

**SALT &  
community life  
competence:  
an asset-based  
approach**

**Community  
response from  
Assam, India**



# Presentation focus

- Constellation : its approach & process  
(with example from Assam, India)
- An important lesson we have learned in  
working with communities

# Assam: 90 villages from 3 districts respond to health of children

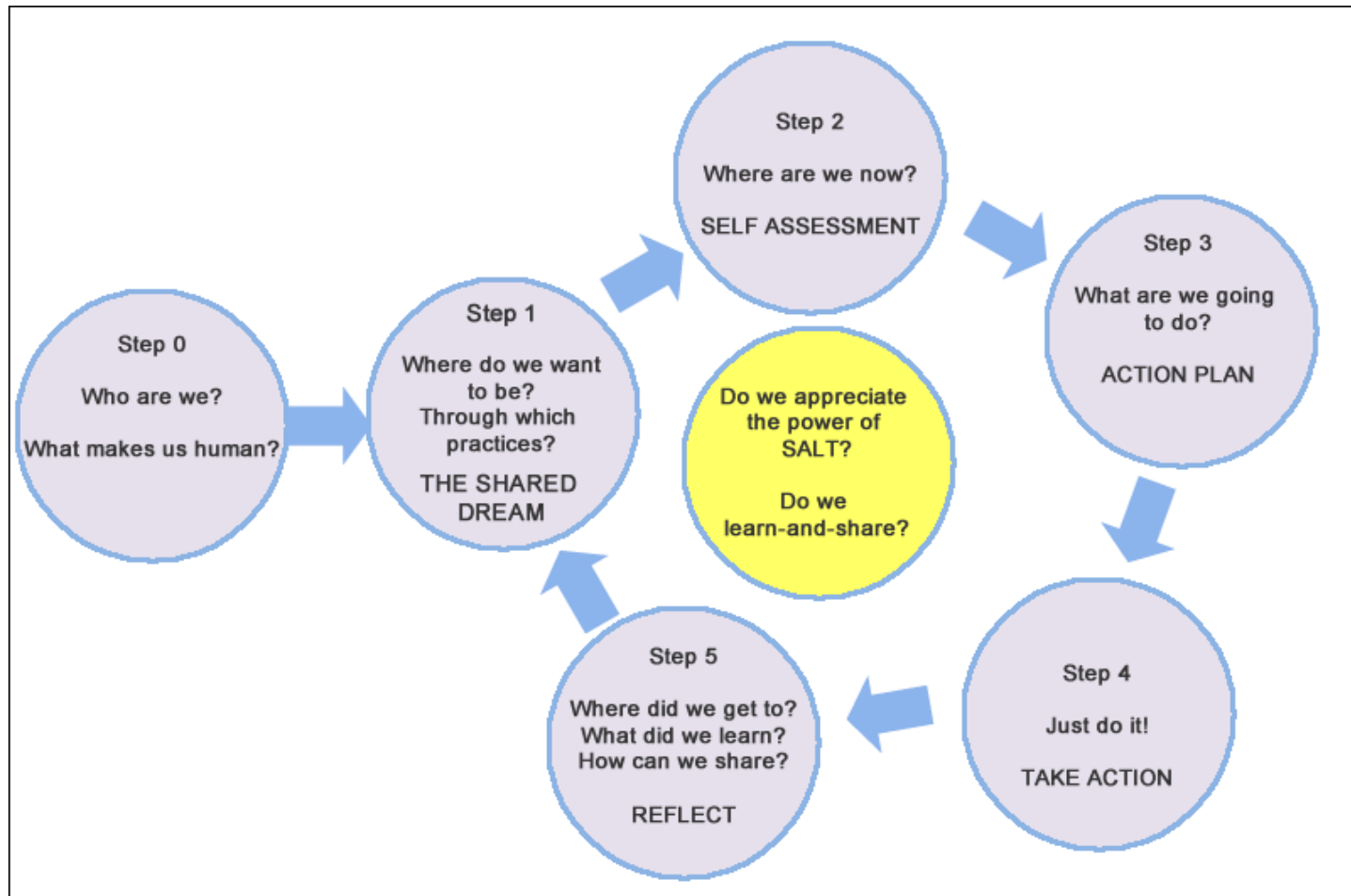


# Constellation

stimulate local community *ownership* & *connect* local responses



# Community life competence process



Key Lesson learned???

# Mindset of the community worker/facilitator

- *Unlearn- to be an expert*
- *Relearn- to be human*
- *Letting go*

# DNA of our approach- SALT



S- Stimulate  
A- Appreciate  
L- Listen, Learn  
T- Transfer,  
team



# Change happens at different levels

## Key is the personal change



Before, I was a radio;  
now, I am a recorder\*



\*Jean Louis Lamboray in 'What makes us human?'

# Appreciation: is not analysing strengths

*"It's not about me appreciating people. It's about me talking to people so that they appreciate their own strengths."*



Phil, UK on the "A" of acronym SALT  
<https://www.youtube.com/watch?v=tedg6SIJxm8>

# Showing 'your' real self

*" SALT creates a safe space to be oneself. it is about showing your vulnerability both as a facilitator and in life. Its ok not to have solutions to all the problems. This is what SALT has taught me as a facilitator."* Sarah Harding, Adelaide

# Response to R Holmes question

- How do we lose control, without losing our values?

# A warm invite to Knowledge Fair in Assam 9<sup>th</sup>-15<sup>th</sup> March 2019

<https://www.youtube.com/watch?v=KkHElf9fi-s&t=95s>

**Lets be in touch!**

**Website** [www.communitylifecompetence.org](http://www.communitylifecompetence.org)

**Online community:** <http://aidscompetence.ning.com>

**Twitter:** [TheConstellati1](#)

**Facebook:** <https://www.facebook.com/The-Constellation-457271687691239/?fref=ts>

**Instagram:** constellationclcp

**Youtube :** The Constellation SALT-CLCP

**Email-** [rituu@communitylifecompetence.org](mailto:rituu@communitylifecompetence.org)