



“Enhancing wellbeing  
and resilience through  
respect, dignity and  
service excellence”



## Contact us



FREE CALL: 1300 672 273



410 Ross River Road, Townsville  
5 Miles Street, Mount Isa



[centacarenq.org.au](http://centacarenq.org.au)  
[facebook.com/centacarenq](https://facebook.com/centacarenq)

*Centacare North Queensland acknowledges the Traditional Owners  
of the land on which we live and work, and recognises their continuing  
connection to land, waters and community. We pay our respects to their  
Elders, past, present, and emerging.*

**CENTACARE NQ**  
Proudly  
supporting  
NQ region



[WWW.CENTACARENQ.ORG.AU](http://WWW.CENTACARENQ.ORG.AU)



**CENTACARE NQ**  
COUNSELLING

## Family and Community Counselling Service

Growth for individuals, families and children



**1300 NQ CARE**  
[centacarenq.org.au](http://centacarenq.org.au)

**The Family and Community Counselling Service provides counselling to individuals, couples, children and families that focus on family and relationship issues**

**Some of the issues that this program supports people with are:**

- Relationship or family enhancement
- Family formation
- Separation/divorce
- Parenting issues
- Conflict
- Communication
- Intimacy
- Loss and grief
- Childhood issues impacting on their current relationships
- Depression, anxiety, trauma, and anger management

**Accessing the Program**

We require the person attending the appointment to call or visit Centacare NQ to make an appointment. All you need to do is call 1300 672 273 and request an appointment with the Family and Community Counselling Service. For children under 16 years we require the parent or legal guardian to call.

**Program Cost**

This program is supported by the **Department of Social Services**. To keep our services available to all, Centacare NQ requests a fee for service based on a sliding scale of combined annual household income.

The scale is:

Annual household income	Fee per session
Concession card holder	\$10
Under \$50,000	\$35.00
\$50,001 to \$110,000	\$55.00
\$110,001 and above	\$75.00

*All fees are GST inclusive.  
\*a reduced fee can be negotiated with the counsellor during the first session*



**Your Counsellor**

Each Centacare NQ counsellor has a tertiary qualification in the social sciences field with practical experience in family and relationship counselling. Counsellors are ethically bound to refer clients to other appropriate services; i.e. for issues that are outside their field of expertise or where the issue does not fit in within the guidelines of this program.

**Appointment Times**

Counselling appointments are under 1 hour and after hours appointments are available Mondays (Mount Isa) and Tuesdays (Townsville). Generally an appointment will be offered within 5-10 working days.

**Outreach Service**

The Family and Relationship Services - Counselling Program provides an outreach service to Ingham, Ayr, Charters Towers and Cloncurry.

“Centacare NQ cares about the wellbeing of you and your family”