

Expect the unexpected



ANZSCoSASM2023

Hilton Hotel, Adelaide, SA

22 - 24 November 2023

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anzscos
Australian & New Zealand Spinal Cord Society



Scientific meeting program

DAY 1 | Wednesday, 22 November

08:30 - 18:00	Registration desk open	Gallery, L1
10:00 - 12:00	<p style="text-align: center;">SPECIALTY SPECIFIC MEETINGS</p> <p>Medical Chair: Ruth Marshall Nursing Chair: Helen Kraft Physiotherapy / Exercise physiology Chair: Chris Bell Occupational therapy Chair: Ashleigh Horsell Nursing Chair: Kate Desneves Social work</p>	Ballroom AB Ballroom C Suite 3 Balcony 1 & 2 Balcony 3 Balcony 4
12:00 - 13:00	Welcome lunch	Gallery, L1
13:00 - 13:30	<p>Official opening Kerri Ireland Welcome to Country Senior Kaurna Man, Mickey Kumatpi O'Brien</p>	Ballroom AB
13:30 - 14:30	<p style="text-align: center;">PLENARY SESSION 1</p> <p>Chair: Kerri Ireland KEYNOTE TALK: How perceived adversity is driving social change Duane Kale</p>	Ballroom AB
14:30 - 15:30	<p style="text-align: center;">PLENARY SESSION 2</p> <p>Chair: Helen Kraft Getting older: Does it make a difference when you have a spinal cord injury? Ruth Marshall, Peter New, Howard Flavell & Laura Goodwins</p>	Ballroom AB
15:30 - 16:00	Afternoon tea	Gallery, L1
16:00 - 17:30	<p style="text-align: center;">CONCURRENT WORKSHOPS</p> <p>Workshop 1 Chair: Ruth Marshall Tackling hidden disability: It's everyone's business James Middleton, Tony Jones, Ruth Marshall, Tim Geraghty, Annette Kifley</p> <p>Workshop 2 Chair: Helen Kraft Towards a consistent approach to data collection and reporting Kamal Adarkar, Brooke Wadsworth & Obayd Marial A participatory workshop bringing people together involved in collecting data and using data to build services to meet service and patient need.</p>	Ballroom AB Ballroom C
17:30 - 19:00	Welcome reception	Gallery, L1

DAY 2 | Thursday, 23 November

07:00 - 17:00	Registration desk open	Gallery, L1
07:00 - 08:15	<p style="text-align: center;">Industry sponsored breakfast NeuroMuscular Orthotics</p> <p>Utilising advanced orthotic technology to facilitate function for individuals who have a spinal cord injury The rapid development of lower limb orthotic joints and microprocessor technology has enabled improved knee and hip stability when standing and walking in clients with a neurological disorder. This workshop will showcase how this technology has been utilised in clients with a spinal cord injury and how the therapists have facilitated gait re-education and training with the technology.</p>	Ballroom C



DAY 2 continued... | Thursday, 23 November

08:30 - 10:00	PLENARY SESSION 3		Ballroom AB
	<i>Chair: Chris Bell</i>		
	08:30 - 09:15	Understanding the lived experience of spinal cord injury <i>James Middleton</i>	
	09:15 - 10:00	My barn having burnt down, I can now see the moon <i>Dinesh Palipana</i>	
10:00 - 10:30	Morning tea		Gallery, L1
10:30 - 12:00	PLENARY SESSION 4		Ballroom AB
	<i>Chair: Ruth Marshall</i>		
	10:30 - 11:15	Reflections on being a lived-experience researcher <i>Johnny Bourke</i>	
	11:15 - 12:00	Lessons learnt in SCI in Disaster Settings <i>Fary Khan</i>	
12:00 - 13:00	CONCURRENT SESSIONS		
	Abstract presentations 1 <i>Chair: Ashleigh Horsell</i>		Ballroom AB
	12:00 - 12:15	The early and intensive motor training trial for people with spinal cord injuries (the SCI-MT Trial): what is the intervention? <i>Marsha Ben</i>	
	12:15 - 12:30	The smallest worthwhile effect of motor training on strength for people with spinal cord injury: Using the benefit-harm trade-off method <i>Keira Tranter</i>	
	12:30 - 12:45	Predicting problems before they arise: Timely occupational therapy assessment and management of upper limb spasticity in newly acquired tetraplegia <i>Rachel Assetta</i>	
	12:45 - 13:00	Evaluating the efficacy of peripheral nerve stimulation via a novel graft-antenna to improve outcomes following traumatic spinal cord injury <i>Ryan Dorrian</i>	
	Abstract presentations 2 <i>Chair: Helen Kraft</i>		Ballroom C
	12:00 - 12:15	Nutritional intakes of people with spinal cord injury and pressure injuries in hospital: Secondary analysis of a randomised controlled trial <i>Amy Nevin</i>	
	12:15 - 12:30	Determinants of respiratory function during inpatient rehabilitation after spinal cord injury <i>David Berlowitz</i>	
	12:30 - 12:45	'A colostomy... it's a no brainer' <i>Rita Cusmiani & Stephanie Henzlik</i>	
	12:45 - 13:00	Breaking down barriers to accessing bowel care in non-specialist spinal injury units and the community <i>Yvette Mair & Rita Cusmiani</i>	
13:00 - 14:30	Lunch & Poster Viewing Session		Gallery, L1
13:30 - 14:30	ANZSCoS AGM		Ballroom AB



14:30 - 15:30	CONCURRENT SESSIONS	
	Abstract presentations 3 Chair: Chris Bell	Ballroom AB
14:30 - 14:40	Massive Open Online Courses (MOOC) for physiotherapists learning about spinal cord injuries: Are they effective? Lisa Harvey	
14:40 - 14:50	Five-year follow up for nerve transfer surgery following cervical spinal cord injury Jodie Hahn	
14:50 - 15:00	Electrical stimulation combined with strength training to increase the strength of weak muscles in people with recent SCI: A RCT Lydia Chen	
15:00 - 15:10	Partnering for success: Co-facilitation of therapy by allied health clinicians and peer coaches in the spinal cord injury rehabilitation setting Alyse Lennox & Salvatore Dema	
15:10 - 15:20	Prevalence of central sleep apnoea in people with tetraplegic spinal cord injury: A retrospective analysis of research and clinical data Marnie Graco	
15:20 - 15:30	Prevalence and effect of fatigue and lack of vitality in Australians with spinal cord injury Annette Kifley	
	Abstract presentations 4 Chair: Kerri Ireland	Ballroom C
14:30 - 14:40	Sargood on Collaroy's pilot internship program to provide work experience to people living with spinal cord injury Alex Richter	
14:40 - 14:50	'Suffering or a superhero' – representation, creation, and impact of spinal cord injury in Australian news media Leanne Rees	
14:50 - 15:00	Value-based systems approach of care for people with a spinal cord injury in NSW supported by discrete-event Dynamic Simulation Modelling Komal Adarkar	
15:00 - 15:10	Playing your part: Immersive communication training skills training to enable meaningful conversations with people living with a spinal cord injury Denise Goodwin	
15:10 - 15:20	Using a S.M.I.L.E. to improve clinicians' knowledge and confidence in managing Autonomic Dysreflexia in the community setting Yvette Mair	
15:20 - 15:30	Maintaining hope in paediatric spinal cord injury - A case study Kate Walley	
15:30 - 16:00	Afternoon tea	Gallery, L1
16:00 - 16:15	Chair: Kerri Ireland Travelling Fellowship presentation Marnie Greco	Ballroom AB
16:15 - 17:30	Panel Q&A: You can't ask that! Panellists: Chantelle Otten, Duane Kale, Dinesh Palipana, Johnny Burke & Lukas Tsakalos	Ballroom AB
19:00 - 23:30	CONFERENCE DINNER	Ballroom AB

DAY 3 | Friday, 24 November

08:30 - 16:30	Registration desk open	Gallery, L1
09:00 - 10:00	PLENARY SESSION 5 <i>Chair: Ashleigh Horsell</i> Sex and disability <i>Chantelle Otten</i>	Ballroom AB
10:00 - 10:30	Community supports - Navigating a rapidly changing environment <i>Peter Stewart, PQSA</i>	Ballroom AB
10:30 - 11:00	Morning tea	Gallery, L1
11:00 - 11:45	PLENARY SESSION 6 <i>Chair: Chris Bell</i> What we can learn by viewing pain in 4D: The opportunities of a fully integrated biopsychosocial system <i>Mark Hutchinson</i>	Ballroom A
11:45 - 12:45	CONCURRENT SESSIONS Abstract presentations 5 <i>Chair: Helen Kraft</i>	Ballroom AB
11:45 - 11:55	Delayed nerve transfer surgery for upper limb reanimation in tetraplegia – a retrospective case series <i>Jodie Hahn</i>	
11:55 - 12:05	Characteristics of physical activity in people with spinal cord injury – A large Australian population-based community sample <i>Paul Watson</i>	
12:05 - 12:15	Providing a “QuickStart” to specialist spinal cord injury (SCI) rehabilitation <i>Claire Panagoda</i>	
12:15 - 12:25	A new model to evaluate concomitant traumatic brain injury and its role in developing neuropathic pain following spinal cord injury <i>Kesiah Skein</i>	
12:25 - 12:35	What to expect from the convergence of functional outcomes data and lived experience of upper extremity elective surgery for tetraplegia <i>James Middleton</i>	
12:35 - 12:45	Negative Pressure Therapy - an innovative device in the management of chronic wounds. Expect the unexpected! <i>Louise Kelly</i>	
	Abstract presentations 6 <i>Chair: Kerri Ireland</i>	Ballroom C
11:45 - 11:55	Towards a sex-positive view of sexuality post spinal cord injury: A qualitative metasynthesis <i>Marita Heck & Roxanna Nasser Pebdani</i>	
11:55 - 12:05	Perspectives of people with lived experience of spinal cord injury on the support received for sexuality <i>Camilla Guegan</i>	
12:05 - 12:15	Developing targeted staff education by understanding disability awareness at Austin Health – a major tertiary hospital in Melbourne, Victoria, Australia <i>Gillean Hilton</i>	
12:15 - 12:25	‘Skills for Independence’ courses for people with spinal cord injury: Exploring change experienced by participants <i>Sia Horrobin & Gillean Hilton</i>	
	<i>Continued over...</i>	



11:45 - 12:45	CONCURRENT SESSIONS... continued	Ballroom C
	Abstract presentations 6 <i>continued...</i>	
12:25 - 12:35	Lessons learned from establishing nationwide Peer and Whanau Support in NZ <i>Andrew Hall</i>	
12:35 - 12:45	The quote “expect the unexpected” by Oscar Wilde is a reminder that life is full of surprises <i>Wendy Fraser & Graham O’Neil</i>	
12:45 - 13:45	Lunch & Poster Viewing Session	Gallery, L1
13:45 - 14:30	PLENARY SESSION 7	Ballroom AB
	<i>Chair: Chris Bell</i> Australian and New Zealand clinical practice guidelines for physiotherapy management of people with SCI <i>Joanne Glinsky</i>	
14:30 - 16:00	CONCURRENT WORKSHOPS	
	Workshop 3 <i>Chair: Helen Kraft</i> What does a Director of Staff Wellbeing actually do? <i>Maura Kenny, Director, Staff Wellbeing</i>	Ballroom C
	Workshop 4 <i>Chair: Kerri Ireland</i> Sport, exercise and recreation	Ballroom AB
	Disability access in South Australia’s national parks <i>Yvie Eglinton, Department for Environment & Water</i>	
	Glenelg Beach - the journey of creating ongoing beach access <i>Brendan Kelly, Manager Community Wellbeing City of Holdfast Bay & Lisa Feder, PQSA Director of Lifestyle Support</i>	
	Rehab to sport <i>Ross Gray, Enable Fitness Centre</i>	
	Paragolfer - Stand up and play <i>Scott Crowley, PQSA</i>	
16:00 - 16:30	Meeting close	Ballroom AB

Notes
