

AUSTSWIM SOAK IT UP 18



**2018 QUEENSLAND REGIONAL
AQUATIC CONFERENCE**

SUNDAY 23 SEPTEMBER 2018

Frenchville Sports Club
105 Clifton Street
North Rockhampton QLD 4701

**EARLY
BIRD
DISCOUNTS
APPLY!**



Proudly supported by



Australian Government



austswim.com.au • qld@austswim.com.au • 1300 885 666 or 07 3245 3595

CONFERENCE PACKAGE

The package offers one chosen session from each time slot on Sunday 23 September 2018. Value added extras include:

- Online access to all conference session notes
- AUSTSWIM delegate bag
- Morning tea, lunch and afternoon tea
- Certificate of attendance
- 10 professional development hours towards AUSTSWIM Licence renewal

PROGRAM

SUNDAY 23 SEPTEMBER 2018

 This symbol indicates that this session will incorporate a water component and delegates will need to bring appropriate swimming gear.

REGISTRATION

8:30AM – 9:00AM

WELCOME

9:00AM – 9:05AM

→ SESSION 1

9:05AM – 10:30AM

GET A “HEAD START” ON SPD

Kristy Stewart, Head Start Children’s Therapy Service

Sensory Processing Disorder (SPD) is a complex neurological condition that can impact children and adults. People with SPD misinterpret everyday sensory information, such as touch, sound and movement.

Sensations from hearing, vision, taste, smell, touch, pressure, and movement provide the input to the brain which is organised for movement, cognition and learning. When there is a Sensory Processing dysfunction, it is hypothesised that the brain does not process or organise the flow of sensory impulses in a way that gives the person exact information about themselves and their world. As a result, learning can be difficult, and children may feel uncomfortable, or have difficulty coping with the stress of daily sensory and organisational demands. This often results in additional or behavioural difficulties.

They may feel overwhelmed by sensory information, may seek out sensory experiences or may avoid certain experiences. People with SPD experience their world as either hypersensitive (over reactive, sensory avoidance) or hyposensitive (under reactive, sensory seeker). They may also present with motor skill problems. They may react with strong emotional behaviours and experience what may be described as ‘melt downs’.

The session will cover:

Sensory processing: what are the eight senses?

Sensory processing dysfunction – when it may occur and what it looks like.

Swimming – when it can trigger a melt down and when it can be used to regulate the body.

The opportunity to participate in activities where you can gain insight into what SPD can feel like.

MORNING TEA

10:30AM – 10:50AM

→ SESSION 2

10:50AM – 11:50AM

YOUR ONE STOP SHOP

Dan Kwaczynski

As ALFAQ President, ALFA national board member, Standards Australia committee member and Maytronics Australia Managing Director, Dan is well equipped to provide you with details of important updates within our industry, and how they may affect your centre.

- GSPO update
- What’s new in water quality guidelines
- Overview of the public pool benchmarking study
- New ISO standard for drowning detection.

THE “WHAT, WHY AND HOW” OF BEHAVIOUR MANAGEMENT!

Joy Symons

Behaviour management for many teachers can be a struggle, especially if you don’t have children of your own, or are a little timid of disciplining someone else’s child.

We will explore ideas and strategies of managing behaviour to ensure that parents and students understand the importance of safe behaviour in the pool.

Crying, separation anxiety and defiance – the what and why!

LUNCH

11:50AM – 12:30PM

→ SESSION 3

12:30PM – 1:30PM

ADULTS ONLY

Amy Hipwood

You are taking an adult class – now what?

Here's a session that analyses the many and varied considerations when teaching adults; including ensuring a clear pathway with achievable and personalised goals.

Discuss the challenges and the rewards of teaching adults whilst gaining tips and techniques for adapting and modifying swimming and water safety to suit differing stages of adult swimmers.

EFFECTIVE FOUNDATION SKILLS FOR INFANTS & PRESCHOOLERS

Sarah Morris

Foundation skills are an important part of swimming and water safety. A solid foundation paves the pathway for correct technique and strength that leads to success, longevity and enjoyment in, on and around the water.

Sarah will break skills down into developmental stages, show progressions and provide strategies for teaching these in infant and preschool lessons.

→ SESSION 4

1:40PM – 3:00PM

#KEEPINGKIDSSAFE

Holly Brennan OAM, Daniel Morcombe Foundation

Child abuse is one of the most under reported crimes in our community. If you have concerns about a child's safety, it can be difficult to know what to do. Holly will provide an overview of the National Child Safety framework, strategies and resources that can be used to support children and young people, parents/carers and AUSTSWIM Teachers about personal safety information and skills.

We will also provide an overview of the Child Safe Standards, information about signs of abuse, responding and reporting requirements. Explore the implications for AUSTSWIM Teachers in light of the recent Royal Commission into Institutional Responses to Child Sexual Abuse findings regarding child safety and what this may mean for your profession in a positive and protective manner.

AFTERNOON TEA

3:00PM – 3:20PM

→ SESSION 5

3:30PM – 4:30PM

ACTIVITIES, SKILLS AND DRILLS!



Join our group of passionate and talented presenters, teachers, aqua instructors and swim centre operators for a fun filled, fast paced session on drills, activities, games and problem-solving techniques.

A sharing session where you will take away plenty of ideas to add to your tool kit.

CLOSE

4:30PM

FEES AND CHARGES

Register early to take advantage of great savings:

Early Bird Fee: \$130.00 – Payment received prior to Monday 30 July 2018

Standard Fee: \$145.00 – Payment received from Monday 30 July 2018 to Sunday 9 September 2018

Rush Fee: \$160.00 – Payment received from Monday 10 September 2018 to Wednesday 19 September 2018

All AUSTSWIM Recognised Swim Centres receive great reward vouchers.

Redeem now – refer to the registration form for details.



2018 QUEENSLAND REGIONAL AQUATIC CONFERENCE

Please complete all sections of this form and send with payment to AUSTSWIM

→ QLD Business Centre, PO Box 631, Capalaba QLD 4157 • Fax (07) 3905 1840 • Email qld@austswim.com.au

For enquiries please call 1300 885 666 or (07) 3245 3595. **REGISTRATIONS CLOSE WEDNESDAY 19 SEPTEMBER 2018.**

PERSONAL DETAILS (PLEASE PRINT)

First Name _____ Surname _____

Address _____ Suburb _____ State _____ PC _____

Tel (H) _____ Tel (W) _____ Mobile _____

Email _____ AUSTSWIM No. _____

Special Dietary Requirements? Yes No (Please Specify) _____

Medical Conditions Yes No (Please Specify) _____

Emergency Contact _____ Phone _____

Organisation/Employer _____ Position _____

SESSION PREFERENCES

Please view all session descriptions in this brochure and **select your first and second preference for each timeslot** by placing a 1 in the desired box as your first preference and a 2 as your second preference. Session descriptions can be found on page 2 and 3 of the brochure. Maximum numbers have been set for each session. If your first preference is full, you will automatically be placed in your second preference. Register early to avoid disappointment. AUSTSWIM advises that the program can be subject to change without notice.

SESSION 2

10:50AM-11:50AM

- Your One Stop Shop
- The "What, Why & How" of Behaviour Management

SESSION 3

12:30PM-1:30PM

- Adults Only
- Effective Foundation Skills for Infants & Preschoolers

PACKAGE SELECTION	PRICE	PLEASE TICK
Early Bird Registration - Payment received prior to Monday 30 July 2018	\$130.00	
Standard Registration - Payment received from Monday 30 July 2018 to Sunday 9 September 2018	\$145.00	
Rush Fee Registration - Payment received from Monday 10 September to Wednesday 19 September 2018	\$160.00	
AUSTSWIM RECOGNISED SWIM CENTRE REGISTRATION		
Conference Registration - Discounts only apply to individuals employed by an AUSTSWIM Recognised Swim Centre - not to be used in conjunction with any other offer. Registrations must be received prior to 9 September 2018 to receive eligible discount price. Not one of over 600 AUSTSWIM Recognised Swim Centres?		
<input type="checkbox"/> Tick here to have an AUSTSWIM Team Member contact you to discuss Recognised Swim Centre registration prior to processing your Conference Registration.		
Gold Recognised Swim Centre - Complimentary (x1)	Free	
Silver Recognised Swim Centre - 50% off (x1)	\$72.50	
Bronze Recognised Swim Centre - 25% off (x1)	\$108.75	
ADMINISTRATION FEE (NOTE: no fee for online registrations completed via austswim.com.au)	\$5.00	
TOTAL PAYABLE	\$	

PAYMENT DETAILS

BY CHEQUE
Enclosed is a cheque for AUS \$ _____
made payable to AUSTSWIM Ltd (ABN 72 515 751 227)

BY PURCHASE ORDER (Businesses only. Payment within 14 days of invoice date.)
Enclosed is an approved purchase order for the amount of
AUS \$ _____

BY CREDIT CARD
Please debit my Visa / Mastercard for the amount of AUS \$ _____

Card Number _____ / _____ / _____ / _____

Exp _____ / _____ CCV _____

Cardholder's Name (please print) _____

Signature _____ Date _____

TERMS & CONDITIONS

Due to accounting and administration costs, the following policy will be strictly adhered to: Applications for refund and session transfer must be given in writing and received at the AUSTSWIM - QLD Business Centre no later than Friday 14 September 2018. Delegates who do not attend will be provided a refund if a medical certificate is provided. AUSTSWIM - QLD Business Centre must be provided with a medical certificate in writing prior to Monday 1 October 2018. All refunds will incur a 25% administration charge. The registration is non-transferable and may not be transferred to other AUSTSWIM products or services. All registrations will receive a confirmation letter and tax invoice within seven days of receipt.

I DECLARE that the information included in this Registration form is true and correct and I ACKNOWLEDGE or am AWARE and ACCEPT: The terms and conditions of this registration outlined by AUSTSWIM at austswim.com.au. That photographs and electronic images may be taken of you by AUSTSWIM during your attendance and participation at the conference. Such photographs and electronic images are owned by AUSTSWIM and may be used by AUSTSWIM for promotional or other purposes without consent being obtained. I must advise AUSTSWIM in writing by Friday 14 September 2018 if I do not consent to the photographs and electronic images being used for such purposes. Conference sessions cannot be videoed or recorded.

Signature _____ Date _____