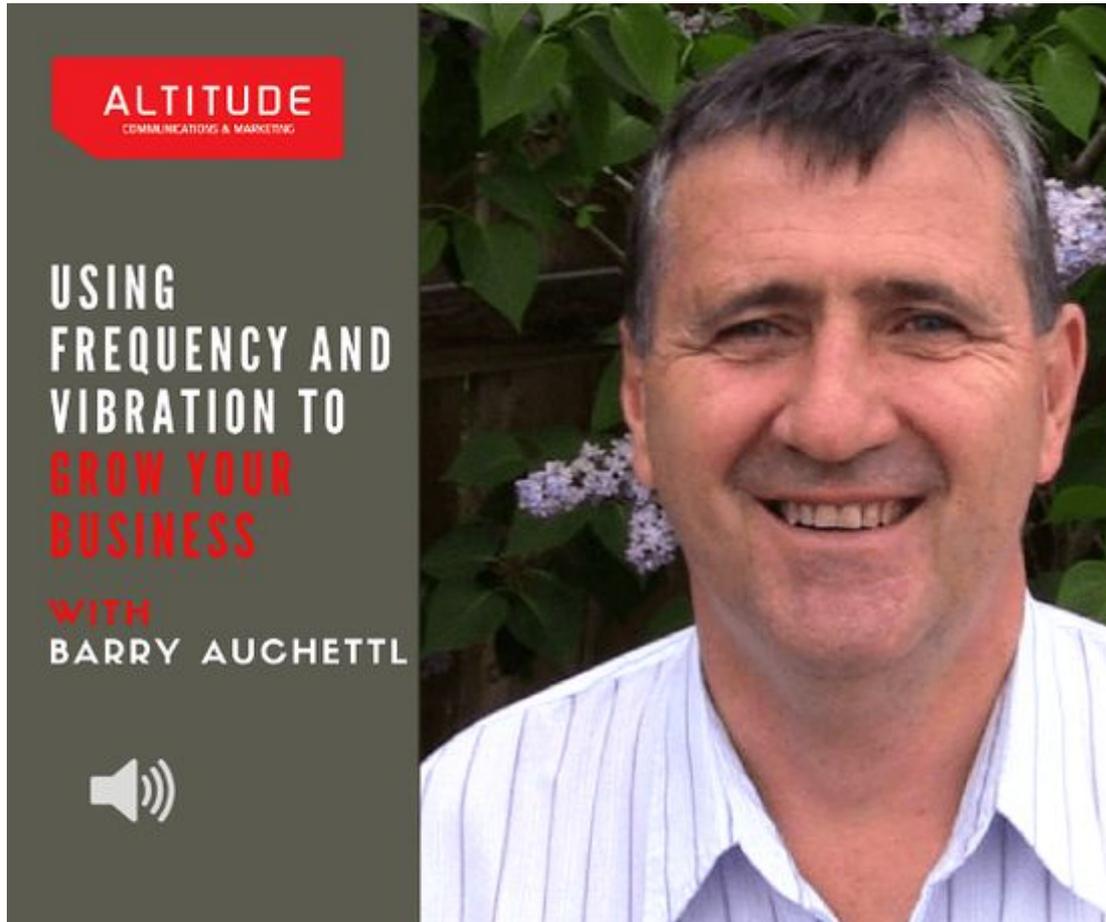


## Using Frequency and Vibration to Grow Your Business - With Barry Auchettl

A Podcast Interview with Barry Auchettl



“Using Frequency and Vibration to Grow Your Business “  
A Podcast Interview with Barry Auchettl by Bill Doyle  
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- Bill Doyle: Hi everyone, this is Bill Doyle from [Altitudecommunications.com.au](http://Altitudecommunications.com.au).
- This week I've got something pretty special for you, because in the world of business and marketing we can often caught up in the how to and the what to, and assistance in the processes. I met this very interesting fella that's on the call with me today, Barry Auchettl, is the correct [crosstalk 00:00:31]. [00:00:30]
- How are you Barry? Thanks for joining us.
- Barry Auchettl: Thanks Bill. Yeah, it is Auchettl. So it is a bit of strange one. It comes from an Italian background so there's a slightly different pronunciation to how it actually looks, isn't it?
- Bill Doyle: Nothing wrong with the Italians. They're good looking and great cooks, so there go. If you want to know more about [Barryauchettl.com.au](http://Barryauchettl.com.au), but let me-
- Barry Auchettl: There's no au, sorry, just the dot com. So thats [Barryauchettl.com](http://Barryauchettl.com)
- Bill Doyle: Just the dot com, okay, we're getting there.
- Barry Auchettl: This is live, so there you go.
- Bill Doyle: That's right, and guys, we don't edit typically these calls, and that's why it's very conversational. Without further ado, let me introduce a little bit about Barry. Basically, Barry's a visionary and he's based on the Gold Coast in Queensland, Australia. He's got a real passion for awakening the vision in others, which I actually experienced myself, and I'll tell you a little bit about that and why I'm interviewing Barry today.
- [00:01:30] Barry himself has been faced with pretty much everything life can throw at you in terms of life and health challenges, but he's pretty positive and grateful for what actually happened because it's led him to where he is now. Barry's actually regarded as one of Australia's most qualified vision educators and he also founded the [Eye Power 00:01:49] in 1997 after personally overcoming the need for corrective lenses, which I found really interesting.
- [00:02:00] - Barry specialises in combining not just business skills, but also healing modalities, intuition, and muscle testing. Recently, Barry's been the creator of Conversations, which is an inspirational game, author of One Vision, Eye Power, Open Your Eyes, and the [inaudible 00:02:17]. He's also an international speaker, a facilitator, a radio host, and vision mentor who specialises in clearing sabotages and core issues which I absolutely love. Welcome Barry, and I'm going to start with a couple of questions.
- Barry Auchettl: [00:02:30] Thanks Bill. I feel like I need a holiday after all of that stuff. I am busy.

Bill Doyle: Barry, look, let's get down to the nuts and bolts. When we originally met we connected. Then you offered me a life vision mentoring session which I've had these before and I was a little bit sceptical. But after coming off that half hour call with you I was blown away with the little things and the little tweaks and things that I personally needed to can actually [00:03:00] help the attraction side of it. With that in mind, what is the difference Barry between frequency and vibration?

Barry Auchettl: Okay, thanks Bill. Look, the key difference is ... Well, we talk about we want raise our vibration, we want to raise our frequency, and we tend to use them as the same process. What I actually did is, the vibration stuff, there's a [faber Hawkins 00:03:24] scale that goes from zero to a thousand and a lot of people know that. It's about raising your own personal [00:03:30] consciousness, if you like, and that's one side of the equation.

The side that's going to be probably more important is the other area that seems to be left out called frequency. While vibration is looking at raising your own personal consciousness or your own personal who you are, that level of personal growth of what you're doing, the level of frequency is really sort of associated with the law of attraction. That's about how [00:04:00] could we manifest what we want to achieve?

How can we manifest customers? How can we manifest joint ventures? How do we actually manifest more money into our lives?

A lot of people think that the two are directly related but with the muscle testing with the new work that I've created, the two aren't necessarily jointly related. There might be some correlation there but it's really important that we actually raise our vibration in life, that's our personal growth. But it's just as important [00:04:30] that we raise that frequency to attract what we want in our life. When we raise it, we can actually attract it quicker than what we've done in the past.

Bill Doyle: Yeah, and that's the bit I found fascinating, was with some simple tweaks and simple tools and strategies that you talked about, it all made sense to me and it totally aligned with me. But Barry, just in terms of business, how does this frequency and vibration relate to us in the world of business and marketing?

Barry Auchettl: [00:05:00] Well, I'll use myself as an example. I've got this international business where I'm setting up business meetings around the world and things like that. One of the examples I did was I wanted to create a meeting with this, a main international company in San Diego and Los Angeles. I was overseas and I just happened to get a meeting with the CEO like you just don't normally get. Those are the sorts of things that tend to happen. You seem to get the meetings that you don't normally get.

[00:05:30] Then what happened is they said to me, “Oh, but you’ll have to talk to our marketing manager who’s in San Diego.” I said, “But I’ll be in San Diego tomorrow. Where does he live?” He said, “Oh, it’s the corner of Market and 8th.” I said, “Well, my son lives at Market and 4th. You know what, we can make this happen.” Everything just seems to flow in because you’ve got to do the work for it. This is no excuse here. I had to turn up to America. I had to turn up to the meetings, but they just seemed to flow better and they [00:06:00] just, things seemed to happen a lot easier and a lot quicker.

Bill Doyle: Yeah, it makes sense. I’ve had a lot of experience in this area, Barry. I practise meditation. I practise visualisation, but people seem to be of this false belief. I’m going to mention it, but you know The Secret, the book. I did some training in the early days with Bob Proctor before all that. He proved to me about vibratory rates and it really fascinated me and that’s why I really wanted to interview you today. [00:06:30] Because I just think it has so much clout and it’s so misunderstood in how you can actually use it for your business.

Barry Auchettl: Oh, totally, and it’s not only about attracting stuff. The other thing that we tend to do with the frequency is, a lot of people, especially if they’re working for themselves or work ... They’re doing these highs and lows stuff where they’re having to go flat out and making things happen, and then they crash and it’s like, “Oh, what am I doing? I should go and get a job.”

Then they pick themselves up again, and it tends to work in [00:07:00] these sorts of ebbs and flows.

Part of the work that I do is about decreasing those ebbs and flows so that it’s more balanced but overall, frequency is higher than what you old highs used to be anyway. So your lows become higher than your original highs.

Bill Doyle: Yeah, it’s really interesting because in business, Monday it’s go, go, go, all systems go. By Friday we’re all kind of like worn and torn. Then they call Wednesday hump day. I’m just like well, [00:07:30] if you’re really living your dream and you’re an entrepreneur, and you’re really doing what you love doing and you’re helping the right people, shouldn’t every day be consistent?

Barry Auchettl: Well, look, I’ve found since I’ve been doing this work now for about 15 months, it’s specifically in frequency, that my amount of time that I put into work, and I’ve been a solo entrepreneur now for over 20 years, the amount of time, with the all the stuff that I have to do, has actually decreases. [00:08:00] I’ve managed to decrease the amount of time and I’ve at least doubled my income. So I’m really enjoying this process at the moment because I did it initially for me because I wanted for me to get the benefits.

Then after six months I had people say, “Well, can you teach us?” I’ve started running groups, teaching others how to do this because any system that

decreases the amount of time you put in and doubles your income, it's gotta be worth looking [00:08:30] at.

Bill Doyle: it's got to be. I love that Barry, that you do as you do, not do as I say.

Barry Auchettl: Oh look, totally. I did this whole process initially for me. I was interested and I didn't tell anyone about it for at least three or four months. I wanted to see if it was going to work. My initial idea with some the very early work, I did it for a month just to see if it worked. It went so well. Why would [00:09:00] you stop? One of the easiest things that people can start with even now while they're listening to this, you just think of 10 people that you're grateful for today, and just see how that changes straight away how you're feeling. How you're feeling is that frequency.

Bill Doyle: Yeah, which brings me to the next question, Barry, which is great advice. But why are you working with raising your own frequency continually, rather than just helping others as well?

Barry Auchettl: [00:09:30] Yeah, look, I recognise that I was just putting in so much time trying to help other people. I was one of these people I was giving, I was giving, and I was giving. I didn't feel I was getting the return back for what I was putting in and I just wanted that to shift. That's the changes that I've seen from doing that means that I'm actually getting more time for me again, and I'm seeing better results for the people I'm working with.

Bill Doyle: Yeah, and the thing that fascinated me on that call that we had together, which led to this interview, was you were talking percentages [00:10:00] in levels of frequency, which I'd never actually heard before. One of them was like 200 and something percent. I won't give it away for obviously reasons. I'm thinking hang on, doesn't it just go to 100%? Can you explain a little bit about that?

Barry Auchettl: Sure. When I went to look at this I found that there was nothing out there, so I actually had to create the whole system from scratch. Because I use muscle testing it's really quite a quick way of finding out different percentages. [00:10:30] In terms of frequency, for example, we found that half the planet are working less than 30% of their potential. That includes a lot of people who have been on the news at the moment overseas. We won't mention any names here.

It just shows that people are not really that aware still, like when you've got half the population less than 30%. When you get you up to 50, 60, 70, [00:11:00] 80, 90, 100, things start to happen a lot quicker. That's what happened to me in the first few months. Then what happened, and this was like really a surprise, I found that there's another frequency that people operate, which is like a higher conscious frequency above the ordinary everyday frequency. That's the one we can get 200, 300, 400 et cetera.

Bill Doyle: Right and there's two, isn't there? There's a personal one and then there's one

for your business as well.

Barry Auchettl: Well, there's a whole group of frequencies, [00:11:30] but in this case there are two levels that you can operate from. Some people know the people who just seem to be successful, no matter what they do. These are the ones operating at these high 2, 300% frequencies with less effort and things just seem to happen for them. That's what I've been working with.

Bill Doyle: Okay and that may make sense to someone. Barry, let's spell it out in a couple of bullet points, the three top tips you can give someone. [00:12:00] How can people listening to this conversation increase their own frequency with using what you do?

Barry Auchettl: Okay, look, the three top tips I guess I could give people, number one, is two things you can do yourself. The first one I talked about is gratitude. Make a list of things you're grateful for each day. I actually, in my list that I actually had 350 different things that you can do, and the top couple seemed to be, [00:12:30] gratitude is one. The other one you mentioned as well, which is simply about meditating and just stilling the mind, whatever way that looks like for you. That would be my second one as well. I would have meditation there.

The third one-

Bill Doyle: Okay, so it's number one, be grateful, and number two, get in a quiet space whilst you're being grateful and then meditate [crosstalk 00:12:50]

Barry Auchettl: Well, it doesn't have to be while you're doing ... Have some stages during your life where you can just be quiet. Some people call that meditation. Some call it just being still. [00:13:00] Some talk about being [inaudible 00:13:00]. It's just language that's filling the mind. That's what we're trying to get at here.

Bill Doyle: Uh-huh (affirmative), and what would be tip number three Barry?

Barry Auchettl: Tip number three would be to get a frequency and vibrational checklist done by me. I'm actually willing for anyone on this call to offer a free 15-minute checklist to find out where your frequency actually is. Because until you know where it is, how do you know where you want to [00:13:30] go to?

Bill Doyle: Okay, so you're going to get a vibration and frequency checkup, if you like. What's that valued at Barry?

Barry Auchettl: Look, normally it's \$125. That value for some people alone ... I've got people who are just happy to get that checked every month. They just want to keep an eye on how they're going.

Bill Doyle: Okay, so you're offering this for free. Obviously, there's going to be a lot of people listening to this, so you can't do everybody. It will be a bit limiting.

- Barry Auchettl: [00:14:00] Definitely limited, because as you can probably tell, my time, it's fairly busy. I'm running groups already, rating their frequency. I had a group last year which was a six-month programme to raise their frequency up to this higher level one that I was talking about. Everyone in that group did it within three months and I was astounded at the results. I was expecting them to take six months because I took six months as I started off. They did it in three and they're still meeting now because they just [00:14:30] refuse to stop meeting each other. We were meeting for six months and they said, "No, we have to keep going," and they are continuing this year.
- Bill Doyle: Well, I find it fascinating that people want quick fixes. Barry, just before we move on, where can they get that free session, if you're lucky enough to [snag one 00:14:45]?
- Barry Auchettl: The best idea would be to email me at my own personal email address, which is bauchettl@gmail.com. That's B-A-U-C-H-E-T-T-L [00:15:00] at gmail.com.
- Bill Doyle: Right, and maybe put the subject line, Free Frequency Checkup.
- Barry Auchettl: That would be great. That will make life a bit easier. Thank you.
- Bill Doyle: Okay, cool. So Barry, we're nearly out of time and I know you're busy as well. Thanks for offering some truly simple but really powerful tips. What I find is people want massive results and they want it fast, and they want this magic pill. But we all know that it's [00:15:30] an ongoing thing, isn't it?
- Barry Auchettl: Look, [inaudible 00:15:32. There are things that you can clear straight away. This area that I specialise in, called sabotage clearing, can actually clear things straight away. However, we've got to take personal responsibility for how we move with that. Do we take it and run or do we put it back in the cupboard?
- Bill Doyle: Yeah, and that's what we touched on on our call, wasn't it? "Bill, is there any area of your life that you're feeling you're sabotaging right now?" I'm sort of going, "Yeah, there is." [00:16:00] Next thing you know you're picking it up and you ranked it and gave it a percentage. But not only that, you gave me a very clear path to quickly overcome it. In fact, one of them was cleared on the call I think.
- Barry Auchettl: That's right. There's techniques that you can use now, some really advanced techniques, and some of them I actually developed myself. I like creating those things. Even the 15-minute session that I'm offering, under traditional kinesiology would take up to [00:16:30] an hour, but there's really shortcuts that I've been able to implement because part of it I know is an issue for everyone. What can we do in the maximum amount of things that we can do in the shortest possible amount of time?

Bill Doyle: Yeah, that's what impressed me. They had limited time, maximum results, using new wave technologies. This is what's working now, not what's working 100 years ago.

Barry Auchetl: Totally, and I've been in favour of what's the latest [inaudible 00:16:57] that's been researching? I'm [00:17:00] still different researching, some latest techniques for vision in the last 24 hours. That's just blown me away so I've been looking at that at the moment as well. I'm always creating new things.

Bill Doyle: Yeah, excellent. Barry, just to recap, we touched on the difference, the major difference actually, that a lot of people aren't aware of between frequency and vibration. Also, why you're bothering to work on your own along with, of course, your client's, [00:17:30] and also the three tips on how we can actually increase frequency today, as a business owner, to get better results.

Barry Auchetl: Excellent, that's a fair business call. Hopefully people have got some value out of that and at least start thinking about wondering what their own personal frequency is.

Bill Doyle: Yeah, and Barry, thanks so much for your time. It's certainly opened my eyes to a different way of thinking, particularly in a world of business and marketing, and then going, "Hang on. That's one piece of the puzzle, but what about [00:18:00] freedom, time, sanity, and consistency, and is there any other techniques to growing that?" If you're listening to this call and you feel a little bit like that, or maybe things are unbalanced, it's probably because they are and you need to reach out to someone like Barry.

Just to be clear again, it's Barryauchetl.com if you want more information on that. Barry is being kind enough to not only giving his time, but also to offer [00:18:30] a limited number of free sessions. Barry thanks so much for your time. I really appreciated it and I can't wait to see how it is with my job.

Barry Auchetl: Awesome. Thanks and thanks everyone who is listening.

Bill Doyle: Cheers.

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<http://barryauchettl.com>

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