

Sacred Heart College Middle School

Newsletter

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From the Principal...

Dear members of the Sacred Heart College Middle School Community

A warm welcome to all members of our community to Term 2, 2014! I trust that a pleasant break was had by all and that the significance of Easter and more recently, ANZAC Day, were appropriately acknowledged and celebrated.

As we commence the term it is always a good moment to discuss specific goals for the term with our boys. Having had time to consider all that was achieved, or not, in the first portion of the school year, it would be helpful to identify and even list what needs to be worked on during this term. This is a good habit to develop and can become somewhat of a tradition – the power of reflective practice should not be underestimated!

Reflective practice is the ability to think back over what has occurred and to develop strategies for improvement into the future. It can be a life-long process of learning at a personal, spiritual or even professional level. There are probably people you know who you describe as being 'reflective'. It is not unusual for 'reflections' to be utilised in moments of prayer. The fact is, there is much to be gained in creating the time and space to think back over what has occurred and why, and how we might further challenge ourselves to be the best we can be.

Some observers of boys' behaviour would suggest that engaging them in conversation can be difficult. Providing a focusing question which relates to their lived experience is a handy conversation starter. So, over the next few days when a good opportunity exists, if it has not been had already, engage your son in a conversation about what it is he is hoping to achieve over the next 10 weeks. The discussion could be broad and cover a number of areas of interest including academic work, recreational interests and the key relationships within his life. Whatever the outcome, the attempt to nurture reflective practice is time well spent!

Best wishes for the term ahead!

Steve Byrne

Year 7 Mass Celebrating our mothers and all the significant women in our lives Monday 12 May 2014 9:00 am in the Marist Hall Sacred Heart College Middle School Mothers, Grandmothers, Aunts, Sisters and/or special family members of our Year 7 boys are invited to celebrate Eucharist

A Catholic School in the Marist Tradition





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Diary Dates

Visit our new online Calendar of Events: http://www.shcms.sa.edu.au/news/SHCMS_calendar.html for more information about our events.

Monday 5 May SHCMS Finance Advisory Committee

Friday 9 May Sports Day at SANTOS Stadium

Monday 12 May Year 7 Mass and morning tea celebrating mothers and all the significant women in our lives

Tuesday 13 May NAPLAN Testing, Years 7 & 9 SHCMS Council Meeting, 7 pm

Wednesday 14 May NAPLAN Testing, Years 7 & 9

Thursday 15 May NAPLAN Testing, Years 7 & 9

Wednesday 28 May Principal's Tour, 9:15 am

Monday 2 June SHCMS Finance Advisory Committee, 6:30 pm

Wednesday 4 June ICAS Science Competition

Thursday 5 June Principal's Tour, 4:00 pm

Saturday 7 June Boarder's Exeat

Monday 9 June
Queen's Birthday PUBLIC HOLIDAY

Thursday 12 June Ensemble Music Evening, 6:30 pm

Monday June 16 ICAS Writing Competition

Tuesday 17 June School Photos ICAS Spelling Competition

Tuesday 24 June College Council Meeting, 7pm

Friday 4 July Good News Assembly, 9 am LAST DAY OF TERM 2



From the Head of SHCMS

Dear Parents/Carers

I trust you had a relaxing Easter break with your family and friends and that the time you spent together was a time of quality.

Term 2 started with a Staff Development Day which focused on ensuring we maintain a workplace that is safe and respectful for all staff members. The afternoon staff meeting provided an opportunity for staff to reflect on the important roles of Homeroom Teachers as we begin to develop a definition and role description which will be included in our College Handbook. The session also provided a forum for feedback on our draft 'Camps and Excursions' Policy which is due to be reviewed/updated. In relation to camps at SHCMS we are in the process of making some stronger connections to the curriculum, rationale, aims and expected outcomes of the camping experience we engage our boys in. Curriculum in this sense is generic and relates to all aspects of learning and growth (academic, social, emotional and spiritual). In order to meet these needs, we will need to make some structural changes to the current practices. More information will be disseminated when the structure for 2015 is completed later this term.

New Staff and Students

I would like to welcome to our staff and community Mr Ron Thorpe and Mr Adrian Terminello. Ron is our new Helpdesk and IT Support Officer and Adrian will be assisting in Learning Support. Both gentlemen are extremely qualified in their respective fields and both have worked in Catholic Schools. I know they will be valuable additions to our learning community.

I would also like to welcome two new students to Year 8 and our school this term – Anthony Cox and Lachlan Lewis. I know both boys have settled in well and are already developing lifelong friendships as they commence their journey with Sacred Heart College Middle School.

Coming Events

- Sports Day: Friday 9 May at SANTOS Stadium. This is a great
 day for the boys to participate in a variety of activities in both
 a competitive and non-competitive environment. Parents
 and carers of the students are encouraged to come along and
 support the boys as they enter into the true 'House Spirit.'
- NAPLAN: The annual NAPLAN testing will occur in Week 3 (Tuesday 13–Friday 16 May) for students in Years 7 and 9. Further information regarding this process has been sent home with your son. It is important that your son attends school on these days please note that the Friday is scheduled as a 'catch-up' day for any missed tests.

Staff Development

Over the term, SHCMS staff will continue to upskill in professional domains designed to improve the quality of teaching and learning we provide. Our professional development schedule includes further work with Mr Stephen Kelly (Literacy consultant) especially as it relates to staff observing lessons taught by peers with a focus on student engagement and participation. This is a follow-up and extension of the work we began last year.

We will also be utilising the skills and abilities of Dr Sean Magnan (Catholic Education SA consultant) as we begin to dig deeper into using/interpreting data (e.g. NAPLAN) as a means of designing curriculum targeted to meet the specific needs of students.

Later in the term, Mr Andrew Lines who is the cofounder of the highly successful and now internationally implemented program called *The Rite Journey* will address the staff around the needs of adolescent boys and the important role that we (schools, parents, positive mentors) have in assisting our boys as they transition into manhood. There is a growing need for us to continue to work with our students in these sorts of areas as we begin to think more carefully about positive male mentoring and what qualities our boys will need to develop and enhance to contribute successfully to today's society. I am confident that this session may spark further professional development and the possible introduction of such programs at SHCMS into the future.

I would also like to thank Mr Ashley Jenner and Mr Matthew Andrigo (two members of our teaching staff and IT committee members) who led the staff through further Google training on the last day of term. The day and training itself was very well received and valued by staff and serves as a good indicator of SHCMS teachers' willingness to lead and support others.

Looking forward to another great term.

Tim Mullin



For your Reflection...

Jennifer Callanan Assistant Principal, Religious Identity and Mission

As we gather to begin a new term we are reminded of the events of Easter and the surprising events that form the foundation for us as Christians. When we hear the Easter story and that Jesus resurrected on the Third Day what is it that we understand? In the following article by Richard Rohr there may be new insights for each of us as we ponder in the post Easter period.

Transformed by Easter

by Richard Rohr, O.F.M. Ref: http://www. americancatholic.org/Features/Easter/G0401.asp

Christian history reaches its crescendo point in the Resurrection of Jesus. The risen Jesus is the final

revelation of the heart of God—a God who teaches love rather than hate, forgiveness rather than blame, nonviolence rather than violence.

Recall Jesus' encounters with his disciples following his Resurrection. He comes to the circle of followers with whom he had spent three years, the people closest to him who had nevertheless rejected, betrayed and abandoned him. Following his Resurrection, Jesus has the opportunity to chastise them. And yet, in all four Gospel accounts of the risen Christ we see that Jesus neither berates nor blames his disciples. Indeed, Peter, the disciple who had betrayed him three times, is given three chances to say, "I love you" to his Master.

There is nothing to be afraid of in the risen Jesus. We have in him the perfect icon of a God who is safe and a universe that is safe. We have a God who does not blame, does not punish, does not threaten, does not dominate. We have a God who breathes forgiveness. The whole biblical tradition has been moving to this moment where God is identified with universal forgiveness.

The Resurrection of Jesus tells us that there is no victory through domination. There is no such thing as triumph by force. By his life, death and resurrection Jesus stops the cycle of violence and challenges the notion of dominating power. This is a power that seeks to change things from the top down, from the outside in. Instead, Jesus invites us to relational or spiritual power, where we are not just changed but transformed. And not transformed from the top down but from the bottom up, not from the outside in but from the inside out. Transformed into God...

We see in Jesus the divine being who is also the perfect human being. Jesus comes in a human body to show us the face of God, the One who is eternally compassionate and eternally joyous, who stands with us in our sufferings and our joys. As Christians, our vocation is to unite with both Christ crucified and Christ risen.



Annual Easter egg drive

This year St Aloysius College and Sacred Heart College Middle School will continue the tradition of collecting and distributing Easter Eggs to Hutt Street Centre and Catherine House.

The Sacred Heart boys are joining with Marist schools all over Australia to follow the scripture passage from Matthew's Gospel, 'you shall love God with all your heart, and with all your soul, and with all your mind... You shall love your neighbour as you love yourself' (cf Mt 22:37-40) and taking as their theme 'Serve one Another'

Jennifer Callanan, Assistant Principal Religious Identity and Mission, said of her students: "They are recognising that love comes in many forms and giving an Easter egg to Hutt Street Centre makes a difference....all the eggs combined have created a huge gift of love."

Easter Eggs for Hutt Street

Following our article in the last edition of the newsletter highlighting the boys' generosity in gathering a huge number of Easter Eggs for the Hutt Street center for homeless persons I am pleased to direct you to the latest edition of *Living Catholic*.

The April edition of the Living Catholic e-News includes an article and photo: http://www.adelaide.catholic.org.au/news-and-events/living-catholic/e-newsletter

Jennifer Callanan

SHCMS Masses - No Mass 5 May and 9 May

You are invited to join us each Monday and Friday for Mass in our School Chapel at 8:55am and for a cuppa afterwards. Three Masses are held in the Hall – The Welcome Mass, Feast of Sacred Heart and Celebration of the Assumption.

If you or the boys' grandparents (or any other family members or friends) would like to join this group, you'd be most welcome. Just come.

CATHFAMILY

CathFamily is a web site dedicated to assisting families in making the home the living heart of the church. As a church, we have benefited over the centuries from simple home-based rituals to provide practical faith experiences for our children.

Visit the website for the latest and previous editions of the Catholic Family magazine: http://cathfamily.org

SOUTHERN CROSS NEWSPAPER

The Southern Cross will no longer be making hard copies of the newspaper available to schools.

The Southern Cross can be accessed via the electronic link to the Southern Cross newspaper which is: www.thesoutherncross.org.au

Should you not have access to the internet please purchase a copy of the Southern Cross Newspaper for \$2 from your nearest Mass centre (Annual subscription \$30 per year for one monthly copy or \$58 for two years). Other options would be to electronically access the Southern Cross through your local community or school library.

If you have any queries please contact the Catholic Communications Office on 8210 8117 or email cathcomm@adelaide.catholic.org.au

CESA COMMUNITY NEWS

Please find below the latest and previous editions of CESA Community News, a newsletter for Catholic education in South Australia. The purpose of the newsletter is to provide news on educational initiatives and directions in our schools and to highlight some of our achievements.

Visit the following website for the latest and previous editions of the CESA Community News: http://www.cesa.catholic.edu.au/news



Would you like to have the Living Catholic e-newsletter delivered to your inbox each month?

Visist: http://www.adelaide.catholic.org.au





DANCE PARTY

Friday May 16, 6:30Pm – 9:00Pm

Bay Function Centre - Glenelg Football Club

9-3 Year olds - \$5.00 Per ticket

Face painting and lots of giveaways

Food and drink available for purchase.

Lock in – no pass outs

Enquiries - 8207 4820

Tickets available from the bay function centre box office

Foster Care Join the Family.

HAVE YOU EVER THOUGHT OF BEING A FOSTER CARER?

Foster Carers are needed to provide overnight emergency, long-term, short-term and respite care. You can be either single, couples, working full-time, part-time or studying. Free training and ongoing professional support (including 24-hour assistance) is provided.

For more information, or to book into one of our information sessions, please call Linda on 8131 3456







NAPLAN Testing for Years 7 & 9

NAPLAN (National Assessment Program Literacy and Numeracy) testing which will occur for all of our Year 7 and Year 9 cohort on Tuesday 13, Wednesday 14 and Thursday 15 May.

NAPLAN consists of four tests designed to measure students' abilities in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy (with and without a calculator). The testing is national and will track how your son is progressing against national standards and benchmarks. The testing will take place in the mornings of the attached timetable below.

Year Level	Tuesday 13 May	Wednesday 14 May	Thursday 15 May
Year 7	Language Conventions (45 minutes)	Reading (65 minutes)	Numeracy (40 minutes x 2 – 80 minutes total)
	Writing (40 minutes)		Calculator test first, followed by non- calculator allowed test
Year 9	Language Conventions (45 minutes)	Reading (65 minutes)	Numeracy (40 minutes x 2 – 80 minutes total)
	Writing (40 minutes)		Calculator test first, followed by non- calculator allowed test

All students are required to sit the tests – students with specific disabilities may qualify for special provisions to assist them during the tests. Please note that all students will need to ensure that they have with them a HB or 2B pencil, an eraser, a calculator and a sharpener with them.

It is very important that your son attends school on these days. If he is absent for any serious reason (e.g. illness) catch up tests are permitted on Friday 16 May.

2014 Instrumental Music Evenings

You are invited to attend the following Instrumental Music Evenings:

Wednesday 4 June 4:30pm – Paul Lewis (Drums)

Wednesday 4 June 6:00pm – Paul Lewis (Drums)

Thursday 12 June 6:30 pm Ensemble Music Evening (Meagan Kozlowski)

Wednesday 25 June 4:30pm – Luke Lendrum (Bass Guitar)

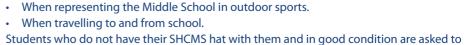
Wednesday 25 June 6:00pm – Neil Christopher (Guitar) and Antonietta Carunana (Voice)

Thursday 26 June 4:30pm - Matt Hellak (Guitar)

Thursday 26 June 6:00pm – Vanessa Saba (Brass and Woodwind)

SHCMS Sun Safe Policy

- Students are required to have their SHCMS hat in good condition and at school at all times.
- Students are required to wear their SHCMS hat and sunscreen from 1 September to 30
 April each year and when the UVR is 3 or above at other times (as per Cancer Council SA guidelines):
 - During recess and lunch breaks.
 - In all Physical Education lessons and outdoor activities.
- Students who do not have their SHCMS hat with them and in good condition are asked to stay in a designated area protected from the sun.



Sports Day, SANTOS Stadium, Mile End Friday 9 May

This is a unique community event which all students are expected to attend.

The first event begins at 9:30am and it is expected that students will be at the Stadium and in their homeroom group by 9:00am for roll call.

Sports Day is due to finish at 2:30pm. After presentations students will sign out with their Homeroom Teacher.



2013 House Winner, Champagnat

Teacher supervision will be provided from 7:30am and continue until 3pm.

SANTOS Stadium Management insists that there is to be **NO ZINC, FACE OR BODY PAINT/ HAIR SPRAY WORN OR BROUGHT IN TO THE STADIUM.**

Students who are catching supervised transport from school are to depart SHCMS at 8:30 am so will need to be at school at least 10 minutes prior to this. Please meet on the oval near the front office. Students will return to school at 3:15pm.

Running spikes allowed for running/jumping events.

Students are able to wear their school sports uniform with hat. However, students are encouraged to wear a plain t-shirt or polo-shirt (no singlets) in their house colour. Coloured socks or plain bandanas may also be worn.

Students and supporters are asked to supply their own food and drinks, however, the stadium-run canteen will be open for purchases throughout the day.

7 Habits of Incredibly Happy People

Vital Staff Health and Wellbeing Newsletter, Issue 10 2014

Summary (with comments) of an article of the same name, written by Gregory Ciotti (http://99u.com/articles/22557/7-habits-of-incredibly-happy-people).

1. Be Busy, Not Rushed

Effective control of the pace of our lives is a cornerstone of wellbeing. We should learn to distinguish between saying yes to the right things and developing the confidence and skill to say no without feeling stressed or guilty. The ideal is to live a productive life at a comfortable pace.

2. Have 5 Close Relationships

Studies have shown that close relationships keep us happier and help us live longer. Ciotti quotes the book *Finding Flow*: ...when someone claims to have 5 or more friends with whom they can discuss important problems, they are 60 percent more likely to say that they are 'very happy'.

3. Don't Tie Your Happiness to External Events

We cannot control everything in our life. We will make mistakes, we will sometimes fail. Others will let us down. We can protect our happiness with an "It is what it is" attitude to life.

4. Exercise

There can be no doubt sensible exercise may help us feel better. It might take a while to notice the benefits but the effort is worth it.

5. Embrace Discomfort for Mastery

Self improvement requires effort. This can be difficult and frustrating. The long term benefits are worth the short term discomfort.

6. Spend More Money on Experiences

Ciotti makes the interesting point that people who spend their money on experiences are happier than those who spend it on physical items.

7. Don't Ignore your Itches

We all have hopes and dreams for our life. Ciotti quotes a hospice nurse who says not being true to their dreams is the most common regret of people who are dying.

This information is not intended to replace the advice of a relevant qualified practitioner. DMD Education Resource Services and Vital Staff Newsletter disclaim any liability for the decisions you make based upon this information.

TRI-SCHOOLS UNIFORM SHOP

Located at the rear of Sacred Heart College Senior School, Scarborough Street, Somerton Park. MasterCard, Visa Card and EFTPOS available. Direct telephone (08) 8350 2586. Second-hand uniforms; Neat, clean, current uniforms are accepted for re-sale during shop hours.

Term 1 Trading Times:

Tues 1:00 – 6:00 pm Wed 8:00am – 12 noon Thurs 1:00 – 6:00 pm

FEDERATION NEWS

Go to http://www.parentfederation. catholic.edu.au and follow the links for the latest edition of 'Federation News'. This is the quarterly newsletter for parents from the Federation of Catholic School Parent Communities. Find out more about:

- > Basic tips to support your child's learning
- > Tips for 'surviving' Year 12
- > Charter for Parents in Catholic Schools SA
- > Preventing adolescent alcohol misuse
- > Welcome package for families joining a Catholic school community
- > Federation's statement on the Royal Commission
- > Update on funding for schooling
- > Latest research on the benefits of parental engagement in children's learning
- > Dare to Parent!
- > Joining our on-line community on Facebook
- "The Transition Tightrope" by Angie Wilcockbook review
- > Positive Partnership Parent/Carer workshops
- > Workshops for Parents offered by the Federation



2016 ENROLMENTS AT SHCMS

All families wishing to enrol their sons in Year 6 & 8 for 2016 must lodge a completed Application for Enrolment Form by 12 May 2014 (including siblings of existing students).

Interviews for students wishing to commence in Years 6 & 8, 2016 will take place in Term 2 this year.

An Application for Enrolment Form is available from your Parish Primary School Office or direct from Sacred Heart College Middle School.

Contact Karen Wilmot, PA to the Head of SHCMS & Registrar, on 8276 7877.



SHCMS Principal's Tours for Term 2 will be conducted on the following dates:

Wednesday 28 May at 9:15am & Thursday 5 June at 4pm

The Principal, Mr Steve Byrne, invites you to join him and Senior Staff on one of our guided tours and witness our commitment to ensuring that school learning experiences are designed to assist boys achieve personal excellence in academic, cultural, spiritual, social and sporting pursuits.

If you would like to join a tour, contact the College's Front Office on 8276 7877 to confirm your booking.













Getting to School on Time

Students are expected to travel directly from home to school and to plan that journey so that they arrive before 8:40 am.

When the bell is sounded for the beginning of homeroom, students are expected to move immediately to their classroom. Students who are late are missing out on a structured start to their day are disadvantaged in terms of their organisation.

The morning homeroom represents an important time for students; a roll call is taken, notices are read out, important information is communicated and students are provided with time to organise themselves in readiness for the morning classes.

Students who arrive late are asked to sign in at the student office before they go to class. Those students who continually arrive late may be asked to make up the time at recess and lunchtime and if punctuality does not improve they may be placed on individual punctuality sign-in forms at the student office and asked to make up lost time after school. It also needs to be noted that lateness appears on your son's term report.

The school asks for your cooperation in ensuring that your son arrives at school before 8:40 am in time for morning homeroom.

















Student Absences and Late Arrivals

If a student is going to be absent from school due to sickness or any other reason or is going to be late, parents/carers are asked to notify the College by phone, through the Absentee Line, or by SMS.

Student Absentee Line: 8275 5907

SMS: 0428 937 348

Students not in attendance at morning roll call must sign the register at the Front Office upon arrival.

Leaving School Premises During School Hours: A note is required for permission to leave the school premises during school hours. This note should be shown to the Homeroom Teacher.

Students must sign out in the register at the Front Office before being collected by a responsible adult.



SHC Centenary Celebration & Fundraiser, Saturday 11 October

To commemorate 100 years since the Marist Brothers located Sacred Heart College at Paringa Hall, the SHC community (led by the SHC Foundation) is planning a major fundraising event. The College plans to memorialise this significant historical milestone with a major refurbishment of the College Science Laboratory estimated to cost around \$500,000. This is a much needed capital project for the College to allow it to provide students with modern and relevant science teaching facilities. Subject to funding, it is hoped the work will commence as early as November 2014.

The SHC Community comprising parents, friends and old collegians, would like to make a major contribution of funds towards that refurbishment. We are therefore planning an evening cocktail function and auction utilising the beautiful rooms at Paringa Hall and the facilities in the De Bourg Performing Arts Centre on Saturday evening, 11 October 2014. We are hoping to have 400 guests (parents, friends and old collegians) at this event with our target to raise \$100,000 to contribute to the science laboratory project.

We are seeking support for the SHC Foundation volunteer base with a group of motivated and interested team of parents, ideally of 2013 Year 9 and Year 10 students to form a management committee to plan and execute this major event. The administration support of the SHC Foundation will be available to help the committee.

So please put 11 October 2014 in your diary and consider volunteering for this committee to make a material difference for your children at SHC.

If you are interested, please register your details with Jane Ping, Foundation & Old Collegians Association at jane.ping@shcs.sa.edu.au

If you would like to donate any item(s) for auction, please contact Jane on 8350 2590, email jane.ping@shcs.sa.edu.au or Robyn Verrall on 0408 542 057 or email robynverrall@bigpond.com



SCHOOL OFFICE HOURS AND DUTY OF CARE

Please note the following in relation to official SHCMS "School Hours" as referenced in our College Handbook.

- Students should not be on the school premises before 8:00 am.
- Supervision is provided in the Marcellin Resource Centre from 8:00 am.
- Supervision in the school grounds is provided from 8:20 am.
- The Marcellin Resource Centre closes at
- Supervision is provided during CEA trainings until 4:30 pm.
- The Finance Office closes at 4:00 pm daily.
- The Front Office is closed at 4:30 pm.

As a College, we cannot provide adequate duty of care/supervision for your son before 8:00 am and after 4:30 pm. It is very important that we adhere to these hours to ensure proper care of your son occurs. If there are extenuating circumstances in terms of picking up/dropping off your son, please phone the school so that alternative arrangements can be organised.

DENTAL CARE FOR YOUR CHILDREN

It is important for children to have strong, healthy teeth and gums. All children (0-17 years) are welcome to attend School Dental Service clinics. Dental treatment is free at School Dental Service clinics if:

- · Family Tax Benefit Part A is paid for your child, or
- Your child is covered by a School Card, Health Care Card or Pensioner Concession Card.

The School Dental Service will bulk-bill under the new Medicare Child Dental Benefits Schedule that starts in 2014. Under this scheme, most children aged between 2-17 years will be eligible to claim up to \$1000 of Dental services over 2 years.

If your child already attends a SA Dental Service clinic, contact us when their next appointment is due. If your child does not already attend one of our clinics, please phone us to make an appointment in 2014.

For more information contact your local clinic. Clinic list found at www.sadental.sa.gov.au

Tuck Shop

Robyn Flowers, Canteen Manager

Monday 5

Gabby Bates Agnieszka Barbaro

Tuesday 6 Sue Bailey

Jennifer O'Connor Wednesday 7 Julie Huttenen

Carolyn Constable **Thursday 8** Pam Billich Krista Maier

Friday 9

Sports Day

Monday 12 Michelle Neos Natalie Paparella

Tuesday 13 Kelly Thompson Neville Brookes

Wednesday 14 Josie Totanti **Bridget Dunkin**

Thursday 15 Maria Skipworth

Cathy Keogh Friday 16 Wendy Bottroff Robyn Moran **Tracey Vinall**

Hours: 10:30 am - 1:30 pm (approximately) Many thanks for your generous offers of help. While it is very important you attend on your rostered days, if because of sickness or some other cause, vou cannot attend I would appreciate you trying to arrange a substitute yourself. However, if

this is not possible, please ring on

8275 5929.















