

Returning to appointments in person

Dr Parkin is now arranging face-to-face appointments in the clinic. Online appointments will remain available for those who need or prefer to avoid visiting the clinic. Please consider carefully whether you would wish to return to in-person appointments. Medicare benefits will be available for telehealth services until 31st December 2021, and the federal government may extend this in to next year.

Whilst every opportunity is taken to reduce risk of transmission in the clinic, this risk cannot be completely eliminated. You need to be aware that other people may have used the clinic room prior to your appointment, some of whom may be exempt from wearing masks for medical reasons.

What we will do to reduce risk of virus transmission

- Dr Parkin is fully vaccinated and will take a Rapid Antigen test twice per week.
- Touched surfaces will be wiped with an alcohol wipe between each appointment.
- An air purifier (with a HEPA filter) and air conditioning will be on throughout the day.
- Dr Parkin will be using a large (group therapy) room.
- The room will be ventilated regularly across the day between appointments.
- Dr Parkin will wear a mask throughout all appointments and additionally a face shield when conducting physical checks.
- Staff will regularly use hand sanitizer and respect physical distancing.
- Dr Parkin will check your consent to come within 1.5 metres before conducting a physical check.
- Arrangements are made to reduce contact with others in the building, such as not using the reception area.
- Alternative arrangements will be made for people who are not vaccinated and, if necessary, discussed ahead of the appointment time.

What we require of you

- Please provide proof of vaccination certificates (by replying to the email from Southside reception) at the earliest opportunity for everyone over the age of 12 years who will be attending in person. If you are unable to or do not wish to email it, then Dr Parkin will check this at the door before your appointment.
- Please cancel your appointment or change to online if:

- Any member of the family has had any symptoms of Covid or visited a designated hotspot area within the last 7 days; or
- Any member of the family has had contact within the last 14 days with someone who has had a positive Covid result.
- Please arrive on time (not early).
- Please wait quietly at the back of the building for Dr Parkin to let you in.
- Check in using the clinic's Service NSW QR code.
- Use hand sanitizer made available on arrival, repeated when requested.
- Please respect physical distancing (minimum 1.5 metres) throughout your time in the building (except when a physical check is required).
- Everyone over the age of 12 years will wear an appropriately fitted surgical-grade mask at all times while in the building (a surgical grade mask will be provided if you bring one of a different standard).
- Follow all directions from staff.

Car park space is available at the back of the building temporarily, and we will advise you if/when this changes.

Please don't hesitate to contact reception staff if there is anything that you need to clarify or anything about this process that you need to discuss with Dr Parkin prior to the appointment.

Thank you for your support of this and your understanding of the need to maintain a safe environment in the clinic for all.