

RECOGNISE, **REACT**, REPORT

REACT by getting away from the danger. Remember to Run to a safe location if you feel unsafe.

React is also about the choices you make to keep yourself safe. You can often plan ahead or think about how you might react in an unsafe situation. Planning ahead means for example: working out the best way to get home when it is dark. You should stay in well lit areas where there are lots of people around and not cut through a park or back lanes.

Another example of planning ahead is to arrange a specific meeting place in case you become lost or separated from your parents at a shopping centre or sporting event.

REACT

When a cat is scared by a dog, what does it do?

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If you are lost where would you arrange to meet up with your parents at the shops?

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If you are lost it is also good to ask an adult for help. Try someone who works there first. Would you ask a shop worker for help?

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REMEMBER

If you are late at a friend's house remember to ring your parents or carer and let them know where you are and that you are okay