



## Sacred Heart College Middle School Curriculum Extension Activities

# CEA Newsletter

Summer  
Issue 16, 20 November 2014

## Knockout Basketball

It turned out to be a pretty disappointing day for the boys at the Year 8/9 KO Basketball finals. Drawing a pretty difficult pool, the boys unfortunately went winless through their three round-robin games. The boys rallied in their final game to beat Concordia to finish 5th in the six team competition. Though a disappointing end, the boys represented the college proudly and had a terrific undefeated CEA season. Shout out to Vinnie and all the parents/carers of the boys who came out to support on the day and all season.

## Knockout Tennis

**26 October**

**Year 6/7**

**SHCMS (6 sets) defeated Brighton Primary School (0 sets)**  
Nick Brown, Josh Aulert, Seb Reichelt and Beau McCrae won the opening round of SAPSASA KO. Nick was extended in his singles against the Brighton number one but all others won comfortably.

## Knockout Cricket

In a limited overs match, it's always going to be hard-fought, especially in a semi-final. The Sacred Heart 6/7 A-team won in an outstanding all-round performance last Monday, booking their place in the Grand Final of the knockout competition. Sent in to bat first on our home deck, Captain Tom Pearce led the way with a classy 28. Coming in at three, Jack Ramage, who chimed in with a handy 15, helped by Tom, while Sacred Heart made our way to an imposing 5/92 off 25 overs. With such a defensible total, Sacred Heart had the opportunity to attack early, working in our favour as we picked up crucial wickets early. Pressure remained on the opposition throughout their entire innings as Fulham North finished all-out for 61. The boys put in a fantastic all-round performance and should go into the Grand Final full of confidence.

## Summer Training

### CRICKET

Year 6 & 7 – Wednesday (A-grade) and Thursday (all other teams) after school (Adam Rice, Stephanie Christou and Tom Simpson)  
Year 8 & 9 – Monday (A-grade) and Tuesday (all other teams) after school (Brett Leikas, Ashley Jenner and Tom Simpson)

### TENNIS

Year 6 & 7 – Wednesday (Primary B) and Thursday (Primary A) after school (Alice Tonkin and Peter Young)  
Year 8 & 9 – Tuesday after school (John Sladic)

### BADMINTON

Year 8 & 9 – Wednesday after school (Graeme Stewart)

### VOLLEYBALL

Year 8 & 9 – Tuesday Lunchtime and Thursday after school (Kerin Tinnion, Sean Perry and Lauren Wagner)

### BASEBALL/SOFTBALL

Friday after school (Natasha Williams and Sharyn Davis)

### TOUCH FOOTBALL

Tuesday after school (Natasha Williams and Sharyn Davis)

### CANOEING & KAYAKING

Tuesdays and Thursdays (Roger French and Amy Kemp)

### ATHLETICS

No Training

## Be Sun Smart

Cancer Council Australia recommends 5 simple steps to protect yourself from sun damage:

1. Reduce exposure to solar UVR
2. Slip on sun protective clothing
3. Slap on a hat
4. Slide on some sunglasses
5. Slop on SPF 30+ sunscreen



Visit <http://www.sunsmart.com.au/> for more information.



*To bring up children properly we must love them;  
we must love them all equally.*

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# Cricket

**25 October**

**Year 6/7**

**SHCMS A (7/119) lost to Prince Alfred College (8/150)**

SHCMS won the toss and elected to bowl.

Bowling: Jack Ramage 2/10, Josh Aulert 1/2, Max Fitzgerald 1/12, Darcy Ruth 1/30.

Batting: Kyle Scott 19 NO, Jack Ramage 17 NO, Darcy Ruth 13 NO, Matt Phillips 12 NO.

Good effort boys on an uneven turf wicket.

**1 November**

**Year 6/7**

**SHCMS A (5/159) lost to Pembroke (9/170)**

SHCMS won the toss and elected to bat. Batting: Max

Fitzgerald 30 NO, Josh Aulert 24 NO, Tom Pearce 20 NO, Kyle Scott 13 LBW, Ben Stewart 10 NO. Bowling: Tom Wyman 3/9,

Josh Aulert 1/16, Darcy Ruth 1/17, Tom Burdon 1/21. Best

game for the year so far. Scores were level at the 48th over. Bad luck boys and keep up the hard work.

**8 November**

**Year 6/7**

**SHCMS Gold (0/154) defeated Westminster (60)**

Great batting performance by the team, losing no wickets.

Batting: Tom Brady (30 NO); Brayden McPherson (29 NO);

Jarrad Fleming (19 NO). Bowling: Josh May (4/12); Tom Brady

(2/3). Single wickets to Hayden Chapman, Elijah Bruijn and

Hamish Dunk. Fielding was tremendous with no dropped catches, Tom Brady taking 2 catches and Hamish, Jarrad and

Elijah all taking one. A direct hit from Hayden resulted in a run

out. It was a fantastic team performance.

**8 November**

**Year 6/7**

**SHCMS (8/129) defeated Marryatville (all out for 22)**

This was the boys' best win for the year and came on the back of some great ball striking from Jackson Fraser and Jackson Marshall who both smashed the ball to all parts of the ground.

The bowlers led by openers Zak Carr and Hayden Cock

decimated the top order and had them 6 for 12 after 6 overs of

accurate bowling before having them dismissed for 22 inside

10 overs.

**25 October**

**Year 6/7**

**SHCMS Gold (8 for 100) lost to Cabra (130)**

Batting: Austin Brigmanis (53 NO); Hamish Dunk (10); Ethan

Brewster (6). Bowling: James Dimic (2 wickets) with single

wickets to Josh May, Austin Brigmanis, Hamish Dunk, Ethan

Brewster and Hayden Chapman. Josh May 2 catches. Thanks

to Lachlan May, Ryan Chapman and Reilly Brigmanis for sub-

fielding, with Lachlan May taking a catch.

# Congratulations



Lachlan Murphy (6.25) will represent the College in SAPSASA Golf Championships.

SAPSASA Tennis was in full swing in Adelaide on Nov 3–7th with three Sacred Heart Boys, Nick Brown (7.18),

Jayden Grant (7.18) and Seb Reichelt (6.21) representing City South in Division 1. All three boys hardly lost a single and City South ended the carnival in 4th position. A great effort by the boys, especially in the wind and heat on Friday!



# Tennis

**23 October**

**Year 6/7**

**SHCMS Nadal (15 sets 99 games) defeated PAC (3 sets 69 games)**

An excellent effort by the boys. All played extremely well. The top double of Jayden Grant and Josh Aulert won 6–5 in an extremely close, high standard match. We won many tight sets so the final margin wasn't a true indication of the closeness of the game.

**30 October**

**Year 6/7**

**SHCMS Nadal (0 sets) lost to St Peter's (18 sets)**

Due to a scheduling mistake we were missing some regulars. Tyreece Conway, Hayden Supple, Caleb Skipworth and Fletcher Luscombe were adequate replacements. However, an extremely strong St Peter's outfit won comfortably in windy conditions.

**23 October**

**Year 6/7**

**SHCMS Federer (8 sets) lost to Scotch (10 sets)**

After only winning one doubles match the boys fought hard to win 7 of the 12 singles ending up SHCMS 74 games to Scotch 67 overall. All boys showed good improvement this term.



**30 October**

**Year 6/7**

**SHCMS Federer (7 sets 68 games) lost to St Ignatius (11 sets 79 games)**

There were some long rallies this week despite the usual breeze and some very close results. As usual there was good sportsmanship shown by all boys.

# Badminton

**8 November**

**Year 9**

**SHCMS (9) defeated Cardijn (0)**

Another one-sided affair! SHCMS were far too strong and skilful for their opponents. Milano Vizzari and Luke Fumpson out-played their opponents in both singles and doubles matches using a combination of power and touch in their games. Liam Byrne and Riley Groundwater paired up together in doubles once again and it was a training session for these talented players. Matt Olsen and Luke Wormald took no time to finish off their games. The No 1 double combination worked very well together, working out their opponent's weaknesses. A very strong effort by all players; well done.

**9 November**

**Year 8**

**SHCMS (9) defeated Nazareth (0)**

Wow! The boys played superbly in both their doubles and singles games. Sam and Mitchell, Liam and Ryan, Isaac and Jalen all won their doubles convincingly and showed a great display of team work. The boys were supporting each other and started to use their voice to let their team mate know what they were doing. During their singles matches, all boys played with great sportsmanship and it was wonderful to see them using many strategies (volleys, first serve in, attack of return, rallies) to win points. Well done boys, keep up the good work.

**15 November**

**Year 8**

**SHCMS (5) lost to Glenunga (6)**

Game of the year!! What a game, what a battle. Glenunga arrived with the State No. 1 and No 3 and No 6 players. Sam Sanderson and Mitch O'Leary were unbelievable in the games they played. Sam going down by just a few points in both singles games. His opponent and his coach were not happy with Sam pushing him in every point. With our No. 3 and No. 4 players not available this week, it put a lot of pressure on the other players. Liam Johnston stepped up to the No. 3 position and played an incredible game in singles and the best of three. Jalen North out-played his opponent with some very clever shots. Isaac Fernandez also had another strong performance in both singles and doubles games. Tantenda Zembe's powerful overhead clear and movement around the court was far too good for his opponent. Riley Groundwater improves every week, moving into the No. 4 position; a very clever player.

**15 November**

**Year 9**

**SHCMS (8) defeated Marryatville (4)**

Matt Olsen played a brilliant game in singles being too strong for his opponent. Liam Hood played his first game for the Middle School this year and I was really pleased with his effort. Milano Vizzari continues to improve every week with a great win in his singles. Luke Wormald was unlucky to lose his singles match, just going down in three very close games. Liam Byrne out-played his opponent with some powerful shots and great placement. Jake Vigilante was far too good for his opponent in both singles and doubles matches. Once again Riley Groundwater played in both teams this week. The extra games have helped develop Riley into a very promising player for the future. Luke Fumpson, after a slow start to his singles match, won easily in both singles and doubles matches. A great effort by all players; well done.

*"Sportsmanship for me is when a guy walks off the court and you really can't tell whether he won or lost, when he carries himself with pride either way."*

Jim Courier

## TRI-SCHOOLS UNIFORM SHOP

Located at the rear of Sacred Heart College Senior School, Scarborough Street, Somerton Park.  
MasterCard, Visa Card and EFTPOS available. Direct telephone (08) 8350 2586.

**Second-hand uniforms:** Neat, current uniforms are accepted for re-sale during shop hours.  
All submissions must be RECENTLY laundered.

### Term 4 Trading Times

Tuesdays 1:00 pm – 6:00 pm

Wednesdays 8:00 am – 12 noon

Thursdays 1:00 pm – 6:00 pm





### Hot Weather:

Weekday training sessions will be cancelled if the forecast temperature (as appears in The Advertiser on the day before or the day of) is 35°C or above.

Friday afternoon sport will be cancelled if the forecast temperature (as appears in The Advertiser on the day) is 35°C or above.

Saturday morning sport will be cancelled if the forecast temperature for Saturday (as appears in The Advertiser on the Friday) is 38°C or above, or if decided by the CEA Coordinator.

**Remember to check the Middle School web site for updates on sporting fixtures, training and weekend sport cancellations–  
[www.shcms.sa.edu.au](http://www.shcms.sa.edu.au)**

**While you are visiting the web site take some time to open the Public Calendar of Events and bookmark it for future reference.** Click on the icon on the home page to access the calendar. From here you can select the month, viewing options and if you click on a particular event you will be able to see if there is any additional information about that event, access any attached documents (click on the 'more details' link in the pop-up speech balloon) or add the event to your own Google calendar.

**Also, check out our 'App available on Android'.**

**Programs and Team Selection details are available on the Middle School's Intranet:  
<https://www.intranet.shcms.sa.edu.au>**

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HOME INSIDE THE CLASSROOM BEYOND THE CLASSROOM NEWS AND EVENTS ABOUT OUR COLLEGE LOG ON

**CURRENT FOCUS**

GET IT ON Google play  
App available on Android

>> Click here for CEA (Curriculum Extension Activities) Updates and Cancellations

Public Calendar of Events

We are Smart

Fostering participation and creativity.

## Tennis Coaching now available at the Middle School

### Maximize your potential – programs for starters to elite level

New Zone Tennis are now offering their holistic program to all students at the Middle School.

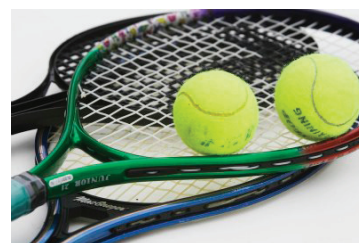
**Hot Shots** is a game-based program endorsed by Tennis Australia that enables athletes new to the game to learn the tactical and technical fundamentals in a game-oriented way.

**Junior Development** is aimed at athletes who wish to compete for the Middle School's teams and/or tournaments.

**Private lessons** help athletes to improve certain skills quicker.

All sessions are either before school between 7am–8:30am or as agreed with the school.

Contact Heiner Wirtz-Fielding on 0457 524 903 or email [heiner.newzonetennis@gmail.com](mailto:heiner.newzonetennis@gmail.com) for further information and associated costs.



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