EARLY BIRD DISCOUNTS APPLY!

AUSTSWIM SOAK IT UP 19
MELBOURNE

AUSTSWIM VICTORIA ‘19
CONFERENCE AND AQUASUMMIT

SUNDAY 19 MAY 2019
Novotel Melbourne Glen Waverley
285 Springvale Rd, Glen Waverley VIC

PLUS
Saturday 18 May 2019
Autism Swim Workshop
2019 VIC Awards Cocktail Function

Proudly supported by

1300 885 666 austswim.com.au
vic@austswim.com.au
PROGRAM
SUNDAY 19 MAY 2019

This symbol indicates that this session will incorporate a water component.

This symbol indicates that this session will incorporate presenters specialising in the AQUASUMMIT.

DELEGATE REGISTRATION 8:00AM - 8:30AM

OPENING ADDRESS 8:30AM – 9:00AM

KEYNOTE SPEAKER: ROB HEWITT 9:00AM – 10:00AM

MORNING TEA 10:00AM – 10:30AM

SESSION 1 10:50AM – 11:35AM

KEEPING SWIM PARENTS HAPPY
Julia Wood & Lyn O’Brien
AUSTSWIM Presenters

Are parents an asset or our worst nightmare? Keeping them happy is a big job! Julia and Lyn have tried it all from winter promos to little blue ducks and setting realistic, clear expectations. Are you ready to receive amazing customer engagement survey results? Come to this session to find out how!

Suggested audience: Management and AUSTSWIM Teachers

NO LABEL NO PROBLEM
Maria Burn
AUSTSWIM Presenter

As AUSTSWIM teachers of swimming and water safety, it’s imperative to engage with all students when teaching and while knowing some of our students want to learn but don’t know how to. They have different needs and preferred ways of learning. Are your teaching methods appropriate for the needs of all your students? Even those students without THAT LABEL attached. This session will give you knowledge for a better understanding of challenging behaviour and non-compliance along with skills to help resolve it.

Suggested audience: AUSTSWIM Teachers

OVERCOMING BIG ISSUES
Simone Griffin & Leigh Flavelle
AUSTSWIM Presenters

Little people don’t come with instruction manuals. Teachers of Infants and Preschoolers are faced with many challenges including crying and transitions from infant to preschool classes. Join Leigh and Simone as this topic is explored with solutions for some of your trickiest students to teach.

Suggested audience: AUSTSWIM Teachers of Infant & Preschool Aquatics

INTENSELY DEEP
Danielle McDougall
City of Greater Geelong

Bored of the same sprints and timed intervals? Join Danielle and travel through a world of music used to create the intensity and intervals in this high intensity deep water class. This goes beyond the traditional HIIT to use the music to create timing and intervals that motivate and feel good. Get the heart racing with some sprints and bring it down with some yoga, Pilates and tai chi inspired moves to get an all over mind body workout.
## SESSION 2

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<th>STEPS TOWARDS SUCCESS</th>
<th>INNOVATIVE DRY PROGRAMMING</th>
<th>UNDERSTANDING &amp; TEACHING FREESTYLE</th>
<th>CHANGE IS GOOD</th>
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<td>Gemma Davy</td>
<td>Lifesaving Victoria</td>
<td>Simone Griffin</td>
<td>Marlee King</td>
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</table>
| **Suggested audience:**| AUSTSWIM Teachers and School Programming | **Suggested audience:** AUSTSWIM Teachers | **Are you worried that your classes are at risk of becoming monotonous, boring and/or repetitive?**
| **Swim School Management** | **UNDERSTANDING & TEACHING FREESTYLE** | **Suggested audience:** | **Or are you looking for new ways to sustain participants’ attention during class, making sure their eyes are on you and not the clock? Implementing different pool formations could be the remedy.**
| **and Access & Inclusion Teachers** | | **AUSTSWIM Teachers** | |

## LUNCH

### TRAUMA FREE LESSONS

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In July 2018, AUSTSWIM published a clear directive regarding trauma free swimming lessons. The first 1000 days of human development shape the foundations of physical, cognitive and psychosocial domains.

Research shows these ‘blue prints’ of human development commence before birth and rapidly develop before the age of three. Bonding, integration of re exes, spatial awareness, smells and sounds are all integral in the long-term development of the brain. All teachers across the world will at some stage, experience a situation where a child is showing signs of distress.

How do we know when a child is unhappy or experiencing stress prior to language development? Facial expressions, crying and body language are indications of a child in either stress, discomfort or resistance. Can you tell the difference?
AFTERNOON TEA

STEP UP TO SCHOOLS
Julia Wood
Peninsula Leisure

The Victorian Government’s Swimming in Schools initiative has been the stimulus for change at PARC Swim School lately with impressive results. PARC’s thorough review of the schools’ curriculum, the funding and the parent payment policy was the springboard to the now tailored swim school program that speaks to the curriculum and is supported by sound administrative practices offering smooth transactions for all.

Suggested audience: Swim School Management and AUSTSWIM Teachers

BEHAVIOUR MANAGEMENT
Lyn O’Brien
AUSTSWIM Presenter

Are your students listening, focused, on top of the water and ready? If not, why not? Inappropriate behaviour is one of the most stressful aspects of teaching. This session will offer you a variety of behaviour management strategies to help make your lessons more productive and enjoyable.

Suggested audience: AUSTSWIM Teachers

SCULLING AND STREAMLINING
Carol Crofts
Maribyrnong Aquatic Centre

Pop in the pool to truly experience sculling and streamlining like never before. Successful understanding and teaching of these core skills will occur with active participation in this session.

Suggested audience: AUSTSWIM Teachers

THE MAGIC 4
Christine Naysmith
AQUA Presenter

Having a positive impact in our classes is what it’s all about! Explore the Magic 4; Passion, Energy, Confidence and Connection and discover strategies to take your interaction to the next level. Inspiring stories, interactive activities and self-evaluation will help you analyse your approach and really get you thinking!

AUTISM SWIM TASTER
Erika Gleeson
Autism Swim

Are you new to the world of disability and aquatics? Or are you interested in becoming Autism Swim Approved, and want to know more before making the commitment? Join us for Autism Swim’s ‘Taster Course’. Join Autism Swim Founder Erika Gleeson in this exclusive to AUSTSWIM Taster Course session to gain some foundational knowledge, skills and insight into delivering better outcomes to those with Autism Spectrum Disorder (ASD) and other abilities in your classes.

Suggested audience: AUSTSWIM Teachers

BREASTSTROKE & BUTTERFLY
Alina Graham
AUSTSWIM Presenter

Correction drills must be specific and designed for individual needs when correcting faults. Allina will show you how to correct the most common faults with these two strokes. You will have your swimmers flying through the water in no time.

Suggested audience: AUSTSWIM Teachers

MIC PROBLEMS
Marlee King
Zumba

As aqua fitness instructors, having issues with microphones are bound to happen at least once during our careers. Whether it’s dead batteries, tech issues or having no mic at all, this is not the time to panic, this is an opportunity to thrive. This interactive session provides you with tips and tricks on how to utilise your facial expressions, non-verbal cueing and body language to confidently entertain, engage and educate your participants.

WHO CARES?
Matt Haanapel
Active Monash

Matt’s personal story sets the context of this session that will address the challenges of finding a swim centre that cares, the importance of teacher consistency and the contemporary NDIS. Aquatic access and inclusive options for some of our high risk and vulnerable community members will be shared and explored.

Suggested audience: Swim School Managers and Access & Inclusion Teachers

2:45PM – 3:30PM

SESSION 4

2:45PM – 3:30PM

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SESSION 5

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FEES AND CHARGES
Register early to take advantage of great savings:

**Early Bird Fee:** $160.00 – Payment must be received prior to 18 March 2019

**Standard Fee:** $175.00 – Payment received from 18 March – 30 April 2019

**Rush Fee:** $190.00 – Payment received from 1 May – 15 May 2019

All AUSTSWIM Recognised Swim Centres receive great discount vouchers.
Redeem now – refer to the registration form for details.

ADDITIONAL OPPORTUNITIES

➔ **AUTISM SWIM WORKSHOP – BEHAVIOUR SUPPORT IN THE WATER**

**Venue:** Novotel Glen Waverley, 285 Springvale Road, Glen Waverley
**Date:** Saturday 18 May 2019
**Time:** 2:30 - 4:30pm
**Dress:** Smart Casual

The workshop is run by Senior Behaviour Specialist Erika Gleeson. Erika Gleeson is also the Founder and Clinical Director of Autism Swim. The workshop will offer you an introduction into the world of Positive Behaviour Support, and will teach you the fundamentals in terms of analysing behaviour and then being able to apply the appropriate strategies. The workshop will be a combination of lecturing and hands-on components; and whilst the content has been designed specifically for your swimmers with other abilities, the same information is applicable to mainstream swimmers also. If you work with anyone who exhibits challenging behaviour, this workshop is a must!

➔ **2019 VICTORIAN AUSTSWIM AWARDS COCKTAIL FUNCTION**

**Venue:** Novotel Glen Waverley 285 Springvale Road, Glen Waverley
**Date:** Saturday 18 May 2019
**Time:** 4:30-6:30pm
**Dress:** Smart Casual

Come recognise, celebrate, network and congratulate our AUSTSWIM Teachers, Presenters and Contributors. As a valued member of the AUSTSWIM family you are cordially invited to celebrate with us. Nominated AUSTSWIM Teachers and Presenters will be recognised and recipients presented with awards in the company of friends and colleagues.
2019 AUSTSWIM VICTORIA '19 CONFERENCE & AQUASUMMIT

Please complete all sections of this form and send with payment to AUSTSWIM

VIC & TAS Business Centre, PO Box 466, Ringwood VIC 3134 • Fax (03) 8456 6749 • Email vic@austswim.com.au

For enquiries please call 1300 885 666. REGISTRATIONS CLOSE WEDNESDAY 15 MAY 2019.

PERSONAL DETAILS (PLEASE PRINT)

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SESSION PREFERENCES

Please select your first, second, third and fourth preferences for each timeslot by placing a 1 in the desired box as your first preference, a 2 as your second preference, a 3 as your third preference, etc. Session descriptions can be found within this brochure. As maximum numbers have been set for each session you will automatically be placed in your second, third or fourth preference if your first preference is full. As all delegates will be attending session 3, no selection will need to be made. AUSTSWIM advises that the program can be subject to change without notice.

<table>
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<tr>
<th>SESSION 1 10:50AM - 11:35AM</th>
<th>SESSION 2 11:50AM - 12:35PM</th>
<th>SESSION 3 1:25PM - 2.25PM</th>
<th>SESSION 4 2:45PM - 3.30PM</th>
<th>SESSION 5 4:10PM - 4.55PM</th>
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<tr>
<td>Keeping Swim Parents Happy</td>
<td>Steps Towards Success</td>
<td>Trauma Free Lessons</td>
<td>Who Cares?</td>
<td>Step Up To Schools</td>
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<td>Innovative Dry Programming</td>
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<td>Behaviour Management</td>
<td>Autism Swim</td>
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<td>Overcoming Big Issues</td>
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PACKAGES SELECTION

Please tick the appropriate box to indicate your preference.

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AUSTSWIM RECOGNISED SWIM CENTRE REGISTRATION

Conference Registration – Discounts only apply to individuals employed by an AUSTSWIM Recognised Swim Centre – not to be used in conjunction with any other offer. Registrations must be received prior to 30 April 2019 to receive eligible discount price. Not one of over 600 AUSTSWIM Recognised Swim Centres?

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<th>Tick here to have an AUSTSWIM Team Member contact you to discuss Recognised Swim Centre registration prior to processing your Conference Registration.</th>
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<th>Gold Recognised Swim Centre – Complimentary (x1)</th>
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<td>Silver Recognised Swim Centre – 50% off (x1)</td>
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<td>Bronze Recognised Swim Centre – 25% off (x1)</td>
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ADDITIONAL OPPORTUNITIES

| Autism Swim Workshop (including 2019 Vic AUSTSWIM Awards Cocktail Function) | $60.00 |
| 2019 Vic AUSTSWIM Awards Cocktail Function | $20.00 |

ADMINISTRATION FEE (NOTE: no fee for online registrations completed via austswim.com.au) | $5.00 |

TOTAL PAYABLE $
PAYMENT DETAILS

☐ BY CHEQUE
Enclosed is a cheque for AUS $__________ made payable to AUSTSWIM Ltd (ABN 72 515 751 227)

☐ BY PURCHASE ORDER (Businesses only. Payment within 14 days of invoice date.)
Enclosed is an approved purchase order for the amount of AUS $__________

☐ BY CREDIT CARD
Please debit my Visa / Mastercard for the amount of AUS $__________
Card Number ________ / ________ / ________ / ________
Exp _______ / _______ CCV ________
Cardholder’s Name (please print) __________
Signature __________ Date __________

TERMS & CONDITIONS

Due to accounting and administration costs, the following policy will be strictly adhered to: Applications for refund and session transfer must be given in writing and received at the AUSTSWIM – VIC & TAS Business Centre no later than Friday 10 May 2019. Delegates who do not attend will be provided a refund if a medical certificate is provided. AUSTSWIM – VIC & TAS Business Centre must be provided with a medical certificate in writing prior to Monday 27 May 2019. All refunds will incur a 25% administration charge. The registration is non-transferable and may not be transferred to other AUSTSWIM products or services. All registrations will receive a confirmation letter and tax invoice within seven days of receipt.

I DECLARE that the information included in this Registration form is true and correct and I ACKNOWLEDGE or am AWARE and ACCEPT: The terms and conditions of this registration outlined by AUSTSWIM at austswim.com.au. That photographs and electronic images may be taken of you by AUSTSWIM during your attendance and participation at the conference. Such photographs and electronic images are owned by AUSTSWIM and may be used by AUSTSWIM for promotional or other purposes without consent being obtained. I must advise AUSTSWIM in writing by Friday 10 May 2019 if I do not consent to the photographs and electronic images being used for such purposes. Conference sessions cannot be videoed or recorded.

Signature __________ Date __________

AUSTSWIM Aquasummit / AUSTSWIM Aquatic Conference is a Fitness Australia approved program.