

Rationale

The health of association/club members is of primary concern for the **(name of association/club)**. Australia has the highest rate of skin cancer in the world, with two out of three people experiencing some form of skin cancer during their lifetime.

Who is affected by the Policy

This policy applies to all members, administrators, officials, coaches, players, visitors and volunteers of the **(name of association/club)**.

Timing

This policy is effective from **(insert date applicable)**.

Policy

It is acknowledged that skin cancer is a preventable disease and that a preventative strategy including the following actions will be implemented by **(name of association/club)**:

Schedules

- Where possible, outdoor events and training times will be scheduled outside the hours of 11am and 3 pm (daylight savings time).
- Shortening the length of the match or extending the time allowed for $\frac{1}{4}$, $\frac{1}{2}$ & $\frac{3}{4}$ breaks may be appropriate.

Player Rest and Rotation

- In conditions of high risk participants should be provided opportunities to rest through the use of player interchange or substitution.

Shade

- The association/club will maximise the use of natural shade provided from buildings, trees and other structures.
- Where natural shade does not exist, the association/club will endeavour to provide portable shade structures for use by officials, spectators and players.
- Individuals will also be encouraged to bring their own shade structures to association/club events.

Clothing

The association/club will promote or supply participants and officials with sun protective clothing as part of the uniform. This will include:

- Shirts or playing tops which have long sleeves and a collar;
- Wide brimmed or legionnaires hats whenever practical;
- Appropriate sunglasses to protect the eyes.

Sunscreen

- SPF 15+ or higher sunscreens will be promoted or provided by the association/club. Prior to training or playing in peak UV periods, players and participants will be encouraged to apply sunscreen to exposed body parts.
- The association/club canteen or office will make sunscreen available for sale to members and spectators.

Education

- Event programs, newsletters and public announcements will be used to raise and maintain awareness and to prompt sun protective behaviour.
- Club officials/staff will act as suitable SunSmart role models.

Policy Review

The sun protective policy will be reviewed annually to ensure that the document remains current and practical to the association/club's requirements.