

REGENTS PARK CHRISTIAN SCHOOL COMMUNITY NEWS



To foster a Christ centred learning community where all students receive an education which enables them to know the Lord Jesus Christ, grow in Him and serve Him to their full potential

Regents Park Christian School
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Regents Park, 2143
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IMPORTANT DATES TERM 3

12 Oct – 6 Nov

S: HSC exams

16 Oct

Uniform changeover period ends

16 Oct

P: CSSA State Biathlon
S: CSSA State Triathlon

21 Oct

School at Work Tour – 10.30 am

23 Oct

2016 Kindergarten Open Morning

27 Oct

S: CSSA State Tennis

30 Oct

2016 Kindergarten Orientation

PRAYER POINTS

Praise God for good weather allowing work to continue on the new Primary building

Please pray for our Senior students as they undertake their exams.

Please pray for God's provision of excellent staff for our school in 2016.

⁴There are different kinds of gifts, but the same Spirit distributes them. ⁵There are different kinds of service, but the same Lord. ⁶There are different kinds of working, but in all of them and in everyone it is the same God at work. 1 Cor 12: 4-6

Term 4 Week 2
16 October 2015

PRINCIPAL'S MESSAGE

Are the 'Four Cs of Education' Enough?

21st Century education has been labelled as 'The Four Cs' i.e.

1. Collaboration
2. Communication
3. Creativity
4. Critical Thinking

All of these are important and, depending on a person's perspective, can influence the future directions of schools. But are they enough? There appear to be other significant elements of schooling, living and relating and they don't all have to start with 'C' i.e.

1. Caring – a Christian school needs to emphasise caring. We need to intentionally care about students and also help them to develop an understanding of the student's role in caring for others, locally and globally.
2. Compassion – Having a willingness to care about, as well as care for, those less fortunate than ourselves is vital. Society encourages individualism and elitism but then asks us to care about those who are casualties of the materialistic warfare.
3. Christian faith – Society is increasingly rejecting and discouraging an overt Christian faith. Faith is able to both empower and direct our belief and actions. It allows us to put the needs of others ahead of our own.
4. Courage – It was once said that life is not meant to be easy and teaching young people to develop courage, integrity and honesty is vital to developing a healthy resilience to adversity.
5. Character – We need to grow a well-developed and well-balanced personality to engage effectively with society. It also helps us develop our leadership potential.
6. Citizenship – We need to challenge and empower our young people to become productive members of society.
7. Civil Servants – We need to develop good manners, be courteous and respectful. In doing so, students develop an attitude and language that encourages humility and a willingness to place their trust in God.

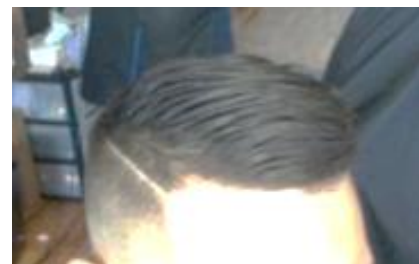
Gary Brummell, Principal

ALL SCHOOL NEWS

BOYS' HAIRSTYLES

If your son is needing a haircut, please ensure that they do **not** talk you into a *comb-over* style (pictured).

As described in the Primary and Senior Handbooks: **hair must be worn neatly and must not cover the collar or fall below the eyebrows. Hair should be cut in a conservative style and of even length. No part of the hair may be shorter than a No. 2 comb/clipper.**



Unacceptable hair cut

Students may face suspension from school for breaches of this policy.

GOVERNMENT CHANGES TO SCHOOL ABSENCES

The Minister for Education has approved changes to the use of the Attendance Register codes for 2015. These changes are effective from the beginning of the 2015 school year. In short, the new standard states:

Holidays - Holidays taken by students outside of school vacation periods will now be included as absences. A Certificate of Exemption will no longer be granted for this purpose. Families are encouraged to holiday or travel during school vacations.

If travel during a school term IS NECESSARY, a request for absence should be addressed to the Principal clearly explaining the reason for the travel, the dates of absence, and, if travelling overseas, a copy of the itinerary should be attached.

If the Principal does not believe the absence is in the best interests of the student or does not accept the reason, the student will be marked as absent on the register.

If the absence is in excess of 50 days the student may be eligible to enrol in Distance Education. (NB: A student cannot be enrolled in more than one school concurrently – including Distance Education).

KINDERGARTEN 2016

Kindergarten enrolments for 2016 are filling fast. If you have a younger child who you hope to start Kindergarten at RPCS in 2016 you need to put in an application form immediately and notify our Enrolment Officer, Diane Dorizas. It would be sad if your child missed out.

WHOOPIING COUGH INFORMATION

There is currently an outbreak of Whooping Cough (Pertussis) in NSW, mainly affecting school-aged children. Coughing spreads the infection to others nearby. Whooping Cough can spread to anyone at home, including younger brothers and sisters and is especially dangerous for babies. Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.
- If your school-aged child is diagnosed with Whooping Cough, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.
- Whooping Cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation. Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website <http://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/Information-for-childcare-and-schools.aspx>

UNIFORM SHOP

Open Fridays (term time) 8am–12pm & 12.30–4.00pm

The Uniform Shop gratefully accepts donations of 2nd hand uniforms for Primary and Secondary as they are of great assistance to families in our community. Donations can be left at the office or brought in to the Uniform Shop on Fridays.

Layby is available if you would like to have items set aside and pay them off slowly. Items can also be put on hold.

Online ordering available! Information and order forms can be found on the website under the RPCS 'Today' tab. Orders are packed on Friday and sent home with students.

Name labels: Personalised, iron-on name labels are available for \$0.50 each. The labels are to be ironed on at home and will come with instructions. Each Secondary blazer sold will have a free label included.

FREE BREAKFAST PROGRAM FOR STUDENTS

Regents Park Youth & Families and the Auburn City Council are providing free breakfast (cereal, toast, fruit) at the Regents Park Community Hub on Thursday mornings during school term from 7 – 8.40am. Children do have to make their own breakfast but parents are welcome to accompany young children to ensure they get to their school safely. This program is staffed by volunteers who have passed a Working With Children Check. All attendees will be required to sign in on arrival.

What: Free Breakfast Program for students

Where: Regents Park Community Hub
(attached to Regents Park Library – station side)
Amy Street, Regents Park

When: Thursday mornings (term time only)
7 – 8.40 am

Who: All students. Younger students should be accompanied by a parent/older sibling.

For more information, please contact Raema Koteka on 0449 573 143.

LOST PROPERTY

If you have lost an engagement ring, please contact the Office on 9644 5144.



The annual Bus Shopping Tour will be held on Saturday 21 November 2015. We will depart Regents Park Christian School at 7.30am so we need people to **be there by 7.15am**. The cost is \$58 p/person which includes travel on a coach, lunch and morning tea. Parking is available in the school grounds. Money raised goes back into the community through Heartbeat Community Care. Children under 16 travel free but you will have to pay for their lunch which will be \$13.00 each. Please contact Kim Stevens on 0419282239 to book or for further information

HEARTBEAT COMMUNITY CHOIR



Everyone is welcome

Every Tuesday from 9.00 am - 9.50 am

@ Heartbeat Church (61 Regents St)

Enjoy Singing, Friendship and Morning Tea

Donation \$ 5 per session

Contact: 9738 9799 or familychaplain@heartbeatchurch.org.au



HEARTBEAT COMMUNITY CARE

welcomes donations of:

- quality, 2nd hand clothing, shoes;
- homewares (no electricals)

Our Emergency Relief program welcomes donations of non-perishable food items such as canned soup, Weet-Bix and basic hygiene items such as toothpaste.

All donations can be dropped off at Heartbeat Community Care (Shop 1/5 Amy Street, Regents Park) or at the Heartbeat Church office (61 Regents Street, Regents Park).

FREE ENGLISH CLASSES

We invite you to join our fun and friendly English language classes where you can learn and share.

When: Every Tuesday during school terms

Time: Between 10 and 11.30am

Where: Heartbeat Church, 61 Regent St, Regents Park



Run by Heartbeat Church

Who: For children 0 – 5 Yrs

When: Every Friday (during school terms)

Time: 10.30am - 12.15pm

Where: Regents Park Christian School

Play time, Morning tea, Story, Craft, Music

Fee: \$ 2 per session

PRIMARY NEWS

WOOLIES EARN & LEARN

Thank you for your support by sending in those Earn & Learn stickers. We were able to collect 31, 080 stickers which we have exchanged for more Mathematics resources which we will receive next year!



OPERATION CHRISTMAS CHILD

Thanks to our Mufti Day on the last day of Term 3, we were able raise \$432 to assist Samaritan's Purse with the postage for their Operation Christmas Child Project. We will be sending our boxes away shortly. All completed boxes should now be at school!

POSITIVE BEHAVIOUR FOR LEARNING (PBL) VALUE: Value: Leave the area clean!

For the next two weeks, we will be encouraging students to show respect for one another by leaving the area clean! We have been blessed with great facilities in our school and we can show that we value them by leaving the area clean for others – particularly the toilets!!!! You can continue this value at home, by encouraging the students to clean up after themselves. Others appreciate it when we show respect for them.

PRIMARY - END OF YEAR MUSICAL COSTUMES

Our End of Year Musical will be held on Friday evening, 27 November. We are asking that our **students dress in all white**. They may wear white T-shirts, singlets, shirts, skirts, pants, shorts or dresses. We only ask that whatever is worn be **completely white** (no logos, writing, images). Visit Heartbeat Shop, Lifeline, Salvos or Vinnies and see what they have on offer!

PRIMARY ASSEMBLY - TERM 4

Parents and friends are welcome to attend any time, particularly when your child's class is sharing at Assembly.

Class	Date
5-6CJ	16 October
Kinder	23 October
1-2K	30 October
1-2M	6 November
1-2S	13 November
3-4A	20 November
Presentation Assembly	27 November

CRUNCH & SIP

For many years now, our Primary students have enjoyed Crunch n Sip. If you are in the school around 10am you will see students and staff alike enjoying a drink of water and a serving of fruit or vegetables. Sadly, many of our students are not participating in this healthy habit. Please promote this practice by providing water and fruit or vegetables for your child to enjoy Crunch & Sip. A few chopped up pieces of honeydew are a great idea for Crunch & Sip as they are full of Vitamin C, potassium and fibre. Give them to your kids when the flesh is ripe and green in colour as this is when they are at their sweetest. Healthy eating can also reduce our risk of cancer. Hopefully these ideas from NSW Cancer Council will help you prepare healthy alternatives for your children's lunches.

K-2 SWIM SCHOOL 12-16 OCTOBER

Students from Kindergarten - Year 2 have greatly enjoyed their intensive swimming lessons. If your child was in 'red or yellow' group, it is important that they continue lessons to become more confident around water.

CANCER COUNCIL NUTRITION SNIPPETS

Healthy eating can also reduce our risk of cancer.

Hopefully these ideas from NSW Cancer Council will help you prepare healthy alternatives for your children's lunch.


Nutrition Snippet

The simplest way

...to create a simple spring meal.

This easy and delicious vegetable frittata can be enjoyed hot for dinner, with leftovers served cold in kids' lunch boxes!

Ingredients (serves 4)

- 1/3 cup pasta (penne/bow ties/trisoli)
- 100g mushrooms, sliced
- 1 medium onion, chopped
- 1 tbsp olive oil
- 1 medium tomato, chopped
- 6 eggs, whisked
- 1 medium zucchini, sliced thinly
- 2 tbsp parsley



Method

- Preheat oven to 180°C. Grease 20cm cake pan.
- Boil pasta in water until tender. Drain.
- Heat oil in large frying pan, cook onion, zucchini and mushrooms until just tender.
- Combine all ingredients in large bowl. Mix well.
- Pour mixture into prepared pan, bake for 45min.

For more information visit www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.


Health
Western Sydney
Local Health District



SECONDARY NEWS

LEGO + PROGRAMMING = ROBOTS!

Do you like Lego? Are you interested in programming robots? Our school Robotics group meets on Mondays after school in F11. Everyone is welcome, grab a permission sticker from Mr Prasad if you are interested!

'INKLINGS' WRITERS CLUB - ALL WELCOME!

Students from Years 7-12 are most welcome to join the group on Monday afternoons from 3.00pm-4.00pm in F12. See you there!

