



Term 1

Issue No. 1

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Mercy, This is the Name of Our God

As we know Pope Francis has declared this year to be the Jubilee Year of Mercy and Marist schools across Australia have adopted the theme MERCY, THIS IS THE NAME OF OUR GOD. Anthony Clarke, Director, Marist Mission and Life formation writes: "The Jubilee Year of Mercy is an invitation to open our hearts to the healing and restoring gift God offers. It is an invitation for our Marist communities to build a culture of mercy, taking up Pope Francis' challenge to make the mercy and tenderness of God visible through our ability to heal wounds and warm hearts. It is an invitation to wash, clean, heal and raise up.



THIS IS THE NAME OF OUR GOD

-POPE FRANCIS

Life and balance is restored. Our desire is to be a visible and permanent memory of the loving and merciful presence of God in the midst of people: living signs of the Father's tenderness." (Water from the Rock, Marist Spirituality, n.137)

We, boarders and staff, have daily opportunities, in our boarding community to be a visible and permanent memory of the loving and merciful presence of God in the midst of people, and one of the great pleasures of living in a Marist community is to witness and be a part of this loving and merciful presence. One example of this is the number of times in the last three weeks returning boarders have welcomed our new boarders.

"You're only ever as happy as your least happy child."

This is a quote from a novel by American author Anne Tyler. It comes from her book *A Spool of Blue Thread*. I became aware of the quote towards the end of last year and it has stayed with me every day since.

As a parent the quote resonates with me. Andrea and I have had some conversations recently where we have recalled the many ups and downs of 30 years of parenting.



Tyler's words have a significant relevance to boarding. In a boarding community of 120 young people while there are daily experiences of good times, joy and success there is always going to be some disappointment and struggle. Even when most boarders are happy and enjoying life there will always be a minority finding life tough at different times, for different reasons. These are the boarders who staff are concerned about, put their energy into and care for. A number of times I have been with supervisors in tears as they have worried about a boarder.



I remember well the anxiety of waiting for my own teenage children to come home at a designated time but that pales into insignificance to the anxiety I have felt when waiting for other people's children, late boarders, to return to the boarding house.

The S.H.C. Boarding community is blessed with the quality of the staff caring for your daughters and sons. In a variety of ways, on a daily basis, they try to make the boarding experience the best possible experience it can be. Sometimes this means saying no. Sometimes it means making mistakes but there is no doubt the care and commitment is there and it is a pleasure in my role to witness that care.

Shane Hennessy, Director of Boarding

Leading Teams

In the second week of term, Steve Lacy from Leading Teams introduced his Leadership course to all of the boarders. It went from 6.30pm to 9.30pm and Steve was able to capture the interest and the imagination of the boarders and staff. He took us through a variety of issues and scenarios and the response of all who were present was overwhelmingly positive.

The group came up with the "trademark" or motto of "United Hearts, through and through" and the boarders also developed their own list of "counter productive behaviours" and "non negotiable behaviours".

Counter Productive Behaviours

- Intimidation
- Inequality
- Exclusion
- Bullying
- Selfish
- Disrespectful
 - to each other (including opposite gender)
 - property
 - staff

Non Negotiable Behaviours

- We will be there for each other at all times
- We will be accepting and caring
- We will be grateful
- We will stand for equality
- We will communicate
- We will be honest whilst recognising sensitivities
- We will be supportive
- We will challenge ourselves and step outside of our comfort zones

Steve Lacy will be returning a number of times during the year to work with the Year 10 and Year 11 boarders.





2015 Results

I am very proud to inform you of the 2015 Year 12 boarding results.

All Year 12 boarders received their SACE Certificates:

- 28% of boarders received an ATAR of 90 or over
- 56% of our eligible boarders received an ATAR over 80, and
- 76% recorded an ATAR over 70

(as a comparison, throughout South Australia, 30% of students received an ATAR over 70).



Congratulations to Stella Goosay from Streaky Bay who is the Dux of the Boarding House for 2015, receiving an outstanding ATAR of 98.5 (as well as a Merit Certificate in Psychology).

Further congratulations to the following boarders who received an ATAR of 90 and above: Charles Lange (Alice Springs), Bridget Roberts (Port Vincent), Emma Hackett (Moonta), Jayden Barrett (Lameroo), Emily Green (via Broken Hill – as well as a Merit Certificate in Research Project B), Paolo Maroma (Roxby Downs) and Timo Ingle (Renmark).

Congratulations also go to Emily Hunter (Naracoorte) on receiving a Merit Certificate in Workplace Practices (Netball), and Kristen Redford (Kalangadoo) on receiving a Merit Certificate in Food & Hospitality. Finally, congratulations to every Year 12 boarder who achieved their best during 2015.

I would like to thank Steve Byrne, the College Leadership team, teaching staff and boarding staff for all of the assistance given to the boarders last year.

Laureate Assembly Wednesday 17 February 2016

2015 Boarders receiving Certificates

Back row:
Emily Green, Charles Lange,
Jayden Barrett, Timo Ingle

Front row:
Shane Hennessy, Paolo Maroma,
Bridget Roberts, Steve Byrne

Absent:
Stella Goosay, Emma Hackett,
Emily Hunter, Kristen Redford





Tyler Kelly, College DUX 2015

It was a privilege to hear Tyler talk at the Laureate Assembly on Wednesday 17 February. We are very honoured to have Tyler as a member of our boarding staff this year as tutor in the boys boarding house. Below is Tyler's speech to the College students, staff and community:

"For those who don't know me, my name is Tyler Kelly and I recently completed year 12 at Sacred Heart. I would firstly like to say how honoured I am to be awarded Dux for 2015, especially considering the high calibre of my peers. I also wish to congratulate the class of 2015 for the amazing results and success experienced as a direct repercussion of their hard work and dedication, whether these be academically, sporting or musically based. There are way too many people who helped me through my time at Sacred Heart to name them all individually, but I would like to specifically thank my family, friends and teachers for putting up with me through my senior schooling years.

This time last year I was sitting right where you are now, anxious to see how the year would pan out, like a lot of you I'm assuming. As the year progressed however, I found that as long as I was willing to put the effort in, things took care of themselves. This led me to the conclusions that a large portion of the nerves I was feeling at the start of the year were self induced, and that I had unknowingly placed a massive amount of stress on myself for no reason, which did more harm than good. Basically what I'm trying to say is that a clear and relaxed mind is ultimately going to achieve more in the long term than a mind that is constantly bogged down by self doubt and anxiety. If you're ever feeling overwhelmed, take a deep breath, have a break from studying and do something you enjoy, and once you've recharged, I think you'll find your work output to be of a much higher quality.

As you've seen today, a huge number of students in my year were able to find academic success in 2015, and I can guarantee you we all didn't go about our business in the same way. Find a routine that works for you and do your best to stick to it, as it will allow you to improve efficiency, which means you'll get your work done quicker, which means you'll have more time to do the things that you enjoy. For instance, I found that doing a little bit of extra homework each night during the week saved me from doing weekend homework for the most part, which I thanked myself for every Sunday morning.

I was lucky enough to have amazing teachers not only in year 12, but in year 10 and 11 too. I actually think teachers can be somewhat underutilised, as many people rock up to lessons and leave and that's about all the contact they have with their teachers, other than the occasional email. A massive tip I would suggest would be to actively seek out your teachers for additional help where required, as the one on one contact can be hugely beneficial. In my experience here, every teacher I've had has been more than willing to give up their down time to offer help to students who are willing to seek it. By this I don't mean that you should slack off in class with the knowledge you can ask for help later, I'm just trying to say that your teachers will be willing to help no matter what, and that's something you should take full advantage of. Despite often feeling like a pest, catching up with teachers outside of lesson time worked wonders for me.

Year 12 will undoubtedly cause a few more headaches than previous schooling years, which is natural. The workload is big, deadlines will come and grades will be released, and it can be overwhelming. Try to remember that by no means is year 12 the be all and end all of who you are as a person and remind yourself that your result will not dictate how the rest of your life will pan out. There are almost always multiple pathways to get into your desired area of work, so if at first you don't succeed, try again. I would hope that you all intend to give year 12 your all, as this will allow you to get the most possible out of it. If however some things, such as grades, fall short of your expectations, try not to beat yourself up about it. Everybody has off days and if you want to succeed bad enough, you'll bounce right back anyway. Sometimes a result that is below what you thought you were capable of isn't all such a bad thing, as it keeps you honest and inspires you to work harder next time.

Without a doubt, the thing I found to be most important during year 12 was balance. It is unhealthy I think to revolve your entire year around school without significant getaways. I feel as though by having a solid balance through the year, I was able to focus more during school. A great source of motivation for me was constantly having things to look forward to, which isn't hard considering how busy year 12 is when it comes to the social side of things. In summary, I'd like to wish the classes of 2016, 17 and 18 the best with their endeavours. Give the year a red hot crack, but don't look at it as the end of the world. Like I said, there's plenty of opportunities to get to where you want to be in life, and all of those opportunities certainly won't identify themselves this year. Believe in yourself and be dedicated to your own cause, as I think that is the first step to being successful.



Tyler Kelly, DUX 2015, and Laureate Assembly Guest Speaker, Lucy Cornes



Remember that your success can only be determined by comparing your achievements to your absolute best effort and not how everyone else around you performs. Be humble in the way you about your business, and try to remember that everyone else around you is going through the same thing.

Finally, make the most out of your time at Sacred Heart, because once you leave I promise you'll miss it. You only get to do year 12 once (hopefully) and you mightn't think it now, but the year will fly by and suddenly it'll be over. Grades are only one area of life here; it's an amazing place to make friends and memories which I am confident you will carry with you throughout your lives, and it would be a shame to miss that opportunity on account of some tests and assignments. It seems silly at just 18 years old to be making comments like these, but at the conclusion of your year 12, I dare say you'll know what I'm talking about.

Thank you and good luck."

2016 – off to a busy start!

Sunday, 31 January:

- Induction Experience for new boarders: Once again the new boarders gathered at the boarding house before the influx of existing boarders. This experience has significantly assisted the new boarders and their families to settle in and to feel at home. Parents of new boarders gathered in the Conference Centre to listen to information provided by Shane Hennessy (Director of Boarding), Steve Byrne (Principal), Sharon Armfield (Health Care Centre nurse), Karen Bailey (Director of Teaching/Learning) and Barb Stephenson (Boarding Office/Registrar).



Monday, 1 February:

- Boarder Parent Association: the Boarder Parent Association meeting was held in the Br Stephen DeBourg Performing Arts Centre for all boarding parents/caregivers. Thank you to Leo & Jenni Redden for chairing the meeting and a big thank you to all those who attended.
- Opening of Year Boarders' Mass: Thank you to Fr. Peter Sheedy for celebrating the opening of the year Mass for the boarding community. Fr. Sheedy is a committed friend of the boarders and it was very appropriate he was able to be with us and commence the year for our boarding community.
- Boarders Family Dinner: As always our dedicated chef Michael Brewster prepared a great meal for our boarding families and it was wonderful to see so many families and friends catching up with one another.





Tuesday, 2 February:

- After the first day of lessons, College Dux Tyler Kelly and Zoe Martini, together with VET student Steve Dawson, who all received extraordinary results, spoke to the Year 12 boarders and gave advice and practical tips on how to survive and succeed the Year 12 experience. All who heard Tyler, Zoe and Steve speak were extremely impressed.
- On the same evening, Assistant Principal Curriculum, Gail Morgan, spoke with Years 7 to 11 boarders about study techniques in the area of Mathematics.



Steve Dawson, Tyler Kelly & Zoe Martini



12.2.16 - Pool Party for Years 7-10 Boarders hosted by Pembroke College



19.2.16 - Fringe outing for Years 10 and 11 girl boarders





2016 SACRED HEART COLLEGE BOARDING SUPERVISORS



Shane Hennessy
Director of Boarding



Jason Dam
Coordinator of Boys



Caitlin Brown
Coordinator of Girls



Lawrie Gherghetta
Supervisor



Harlem Guab
Supervisor



Margie Weller
Supervisor



Caitlin Galpin
Supervisor & Tutor



Stewart Macdonald
Supervisor



Will Kearvell
Supervisor



Lucy Engel
Supervisor



Deborah Tonkin
Supervisor



Thomas Hennessy
Supervisor



Joseph Waugh
Supervisor



Di Barnes
Supervisor



Amy Noll
Supervisor & Tutor



Jonathon Williams
Supervisor & Tutor



Tyler Kelly
Tutor



Lisa Harvey
Supervisor



Joanna Hancock
Supervisor & Tutor



Sr. Liz Tham
Chaplain





BOARDING HOUSE REMINDERS

EXEATS

The Boarding Houses close at 5pm on the day of departure, and will re-open at 4pm on the Sunday (Monday if public holiday). A sausage sizzle will be held on the day of return at 6pm for all boarders – no charge.

We will endeavour to get those boarders requiring transport by plane/bus to the airport/bus terminal on the Friday of exeat.

REACH and TRAVEL/EXEAT FORM

We would appreciate parents completing either a Leave Request on REACH or complete a Travel/Exeat Form for exeats and end of term, and submit to the boarding house no later than the **Tuesday evening** before Exeat/end of Term.

OVERNIGHT LEAVE

For any absence by the boarder requiring an overnight stay away from the boarding house, we ask parents to complete a Leave Request on REACH or complete the Overnight Leave Form giving details of the stay.

If not submitting a Request for Leave by REACH electronically, the Travel/Exeat and Overnight Leave forms can be downloaded/printed from the College's website and emailed as directed below.

www.shc.sa.edu.au - Boarding – Forms

Boys Boarding House – boardingleave-boys@shc.sa.edu.au

Girls Boarding House – boardingleave-girls@shc.sa.edu.au

Term 1, 2016

26 February	Exeat begins at end of classes
28 February	Boarders return from Exeat
4 March	SHC Senior Sports Day
9 March	Year 12 Retreat commences
11 March	Year 12 Retreat concludes
11 March	Optional Exeat begins at end of classes - Boarding House open as normal
14 March	Boarders return from Optional Exeat (<i>Public Holiday – Adelaide Cup</i>)
18/19 March	South East Lucindale Field Days
24 March	Exeat (Easter) begins at end of classes (1.25pm dismissal)
28 March	Boarders return from Exeat
7 April	Year 12 Parent/Teacher Interviews
9 April	Year 12 Formal
11 April	Years 10 & 11 Parent/Teacher Interviews
15 April	Term 1 finishes

Term 2, 2016

1 May	Boarding House open from 4.00pm Boarder Parent Association Meeting 4.30pm
2 May	Term 2 commences
6/7 May	Broken Hill Agfair
20 May (2-4pm)	Optional Parent/Tchr Interviews for <u>Boarding families</u>
20 May	Exeat begins at end of classes
22 May	Boarders return from exeat
10 June	Exeat begins at end of classes
13 June	Boarders return from exeat (<i>Public Holiday – Queens Birthday</i>)
20 June	Year 11 Exams commence
21 June	Year 10 Exams commence
23 June	Year 11 & 10 Exams conclude Semester 1 classes conclude (SHCS)
24 June	Optional Exeat - Pupil Free day (SHCS) – Boarding House open as normal
26 June	Boarders return from Optional Exeat
27 June	Semester 2 classes commence (SHCS)
8 July	Term 2 finishes

BOARDER PARENTS ASSOCIATION

Firstly, welcome to all the new families. I hope that your children have settled in well at the boarding house.

The Boarder Parents Association was established seven years ago. Its main objective is to give parents of students in the boarding house an opportunity to get to know other parents and to feel part of the community at Sacred Heart College. At this stage we have two meetings a year. The next one will be at the commencement of Term 2 (more information regarding this will be emailed later). During these meetings you will hear reports from the Director of Boarding and Principal. We will also discuss any business from the previous meeting and offer parents the opportunity to raise any new business. The meetings are usually about an hour long. For any major concerns, please contact Shane Hennessy direct, but if there are any questions or new ideas please use the meetings as an opportunity for them to be heard. Most importantly we supply drinks and nibbles after the meeting!

We are also hoping to have a Boarders' Parent Weekend to be held again this year. As soon as more details are available we will send out an expression of interest. The date as yet has not been finalised.

If you have any questions please ring me on 0400 072 143 or email redden@rbe.net.au.
Jenni & Leo Redden