

Paringa Newsletter



Volume 40 Term 1 Issue 2 19th February 2014

Dear Parents, Caregivers, Students, Staff and Friends of the College,

Laureate Assembly

Last week the annual Laureate Assembly was held at the College on the day following the Governor's Merit Award Ceremony at Government House. An impressive thirty five students were recipients of these Awards and it was a proud day for all involved.

At the Laureate Assembly a range of awards were presented to our high achieving students. The 'quad' was packed with many families, including grandparents present for the event. Special guests included the Marist Brothers Community with Br Gregory McCrystal presenting awards along with Mr Paul Teisseire, Chair of the College Council. Also in attendance were representatives from the Middle School - Mr Tim Mullin (Head of SHCMS) and Mr David Crouch (who received a special mention from our College Dux) and 2 student leaders.

Our guest speaker was Mrs Jenny Brinkworth, a Sacred Heart mother with close family ties to the College. She is the Director of Catholic Communications SA and Editor of the Southern Cross newspaper. Jenny shared some insights into her life's journey and presented a number of key messages to the students. 'Persistence' resonated strongly as Jenny shared some experiences where her life did not necessarily head in the direction she thought it might but by persisting, being resilient and going sideways she demonstrated that things will generally work out well.

Our College Dux and Proxime Accessits - Jonathon Williams, Loren Orsillo and Riley Calaby were presented to the Assembly. It was a credit to the staff of the College that our highest achieving students represented the strength and breadth of our curriculum. These students achieved highly across Mathematics/Science, English and the Humanities – and well done to Loren on her extraordinary artistic ability!

During his address, Dux Jonathon Williams, presented the students with 5 key points to consider for the year ahead:

- 1. Year 12 is first and foremost an opportunity and you should try to see it as such.
- 2. Find a balance that works for you.
- 3. Work Hard!
- 4. Create good student-teacher relationships and use teachers as your number one resource.
- 5. Eat, sleep, relax, repeat.

Prudent advice indeed!

We congratulate all our students from the Class of 2013 and wish them every blessing in the next phase of their life!

Forthcoming Events:

Term 1 Week 5

Wednesday 26 February Year 12 Retreat Meetings @ 12:45pm

Thursday 27 February Year 12 Seminar Lesson 1

Term 1 Week 6

Tuesday 4 March SSSA Swimming Carnival 6:30 pm to 9:30 pm @ Marion Pool

Wednesday 5 to Friday 7 March Year 12 Retreats

Wednesday 5 March Ash Wednesday & Project Compassion Liturgy @ 12:05 pm

Wednesday 5 March SHCS Paringa Newsletter #3

Saturday 8 to Monday 10 March Boarders Exeat Weekend



Sacred Heart College Futures Steering Committee

The Steering Committee has been finalised to examine the future structures of the College. In December last year, Paul Herrick, Regional Director of Marist Schools Australia (MSA) wrote to the community and stated the following:

This arrangement for next year [2014] also affords us the chance to consult with the entire Sacred Heart community, and with other stakeholders in Catholic education, concerning the best long-term structures for both schools. We will welcome your contribution to that consultation.

The Steering Committee will comprise the Chairs of both school councils - Kathy Sires (SHCMS) and Paul Teisseire (SHCS); two respected professionals in their field - Monica Conway (Assistant Director Catholic Education SA (CESA), a former principal and member of the Brighton Parish Council) and Paul Angley (Business Manager, Cabra Dominican College and formerly Nazareth Catholic College and Cardijn College and CESA strategic planning committees); Tim Mullin (Head of SHCMS); Paul Herrick (MSA) and myself. The committee will be chaired by Peter White (MSA Consultant, Catholic Education Sandhurst Diocese Consultant and former Principal of Notre Dame College Sheparton).

The committee will be meeting early in March and a process of consultation will be developed. As matters unfold you will kept informed via the newsletter. If you have any immediate concerns please don't hesitate to contact me.

Kind Regards,

Steve Byrne
Principal



THE MARIST CORNER

Scripture Reflection

Gospel (Sunday 16 Feb 2014: Sixth Sunday in Ordinary Time):

Mt 5:20-22. 27-28. 33-34. 37

Jesus said to his disciples: I tell you, if your virtue goes no deeper than that of the scribes and Pharisees, you will never get into the kingdom of heaven.

'You have learnt how it was said to our ancestors: You must not kill; and if anyone does kill he must answer for it before the court. But I say this to you: anyone who is angry with his brother will answer for it before the court.

You have learnt how it was said: You must not commit adultery. But I say this to you: if a man looks at a woman lustfully, he has already committed adultery with her in his heart.

'Again, you have learnt how it was said to our ancestors: You must not break your oath, but must fulfil your oaths to the Lord. But I say this to you: do not swear at all. All you need say is "Yes" if you mean yes, "No" if you mean no; anything more than this comes from the evil one.'

* * *

Are you ever driven by anger, rage, or revenge? The first person to hate his brother was Cain. God warned Cain: 'Why are you angry? ..Sin in couching at the door; it's desire is for you, but you must master it (Genesis 4:6-7). Sin doesn't just happen to us; it first grows as a tiny seed in our heart. Unless it is uprooted, by God's grace, it grows like a weed and chokes the vine and all its fruit. Jesus addressed the issue of keeping the commandments with his disciples. The scribes and Pharisees equated righteousness with satisfying the outward observance of the law. Jesus showed them how short they had come. Jesus points to the heart as the seat of desire and choice. Unless evil and forbidden desires are eradicated, the heart will be corrupted. Jesus points to forbidden anger with one's brother. This is a selfish anger that broods and is long-lived, that nurses a grudge and keeps wrath warm, and that refuses to die. Harboring anger in the heart as well as anger in speech and action are equally forbidden by God.

What is the antidote to anger and rage? Mercy, kindness, and forbearance spring from a heart full of love and forgiveness. God has forgiven us and he calls us to extend mercy and forgiveness towards those who cause us grief and harm. In the cross of Jesus we see the supreme example of love and forgiveness and the power of goodness for overcoming evil. Only God's love and grace can set our hearts and minds free from the tyranny of wounded pride and spiteful revenge. Do you harbor any anger towards another person? And are you quick to be reconciled when a rupture has been caused in your relationships? Ask God to set you free and to fill your heart and mind with his love and goodness. Paul the Apostle reminds us that "God's love has been poured into our hearts through the Holy Spirit which has been given to us" (Romans 5:5). Through the grace and help of the Holy Spirit we can overcome malice with good, hatred with kindness, and injury with pardon.

With thanks to Don Schwager (dailyscripture.net) © for the above reflection. The full reflection can be found at http://www.rc.net/wcc/readings/

Faith Formation

The faith formation of the College has had a very busy start to the year. On February 5, we had an Opening Liturgy, which was a very special celebration led by Monsignor Ian Dempsey. We thank him for being with us on that occasion. The Mass was also particularly important as it involved the commissioning of new College Leaders. I am sure those parents and relatives in attendance will attest to the fine way our leaders conducted themselves.

We are most fortunate to have several students who have nominated themselves to be Extraordinary Ministers of the Eucharist. This very important and sacred role enables the students to administer communion to the congregation. We thank them for their willingness to undertake this holy job.

Daniel Head

Director of Marist Mission

Other happenings

The Blue and Gold Remar groups undertook their Embarkation camp on 14-16 February. Stay tuned for the next Newsletter for reports and photos.

The Marist Immersion Team of 2012 gave many hours to help MacKillop house with their annual Valentine's Day fundraiser. Love was certainly in the air as the College resembled a Florist Shop on Valentine's Day morning. The total sum raised will be published at a later date.

Retreat preparation is in full swing, and so we encourage all Year 12 students to look forward to what is certainly one of the highlights of the College calendar. Parents will have received a letter by email and by post and are asked to please return the accompanying forms at their earliest convenience.

Daniel Head

Director of Marist Mission

2013 Mission Immersion Experience

India Immersion Experience 2013

The 2013 Sacred Heart Immersion team's trip to India in November last year, was an experience that will not easily be forgotten. We departed Adelaide with mixed emotions - undoubtedly excited for the trip to come, but anxious to be leaving our families and heading into the unknown. As soon as we arrived in Chennai late at night, we were confronted with a hot, humid climate, hundreds of foreigners staring at us intriguingly and a lingering smell of sewage in the air. Nonetheless we soon arrived at the Marist Brothers house where we were warmly welcomed and lucky for us the not so pleasant smell had gone! We all got along very well with the brothers who were very supportive towards us the whole time, even when there was a hint of rivalry between us when we played them in the epic, annual volleyball match! Teaching in the schools was definitely one of the highlights for us, as we had the chance to play games and talk with kids of all ages who were beyond excited to meet us and have us visit their school. By the end of the trip we had all mastered the art of signing our autographs as all the children insisted we sign their books! We certainly experienced and saw many things that we couldn't possibly imagine ever happening in Adelaide. More specifically one of the funniest days we had was when we were swarmed by a mob of monkeys who somehow managed to steal our bag of biscuits and ate the lot right in front of us!

Overall what really stood out to us was how positive the people we met were. They had very little materialistic things, yet they always seemed happy. This in particular really had an effect on all of us as we learnt how insignificant materialistic things are and how lucky we are to live where we do. We would highly recommend this trip to any current year 10 and 11 students as the memories you make, the experiences you have and the friendships you form will undoubtedly last you the rest of your lives.



by Kayla Lemm & Declan Jamieson Members of the 2013 SHCS India Marist Immersion Team

2013 India Immersion on Cultural Night





Some children in the school at Mangamanuthu

Dharani a six year old girl from one of our homestays

Fiji Immersion Experience 2013

In November and December of last year we were a part of a team of 13 people; 11 students and 2 teachers who made the trip to Fiji as part of the Sacred Heart College Senior Marist Immersion Experience. We spent three weeks working and living abroad with the Marist Brothers in Suva; experiencing life in a different country and an incredibly unique culture.

We spent our time divided between visiting the local Marist schools, St Marcellin Primary and Marist Champagnat Institute, as well as the Marcellin Angels Kindergarten, both interacting with the students and renovating. This meant early mornings, late nights and a lot of hard work. One of our biggest achievements was the renovation of a room at the Kindergarten; a plain room transformed into a bright yellow and green learning environment. Walking around the finished room took our breath away, and essentially highlighted what we as a team were really capable of when we set our minds to it.

Fiji was one giant family, everyone welcomed us with open arms and loving hearts, constantly showering us with smiles, waves, and excited 'Bula!'s' as we walked by. The sense of community was outstandingly strong and evident- it surprised us all, having people stop to welcome us...it wasn't something any of us were used to, or had even expected.

Better still, multiple inspirational families welcomed us into their homes overnight, on 'homestays', giving up the little they had and for some families, the only piece of furniture in their home was a bed and that became ours. Wherever we were, we were instantly made to feel comfortable and right at

home. Though living with so little, the people of Fiji were amongst the happiest I've ever met in my life; always singing, dancing and celebrating. It made it so obvious to us that we are all blessed with so much and all too often take so much for granted.

The trip taught each of us a variety of important life lessons, some as simple as, 'there's always time for those you love' and 'everyone has a story' and supplied us with memories that we will hold close to our hearts for a lifetime. It is an extraordinary feeling knowing that simple actions of kindness make a significant difference in the hearts and lives of others.



By Sara Petruzzella and Justin Tate Members of the 2013 SHCS Fiji Marist Immersion Team

Under the mango tree with our friends at Marist Champagnat Institute



In front of our completed room at Marcellin Angels Kindergarten



After a game of rugby with our friends from Marist Champagnat Institute

Philippines Immersion Experience 2013

Last year we were fortunate enough to be part of the Sacred Heart College Senior Marist Immersion Team who travelled to The Philippines where we stayed with the Marist Brothers, in Marikina Heights, Manila. This experience was one that not only changed our lives but more importantly changed the lives of the people we were able to visit. This was due to the fact that we were able to share our time, gifts and the monetary donations from our Marist community.

The Philippines Immersion trip is about placing yourself in a different culture and learning so much about not only yourself but the world around you, which for so many is harsh and dangerous. For us this was represented by visiting places such as Gawad Kalinga, Magasaysay College in San Narciso and the Mother Rita Centre. During our time in GK and the College we had the opportunity to embrace the Filipino culture by having a homestay experience with a Filipino family for a few nights. Homestay was at times a confronting experience yet very beneficial once we realised just how much the families that we stayed with had given up for us. Being exposed to how they live, has made us realise just how grateful we should be for what we have. One place that stood out for us was Gawad Kalinga (a building project for people who live in squatters settlements) and the following journal entry is an insight into our personal thoughts and feelings....

"Today could only be described as the hardest working day of my life. I have been shovelling rubble, carrying rubble, mixing cement and lifting buckets of cement all whilst saying hello to 10 different kids every time I walk past them. I have sweated in places I have never sweated before and I think I am more exhausted than ever before. But I can't help but think that what I have done will in some way make a small difference to someone else's life." (Callum's Day 4 Journal Entry)

Although the trip was very challenging physically, mentally and emotionally, we always put others before ourselves; even if we were hot, sweaty, tired and wanted to give up and go home, we didn't! Instead we learnt to push through the tough times together as a group, remembering that our main goal was to give everything that we had to others who had close to nothing.

Overall, the trip as a whole was the best experience of our lives, and one that we will never forget, not only because of the impact that we had on others, but more importantly, because of the impact others had on us.

By Claudia Caruso and Callum Brown Members of the 2013 SHCS Philippines Marist Immersion Team



Kate Martin, Claudia Caruso, Joel Baker, Ashleigh Hill, Callum Brown and Amelia Galpin with some of the young Marist Brothers studying at MAPAC



The Philippines 2013 Immersion Team with their homestay siblings (students from the College) at Magasaysay College in San Narciso



The Philippines 2013 Immersion Team interacting with the kids at Gawad Kalinga (GK)

SACE Information Night – Parents of Year 10 Students

It was great to see a number of familiar faces, as well as many new faces, at the SACE Information Night for Parents of Year 10 students last week. The PowerPoint presentation used on the night is now accessible on our school website. Underneath the "Curriculum" menu, select "SACE" and the link is under the SACE heading, next to the "Performance Standards" link: "SACE Parents Information Slideshow".

SACE – Recognising Community Learning

The SACE Board has a policy that allows students to get credit towards their SACE for programs they have completed through community organisations.

Awards from some community organisations have been recognised by the SACE Board as contributing to the SACE. To get the list of awards, corresponding number of SACE credits and Stage (i.e. Stage 1 or Stage 2) available from each organisation, see the "Recognised Programs Table" on the SACE Board website (accessible via this

link): http://www.sace.sa.edu.au/documents/10336/93297/Recognised+Programs+Table.pdf?v=1

Some of the organisations are:

Australian Air Force Cadets

Australian Army Cadets

Australian Music Examinations Board

Duke of Edinburgh's Award

SANFL (umpiring)

The Equestrian Federation of Australia

Guides Australia

Royal Academy of Dance

Royal Life Saving Society

SA Country Fire Service

Scouts Australia

St John Ambulance Australia Cadets

Use the link above to see the full list.

Community Learning is not graded and cannot be used towards the ATAR, but some students may still want recognition of their learning on their SACE Record of Achievement.

Simply bring the original certificate to me to sight, I take a photocopy and the student signs a declaration - it is that easy!

SACE Special Provisions – Year 12 Exams

Many Year 12 students have **externally assessed exams** this year. Some students may be entitled to special provisions for their exams. Any student with a long term illness or impairment (for example: a medical condition, dyslexia, anxiety disorder, learning difficulty etc.) may apply for special provisions for their exams. The special provisions available to students may include supervised rest breaks, extra time or use of a word processor.

Applications for Special Provisions must be made to the SACE Board by March 27th. Please email me (<u>karen.bailey@shcs.sa.edu.au</u>) or students can see me in my office during school hours, should you wish to enquire about eligibility and/or submitting an application.

Mrs Karen Bailey Director of Teaching and Learning

eLEARNING UPDATE #1

It has been an exciting start to 2014 here at Sacred Heart College with the roll out of Chromebooks to all students. This has involved all staff and students becoming familiar with the new world of Google Apps for schools which has, on the whole, been embraced by the majority of the College.

Year 10 Science

The use of Chromebooks has enabled staff to find and utilise many online resources. In Year 10 science students have made use of Scootle to investigate the stopping distance of different types of vehicles in a variety of weather and tyre conditions.



Students have found Chromebooks to be a stimulating way to learn and when asked to comment about Chromebooks students responded with the following:

Michael said: "Having my own Chromebook has proved to have some great benefits. In the past if I needed to use a computer I had to go around the school and find one most of the time. So having the Chromebook has given me easy and quick access to my emails, files and the internet. Furthermore, I have been able to access my Maths and Science Textbooks online meaning that I don't always have to carry extra weight around."

Damon said: "I could name a lot of things that are good about the Chromebooks. The Chromebooks are very good for organising work. Also my work is neater than it would be in a book. Also having the on-line text books instead of

carrying around a big book to science and maths.

I can also send emails to teachers about work and

I can share my work with my teachers so they
can give me feedback."

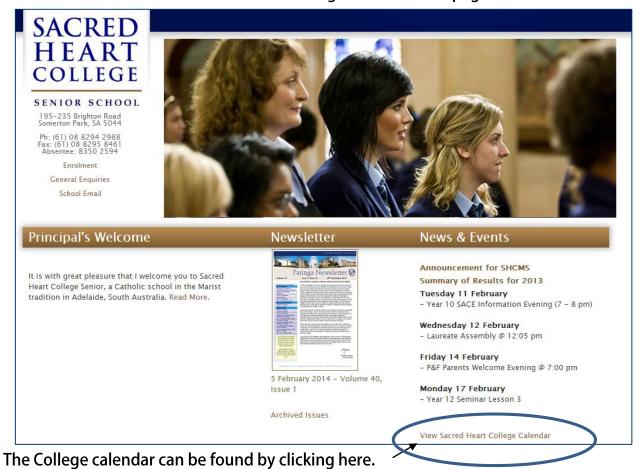
Tahlia said: "I've really enjoyed using the Chrome books as they've helped me in organisation and completion of work as it saves automatically on the drive and can be put into folders. It's quick and easy, especially when using it in home room and only have limited time. I struggle with organisation but since I've been at Sacred Heart, I'm getting on top of school homework and assignments which has really helped me."

Year 10 Religion Studies

Teachers of Year 10 Religion Studies have taken advantage of the new technology offered by Chromebooks. Tasks have been set up to offer students more choice in order to encourage student centred learning. Google Docs allow students to share their work with teachers who can view work easily and give feedback without the use of printing and paper waste. Students are currently enjoying amazing sites like mythicjourneys.org, abc.net.au/dustechoes and yarrahealing.catholic.edu.au. These educational sites use Flash animation which bring creation stories and The Dreamtime to life; making learning more interesting and creative.

College Calendar Update:

The school calendar on the College website is now web based and can be accessed from the College website homepage.



The College calendar will now show all updates as they occur, however the calendar can only be viewed one month at a time. When you click on an individual school event you have the option to add that event to your own personal Google Calendar should you have one.

Tri-Schools Uniform Shop

Located at the rear of Sacred Heart College Senior School, Scarborough Street, Somerton Park. MasterCard, Visa Card and EFTPOS available. Direct telephone: (08) 8350 2586

Second-hand uniforms -Neat, clean, current uniforms are accepted for re-sale during shop hours.

Term One Trading Times
 Mondays 3pm – 5pm
 Tuesdays 1pm – 6pm
 Wednesdays 8am – 12 noon

Thursdays

Mrs Lisa Harvey Tri-Schools Uniform Shop

1pm – 6pm

Important Notice From The Finance Office

(1) DISCOUNT ON TUITION FEES: If you have children attending other catholic schools that feed into Sacred Heart College Senior and have not completed an application for sibling discount for 2014, then discount will not be applied. Do not assume if you have a continuing student from 2013 that discount follows on from the previous year.

Form for completion is available from this website. (Go to Fees/Fee Discount)

Please complete and return to this office for processing as soon as possible.

(2) Families who qualify for **school card** in 2014 and have not yet applied, please contact the Finance office for an application form.

Mrs Chris Burke SHCS Finance Office

SHCS Library Hours

 $\begin{array}{ll} Monday & 8 \ am - 4 \ pm \\ Tuesday & 8 \ am - 5 \ pm \\ Wednesday & 8 \ am - 5 \ pm \\ Thursday & 8 \ am - 5 \ pm \\ Friday & 8 \ am - 4 \ pm \\ \end{array}$

Students are urged to take advantage of these extended hours for all their study needs.

CO-CURRICULAR INFORMATION

Sacred Heart Netball

Netball trials are fast approaching as we prepare for the upcoming Winter season. With matches beginning in Term 2, trials for season 2014 will take place for the remainder of Term 1 to ensure we are ready to go. Please mark the trial dates in your diary to ensure a successful selection process.

YEAR 10 NETBALL – ALL year 10 girls to attend these trials. Girls demonstrating potential to play Open A will be invited to attend the OPEN A trials.

Monday February 24th 1:30-3:00pm

Monday March 3rd 1:30-3:00pm

Thursday March 13th 3:45-5:00pm

OPEN A NETBALL – *ALL girls wishing to be considered for OPEN A as well as invited* YR 10's.

Tuesday March 4th 3:45-5:00pm

Tuesday March 11th 3:45-5:00pm

Monday March 17th 1:30-3:00pm

OPEN B and OPEN C – *ALL girls wishing to play Open B and C.*

Tuesday March 18th 3:45-5:00pm

Monday March 24th 1:30-3:00pm

Monday March 31st 1:30-3:00pm

ALL trials will take place on the Brighton Road netball courts. I look forward to seeing you all out there in the coming weeks.

Mrs Alexandra Penhall Girls Sport Coordinator

Outstanding Sporting Achievements



Congratulations to both Delilah RYAN and Cooper SAYERS (both in Year 10 2014) have been selected in the U17 South Australian Track Team for Cycling. Delilah and Cooper will compete at the National Track Championships in Sydney from the 24th February to the 1st March 2014.



Well-Done and Good Luck later this month
Delilah and Cooper

Outstanding Sporting Achievement



Congratulations to Jonathan STEPHENS (Year 12 2014) who will be competing at the Oceania Road Championships in Toowoomba later this month.

Well-Done and Good Luck Jonathan

COMMUNITY INFORMATION

Cambodia Bike Ride

It's been 10 years since Brigitte Nelson (ex-SHCS student and Marymount teacher) and Harry's (Year 11 2014) mum passed away. So I am organising a bike ride in Cambodia. It takes place during the Term 3 school holidays. Our trip last year raised over \$109,000 it would be great if we could raise another significant amount for Daw House Hospice who do a wonderful job at helping terminally ill patients and their families.

For further information please contact Mark Nelson on mnelson@stmarmem.catholic.edu.au or click on the link below to go onto the website:

http://connectadventurescharitychallenges.com.au/trips/cambodia-bike-adventure/

COMMUNITY INFORMATION

2014 Principal's Tour



2014 Principal's Tour

Tuesday 25 February 9.15am Wednesday 28 May 9.15am Thursday 5 June 4.00pm Thursday 21 August 9.15am Friday 14 November 9.15am

Witness our contemporary learning and teaching programs designed specifically for boys in Years 6 to 9

You are invited to join the Principal and Senior Staff on one of our guided tours and witness our commitment to ensuring that school learning experiences are designed to assist boys achieve personal excellence in academic, cultural, spiritual, social and sporting pursuits.

If you would like to join a tour, contact the College's Front Office to confirm your booking.

28 Percy Avenue, Mitchell Park SA 5043
P 8276 7877 F 8374 1619
E principal@shcms.sa.edu.au
W www.shcms.sa.edu.au

RSVP 8276 7877

Principal's Tour



MONDAY 17th MARCH 2014 9.00 am

The Principal, Mr Steve Byrne, invites you to tour the College. Walk around our extensive grounds and learn about our educational programs, which celebrates a Marist tradition of education that began in 1897.

A Guided Tour will depart from Paringa Hall at 9.10 am and conclude around 10.30 am with morning tea in the Parlour of Paringa Hall.

Sacred Heart College Senior Brighton Road, Somerton Park SA 5044

Telephone: 08 8294 2988 Facsimile: 08 8295 8461

Email: deborah.hearl@shcs.sa.edu.au

A Marist Year 10-12 Coeducational School







SACRED SIGHTS 4WD TOUR 10th year anniversary

28/4/14 - 2/5/14 Don't miss out only four space's left, get in quick!!!!!

This event has been organized primarily as a fund raiser for the Sacred Heart College Foundation with a strong focus on fun, adventure and social interaction with just a touch of competition between those fortunate enough to be taking part in the event. You will meet a few of the numerous outback characters that live in the isolated parts of our great State that most people rarely, if ever, have the opportunity to meet, whilst camping or swagging in some fantastic, isolated locations and enjoying true country hospitality.

Find out each morning where you are going, play darts, golf and other games, and spend each evening with catered food in a bush setting.

Vehicle spot must be booked and paid by end of I	February, with food levy by end of March
□ Please book \$450 food levy per person	Number of entries
Name:	Car Captain:
Address:	
Telephone:	Email:
Please accept my cheque/credit card payment: Mast	ercard/Visa (American Express not accepted)
Credit Card No:	Expiry Date:
Name on Card	Signature:

Sponsorship is also available at a cost of \$1,000. If you are interested in sponsoring the event, please contact Ed Keenan on 0418 824 416 for further details.