

# AUSTSWIM SOAK IT UP 18



**EARLY  
BIRD  
DISCOUNTS  
APPLY!**

## STREAM 2018 METROPOLITAN VICTORIAN AQUATIC CONFERENCE & AQUASUMMIT

**SUNDAY 20 MAY 2018**

Methodist Ladies' College, 207 Barkers Road, Kew

**PLUS**

- 2018 Victorian AUSTSWIM Awards Presentation 01308FA



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Register online today! [austswim.com.au](http://austswim.com.au) • [vic@austswim.com.au](mailto:vic@austswim.com.au) • 1300 885 666

## CONFERENCE PACKAGE

The package offers one chosen session from each time slot on Sunday 20 May 2018, plus:

- Conference session notes – available via AUSTSWIM’s e-learning centre
- AUSTSWIM Conference Pack
- Morning tea, lunch and afternoon tea
- Certificate of Attendance
- 10 professional development hours towards your AUSTSWIM Licence Renewal
- 5 CEC’s

## FEES AND CHARGES

Register early to take advantage of great savings:

**Early Bird Fee:** \$155.00 - Payment received prior to 28 February 2018

**Standard Fee:** \$170.00 - Payment received from 1 March to 30 April 2018

**Rush Fee:** \$185.00 - Payment received from 1 May to 16 May 2018

AUSTSWIM Recognised Swim Centre discounts apply until 30 April 2018 - please refer to the registration form for more details.

 This symbol indicates that this session will incorporate a water component and delegates will need to bring appropriate swimming gear.

 This symbol indicates that all of these sessions incorporate presenters specialising in the WETS AquaSummit.

## PROGRAM

### SUNDAY 20 MAY 2018

#### REGISTRATION

8:30AM – 9:00AM

#### OPENING ADDRESS AND KEY NOTE

9:00AM – 10:00AM

**David Buttifant**

#### 2018 VICTORIAN AUSTSWIM AWARDS PRESENTATION

10:00AM – 10:45AM

#### MORNING TEA

10:45AM – 11:15AM

#### → SESSION 1

11:15AM – 12:05PM

##### LEVERAGING THE POWER OF SOCIAL MEDIA

**Jaime Nosworthy,  
Tiger Pistol**

The digital landscape is continually evolving; what was new and innovative yesterday, has been replaced with something newer. This presents a number of challenges for businesses who are leveraging platforms such as Facebook and Google to build their businesses. This session will provide you insight as to where the platforms are evolving to, and how you can leverage them to deliver meaningful business outcomes.

##### CREATING BETTER PROGRAMS

**Simon Rodder,  
Special Olympics**

Special Olympics Australia is part of a global sporting community for people with an intellectual disability. Join this session to hear Simon share his knowledge and tips to create better programs for your access and inclusion students that will keep them swimming.

##### FROM LITTLE TO BIG

**Steph Laidlaw,  
Just Swimming**

The significant developmental differences between one year or more in young children within a class can pose daily teaching challenges. Steph will share her knowledge, understanding and solutions ensuring you leave with teaching methods and innovative programming ideas that will help the little kid transition into the big kid class.

##### AQUA BALANCE



**Stacey Aldous,  
WETS Presenter**

This workshop explores the essence of “Aqua Balance” by blending strength, core and stability work. This is an active land-based session where Stacey will provide you with a number of tracks that you will learn the choreography for and then workshop the best ways to deliver to your classes.

## → SESSION 2

12:15PM – 1:05PM

### THE MISSING LINK

**Michelle Young,  
Belgravia Leisure**

How many leads and enquiries are you missing each year, month, week or even daily. Some of the people wanting to find out about your program are falling through the cracks into the deep dark abysses of miscommunication where they will never be seen again by your Centre - but the Centres around you are gaining from this. How do you make the changes required to ensure potential students are converted to swim school enrolments?

### REDUCING THE RISK - INCREASING CALD ENROLMENTS

**Blair Morton,  
Life Saving Victoria**

Life Saving Victoria's Multicultural Services team have engaged with and given opportunities and education to numerous CALD communities for over 10 years. Several stories will be told through case studies that will explain the benefits to a centre, Council and/or individual teacher. This session will help you understand the benefits of CALD role models in your centre, raise the swimming and water safety profile within CALD communities and ultimately reduce the vulnerability of CALD communities in aquatic environments while gaining some tips on attracting funding support for your much needed training and program opportunities.

### ONE IN ALL IN

**Maria Burn,  
AUSTSWIM Presenter**

When you think inclusion, take a step back and re-evaluate how you're currently doing things. Maria will offer knowledge and skills to ensure you as an AUSTSWIM teacher are inclusive to everyone, providing all students with appropriate support to enable them to fully take part and keep your class learning.

### SAFE AND STRONG



**Heather Howlett,  
Secondary PE teacher  
and AUSTSWIM Aqua  
Instructor**

Discover how the aquatic environment can continue to be used as a teaching setting for secondary students. Continue water education for youth focusing on water safety, fitness and encouraging continued involvement in physical activity. In this interactive land-based session Heather will lead you through contemporary snapshots of her Aqua Exercise and Physical Education classes using different pool space, music and aquatic equipment suitable for this special population group.

## LUNCH

1:15PM – 1:45PM

## → SESSION 3

1:50PM – 2:50PM

### BEING THE LEADER YOU ARE

**Nicole Webster,  
Just Swimming**

Pool deck challenges, conflict, supervising, team building – it takes all types, insight, training and practice. Tap into some practical tips and techniques that will increase your effectiveness as both a team player and a leader in your busy swim school.

### ASSESSING COMPETENCIES, MAKING JUDGEMENTS AND SUPPORTING LEARNING

**Dawn Penney,  
Edith Cowan University**

AUSTSWIM Presenters, Assessors and Teachers are all challenged to assess competencies. In this session we will look at what 'quality assessment' involves, how assessment of competencies can be embedded within a supportive and inclusive teaching and learning process, and explore the process of making (sometimes difficult) judgements.

### WEAVING WATER SAFETY



**Neesha Bateson,  
AUSTSWIM Presenter**

Children and adults alike cannot truly develop their knowledge, skill and understanding of water and themselves within it without us. We weave water safety words and actions into almost a practices every time every lesson.

Hop in, get wet and have fun in this show case lesson. You'll be glad you did.

### AQUA THE INDIVIDUAL WAY



**AUSTSWIM WETS  
Instructors**

Join a team of aqua professionals as they share individual skills and creativity for the mainstream population group. The different presenter styles, personalities and concepts complement each other in this fun and varied aqua fitness session.

## → SESSION 4

3:00PM – 3:50PM

### WHAT MAKES US GROW

Carol Crofts, Maribyrnong Aquatic Centre, 2017 AUSTSWIM Victoria Swim Centre of the Year

The desire to develop quality teachers and at the same time, good people, is at the core of MAC. Unashamedly expectations are high, teachers are given the tools to grow and excel. People investing is pivotal to the success of MAC, make it your story too!

### SO DO THE SWIMMING AND WATER SAFETY SKILLS WE TEACH IN THE POOL TRANSFER TO OPEN WATER?

Janelle Falkingham, YMCA

YMCA Victoria, partnered by Life Saving Victoria and Federation University conducted a research project with Victorian School Children to test how skills taught in swimming pools transfer to beach and river environments. Hear about the evaluation and consider what we can do as an industry to bring all these important elements together.

### MIRROR MIRROR WHAT DO YOU SEE?



Julia Wood, Peninsula Leisure

We have powers of observation but sometimes whilst we look, we don't see. Faults in swimming strokes and water safety skills are before us but do we understand and have enough knowledge to offer effective corrections and enhance progression? Come along to discover a tool that will give you great results no matter to which water safety skill or swimming stroke it is applied.

### INTO THE DEEP



Stacey Aldous, WETS Presenter

Join 2016 National AUSTSWIM WETS Aqua Instructor of the Year in a high energy, deep water session. This masterclass will have a little bit of everything; some deep water choreography, some high intensity interval training, some equipment work and lots of fun activities.

## AFTERNOON TEA

3:50PM – 4:10PM

## → SESSION 5

4:10PM – 5:00PM

### ASSESSING AND PROGRESSING: A PRACTICAL APPROACH TO MANAGING INDIVIDUAL AND TEAM PERFORMANCE

Josie Pennicott, Yarra Leisure

This role-relevant, practical and process based approach to assessing Teachers of Swimming and Water Safety performance in a large team environment uses meaningful strategies to maximise their continued development. The process as implemented at Yarra Leisure, is supported by some tried and tested ideas on how to create the foundation of an open, safe and supportive environment where individuals want to be better and they want their teammates to succeed too.

### SCHOOLS AND MORE SCHOOLS

Paula Smith, Aligned Leisure Carol Crofts, Maribyrnong Aquatic Centre

Administrative systems, reporting, programming and school group specific teacher training are some of the elements that may offer your swim centre the missing edge to ongoing success. Carol and Paula work in different communities and Centre structures yet they're their combined knowledge and understanding blends well for an engaging session.

### BACK TO FREE



Phil Clark, MLC Aquatic

Backstroke and freestyle are common and typical strokes, yet complex and technical once you drill down into the mechanics. Hop in to experience Phil's drills and practices to enhance your understanding and teaching.

### MARKETING TO THE MILLENNIALS



Carleigh Yeomans, Aligned Leisure

When it comes to group fitness, aqua aerobics still has the stigma, for many, of being a place where old ladies with a blue rinse bob around on a noodle. It's time to bust this stigma! Carleigh will show you how to incorporate millennial marketing principles into your classes; specifically focusing on - music, tabata, pyramid training and motivation. It's time to attract some new clientele to your classes!

# STREAM 2018 METROPOLITAN VICTORIAN AQUATIC CONFERENCE & AQUASUMMIT

Please complete all sections of this form and post with payment to AUSTSWIM

→ VIC Business Centre, PO Box 466 Ringwood VIC 3134 • Fax (03) 8456 6749 • Email vic@austswim.com.au

For enquiries please call 1300 885 666 or email vic@austswim.com.au **REGISTRATIONS CLOSE WEDNESDAY 16 MAY 2018**



## PERSONAL DETAILS (PLEASE PRINT)

First Name \_\_\_\_\_ Surname \_\_\_\_\_

Address \_\_\_\_\_ Suburb \_\_\_\_\_ State \_\_\_\_\_ PC \_\_\_\_\_

Tel (H) \_\_\_\_\_ Tel (W) \_\_\_\_\_ Mobile \_\_\_\_\_

Email \_\_\_\_\_ AUSTSWIM No. \_\_\_\_\_

Special Dietary Requirements? Yes  No  (Please Specify) \_\_\_\_\_

Medical Conditions Yes  No  (Please Specify) \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Organisation/Employer \_\_\_\_\_ Position \_\_\_\_\_

## SESSION PREFERENCES

Please view all session descriptions in this brochure and **select your first, second, third and fourth preferences for each timeslot** by placing a 1 in the desired box as your first preference, a 2 as your second preference etc. Maximum numbers have been set for each session. If your first preference is full, you will automatically be placed in your second or third preference. Register early to avoid disappointment.

AUSTSWIM advises that the program can be subject to change without notice.

<b>SESSION 1</b> <b>11:15AM-12:05PM</b> <input type="checkbox"/> Leveraging the Power of Social Media <input type="checkbox"/> Creating Better Programs <input type="checkbox"/> From Little to Big <input type="checkbox"/> Aqua Balance	<b>SESSION 2</b> <b>12:15PM-1:05PM</b> <input type="checkbox"/> The Missing Link <input type="checkbox"/> Reducing the Risk - Increasing CALD Enrolments <input type="checkbox"/> One In All In <input type="checkbox"/> Safe and Strong	<b>SESSION 3</b> <b>1:45PM-2:50PM</b> <input type="checkbox"/> Being the Leader You Are <input type="checkbox"/> Assessing Competencies, Making Judgements and Supporting Learning <input type="checkbox"/> Weaving Water Safety <input type="checkbox"/> Aqua the Individual Way	<b>SESSION 4</b> <b>3:00PM-3:50PM</b> <input type="checkbox"/> What Makes Us Grow <input type="checkbox"/> Skills we Teach in the Pool Transfer to the Open Water? <input type="checkbox"/> Mirror Mirror What Do You See? <input type="checkbox"/> Into The Deep	<b>SESSION 5</b> <b>4:10PM-5:00PM</b> <input type="checkbox"/> Assessing and Progressing <input type="checkbox"/> Schools and More Schools <input type="checkbox"/> Back to Free <input type="checkbox"/> Marketing to the Millennials
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PACKAGE SELECTION	PRICE	PLEASE TICK
Early Bird Registration - Payment received prior to 28 February 2018	\$155.00	
Standard Registration - Payment received from 1 March - 30 April 2018	\$170.00	
Rush Fee Registration - Payment received from 1 May - 16 May 2018	\$185.00	
<b>AUSTSWIM RECOGNISED SWIM CENTRE REGISTRATION</b>		
Conference Registration - Applies only to individuals employed by an AUSTSWIM Recognised Swim Centre - not to be used in conjunction with any other offer. Registrations must be received prior to 30 April 2018 to receive eligible discount price. Not one of over 600 AUSTSWIM Registered Swim Centre?		
<input type="checkbox"/> Tick here to have an AUSTSWIM Team Member contact you to discuss Recognised Swim Centre registration prior to processing your Conference Registration.		
Gold Recognised Swim Centre - Complimentary (x1)	Free	
Silver Recognised Swim Centre - 50% off (x1)	\$85.00	
Bronze Recognised Swim Centre - 25% off (x1)	\$127.50	
<b>ADMINISTRATION FEE</b> (NOTE: no fee for online registrations completed via austswim.com.au) AUSTSWIM Recognised Swim Centre Discounted Registrations exempt from Administration fee.	\$3.00	
<b>TOTAL PAYABLE</b>	<b>\$</b>	

## PAYMENT DETAILS

**BY CHEQUE**  
Enclosed is a cheque for AUS \$ \_\_\_\_\_ made payable to AUSTSWIM Ltd (ABN 72 515 751 227)

**BY PURCHASE ORDER** (Businesses only. Payment within 14 days of invoice date)  
Enclosed is an approved purchase order for the amount of AUS \$ \_\_\_\_\_

**BY CREDIT CARD**  
Please debit my Visa / Mastercard for the amount of AUS \$ \_\_\_\_\_

Card Number \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Exp \_\_\_\_ / \_\_\_\_ CCV \_\_\_\_\_

Cardholder's Name (please print) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

## TERMS & CONDITIONS

Due to accounting and administration costs, the following policy will be strictly adhered to: Applications for refund must be given in writing and received at the AUSTSWIM - VIC Business Centre no later than Friday 11 May 2018. Delegates who do not attend will be provided a refund if a medical certificate is provided. AUSTSWIM - VIC Business Centre must be provided with a medical certificate in writing prior to Monday 28 May 2018. All refunds will incur a 25% administration charge. The registration is non-transferable and may not be transferred to other AUSTSWIM products or services. All registrations will receive a confirmation email and tax invoice within seven days of receipt.

I DECLARE that the information included in this Registration form is true and correct and I ACKNOWLEDGE or am AWARE and ACCEPT: The terms and conditions of this registration outlined by AUSTSWIM at austswim.com.au. That photographs and electronic images may be taken of you by AUSTSWIM during your attendance and participation at the conference. Such photographs and electronic images are owned by AUSTSWIM and may be used by AUSTSWIM for promotional or other purposes without consent being obtained. I must advise AUSTSWIM in writing by Friday 12 May 2017 if I do not consent to the photographs and electronic images being used for such purposes. Conference sessions cannot be videoed or recorded.

Signature \_\_\_\_\_ Date \_\_\_\_\_