



## CO-CURRICULAR RISK MANAGEMENT

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It is acknowledged that competitive sport brings with it the potential for injury to students that need to be managed proper and efficient ways. At Sacred Heart College, provision is made to ensure that the best possible provision is made, given the type and level of competition, along with constraints that exist.

There are a number of measures that underpin risk management as it relates to injuries:

- a) Careful selection of coaches and managers, based upon their age, disposition, experience and knowledge of the game. It is understood that while the level of the Sporting Association of Adelaide Schools (SAAS) is high and competition at a premium, it is always within the prime consideration of student safety.
- b) As part of the preparation for winter sports, a First Aid workshop is held for coaches on injury management. This outlines generic aspects of injury management (eg ICE) as well as responses to acute injuries.
- c) On every occasion where sport is conducted at the College, staff from the Sports Co-ordinators office (who hold First Aid Certificates) are on standby to assist with injury management.
- d) Where possible, allied health professionals (physiotherapists) are seconded to assist with injury management on a specialised basis. A number of schools employ undergrade physiotherapists who are in the final stages of their degrees to support injury management.
- e) Sacred Heart College insurance provides ambulance cover for all staff and students on school related activities and events. Should it be required, an ambulance is the direct and immediate recourse in the event of serious injury to a student.

In addition to the above, the College undertakes a perennial review of facilities that assist in injury management. This includes:

- Inspection of first aid areas and first aid provisions, the latter of which are issued to all coaches
- Checks of crutches and wheel chairs, which are located in designated areas
- Cleaning and where necessary upgrade to rooms and facilities that are involved in injury management
- Checks of designated entry points for ambulances to ovals and courts.