



**Do you need
professional guidance
to work through
family related
concerns?**

**Centacare NQ is
here for you.**

“ Enhancing wellbeing
and resilience through
respect, dignity and
service excellence ”



Contact us



FREE CALL: 1300 672 273



410 Ross River Road, Townsville
5 Miles Street, Mount Isa



centacarenq.org.au
facebook.com/centacarenq

*Centacare North Queensland acknowledges the Traditional Owners
of the land on which we live and work, and recognises their continuing
connection to land, waters and community. We pay our respects to their
Elders, past, present, and emerging.*

CENTACARE NQ
Proudly
supporting
NQ region

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CENTACARE NQ
SUPPORT SERVICE

BRIDGE
Specialised Family Support Service



1300 672 273
centacarenq.org.au

BRIDGE is an early intervention program that aims to enhance family dynamics and promote healthy relationships. BRIDGE also aims to empower families to develop the skills to manage emotional and behavioural concerns.

BRIDGE offers both an on-site and an outreach service that works with families in Townsville, Magnetic Island, Burdekin, Ingham and Charters Towers.

To be eligible for this program you must meet the entry criteria:

- At least one member of the family is a child under the age of eighteen years of age
- The child and family are in need of parenting support to improve family functioning
- No members of the family are currently being case managed by the Department of Children, Youth Justice and Multicultural Affairs
- All family members are willing to participate in the program

BRIDGE offers:

- A strengths based family approach
- Culturally appropriate family support and counselling for Aboriginal, Torres Strait Islander and other culturally diverse families
- Play therapy
- Protective behaviours
- Support / Advocacy
- Budgeting and household management strategies

Accessing the Program

Families can self-refer to the BRIDGE program by telephoning Centacare NQ. Other agencies, government departments and professionals involved with the family may also refer, however, the family must contact Centacare NQ personally to arrange an intake appointment. All you need to do is telephone Centacare NQ on 1300 672 273.

Program Cost

No fee for accessing this service. BRIDGE is funded by the Department of Children, Youth Justice and Multicultural Affairs.



How can BRIDGE assist?

- A Family Support Worker to provide in-home assistance with child behaviour management, education and support
- Working with the family to develop a safe and supportive home environment

“ Centacare NQ cares
about the wellbeing of you
and your family ”

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