)



## Turn your kms into donations

LifeSpan Newcastle welcomes donations from individuals and groups who would like to use **'Cycle Around the Globe'** as a fundraising event to support the delivery of suicide prevention education and training programs in Newcastle.

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