



Rokeby GP's Corporate Travel Pack

Our custom made Corporate Travel Pack includes the below items:

Oral rehydration salt x 6 sachets (for dehydration)

Loperamide HCl 2mg x 12 tablets
(up to 4 daily for diarrhoea)

Norfloxacin 400mg x 6 tablets OR Azithromycin 500mg x 6 tablets (1 daily for 3 days for mod-severe diarrhoea or if fever or blood present)

Tinidazole 500mg x 4 tablets (for diarrhoea persisting beyond 5 days)

Stemetil 5mg x 25 tablets OR Ondansetron 4mg x 4 wafers
(for nausea and vomiting)

Buscopan 10mg x 20 tablets
(for abdominal cramps)

Throat lozenges x 12
(for sore throat)

Amoxicillin/Clavulanic Acid 875 mg x 10 tablets
(for productive cough, urine or skin infections)

Ibuprofen 200mg x 12 tablets
(for aches and pains)

Promethazine HCl 10mg x 25 tablets
(for allergic reaction)

Pseudoephedrine 60mg x 12 tablets
(for colds and sinusitis)

Paracetamol 500mg x 10 tablets
(for aches and pains and fever)

Temazepam 10mg x 25 tablets
(for insomnia)

Coloxyl with senna x 15
(for constipation)

Panadeine Forte x 10
(for severe pain)

Framycetin antibiotic eye/ear drops 8ml
(for conjunctivitis/ear infection)

Clotrimazole cream 20g
(for fungal infection)



Travel Script-Gastropack with Azithromycin

Dear Pharmacist,

Please supply the following with instructions as part of a travel kit:

Stemetil 5mg (25 tabs)

1-2 three times a day as required prn for nausea or vomiting

Azithromycin 500mg (3 tabs)

1 daily for three days as an antibiotic to treat moderate to severe diarrhoea or diarrhoea with fever or blood present

Gastrostop (12 tablets)

up to 4 daily to reduce frequency of diarrhoea

Fasigyn 500mg (4 tabs)

4 tabs stat for prolonged diarrhoea (more than 5 days)

Oral rehydration sachets (6 sachets)

Yours Sincerely,