

# Australia's Biggest Child Safety Lesson



## Educator Guide

**Australia's Biggest Child Safety Lesson** is suitable for children between the ages of 3 - 8 years. It will teach key personal safety concepts for early childhood in a fun and interactive way. It can be viewed in large or small groups at school or early childhood centres.

### Contents of lesson:

<b>Understanding feelings</b>	Identifying facial expressions for different emotions
<b>Recognising body clues</b>	Understanding the physical responses the body has when feeling unsafe
<b>Your body belongs to you</b>	Body ownership, names of public and private body parts (anatomical language)
<b>Who can help you to stay safe</b>	Identifying safe adults who can help you to be safe

### Creating a safe learning environment

When talking about personal safety it is important to ensure you have adequately prepared yourself, parents, carers and children. This includes:

- Informing parents and carers that your school or centre is participating in the lesson. Invite them to come along and participate, share the Parent and Carer Guide found on our website
- Preparing children to participate by letting them know about the lesson in advance
- Respecting the diversity of family units and all children
- Understanding your student or child protection policy. Be ready to respond if necessary to disclosures from children

### Prior to the lesson discuss the following safety rules with children

- 1 Be nice to each other
- 2 Try to join in with the songs or activities but it's ok if you just want to watch too
- 3 If you have a private story to tell, talk to a safe adult after the lesson
- 4 Ask questions

Ask children to identify who they can talk to if they have questions or want to talk about the lesson.

<b>Children will need</b>	<ul style="list-style-type: none"><li>• Printed copy of activity sheet for each child</li><li>• Pen or pencil</li><li>• Desk or hard surface (floor)</li></ul>
<b>Educators will need</b>	<ul style="list-style-type: none"><li>• Access to lesson via <a href="http://www.daneilmorcombe.com.au">www.daneilmorcombe.com.au</a> (follow links)</li><li>• Internet connection and audio enabled</li><li>• Interactive whiteboard or screen to display lesson</li></ul>

Personal safety education shouldn't be taught as a one off lesson but integrated into learning activities throughout the year. If your school or centre is already doing this – congratulations! If not, this lesson could be a starting point.

To register for Day for Daniel and watch the lesson please visit  
**DanielMorcombe.com.au**

