

**EARLY
BIRD**
DISCOUNTS
APPLY!

AUSTSWIM SHAK IT UP 19 PERTH

**AUSTSWIM WA KING NEPTUNE '19
CONFERENCE AND AQUASUMMIT**

SUNDAY 14 JULY 2019

University of WA, Business School, Hackett Drive, Crawley WA

PLUS

AUSTSWIM Aqua Instructor™ course

AUSTSWIM Teacher of Adults™ course

AUSTSWIM Aqua Masterclass

AUSTSWIM Teacher of Aquatics – Access & Inclusion™ course

AUSTSWIM Presenter Workshop



Proudly supported by



Australian Government





1300 885 666 austswim.com.au

wa@austswim.com.au



PROGRAM

SUNDAY 14 JULY 2019

-  This symbol indicates that this session will incorporate a water component.
-  This symbol indicates that this session will incorporate presenters specialising in the AQUASUMMIT.

DELEGATE REGISTRATION 7:15AM – 8:15AM

OPENING ADDRESS – AUSTSWIM REPRESENTATIVE
AUSTSWIM AWARDS 8:15AM – 9:00AM

→ KEYNOTE SPEAKER: ROB HEWITT 9:00AM – 10:00AM

HE TOA TAKITNI TAKU TOA, EHARA I TE TOA TAKITAHU

My bravery was the bravery of many, not just one warrior

When Rob Hewitt joined his friends on a recreational scuba dive, he never imagined that the boat would leave without him. Stuck miles off the coast of Wellington, the experienced New Zealand Navy diver found himself at the mercy of Tangaroa – the Moari God of the Sea, waiting for help to arrive. It wasn't until the sun set on the horizon hours later that he knew he was in serious trouble and facing a battle for his life. He spent the next four days at sea treading water.

Rob will share his courageous personal experience of reclaiming his life by literally looking over the abyss and coming back from the edge. This inspiring presentation will help you discover how you can respond with resilience and optimism to both the major challenges and the every day struggles in your work environment and life.

MORNING TEA & TRADE EXHIBIT 10:00AM – 10:30AM

→ SESSION 1 10:30AM – 11:30AM

TEACHING SWIMMING OUTSIDE THE BOX

Janine Rowe

No day is ever the same. Some days you may have 12 students for lessons, other days only 2 students and, even then, they may be different ability levels.

Develop the flexibility and adaptability required to ensure students have the opportunity to gain swimming and water safety skills in a range of aquatic environments regardless of the group dynamics.

CANDIDATES, ASSESSORS & WORKPLACE REQUIREMENTS – THE 'NUTS & BOLTS' AUSTSWIM

The industry training and support of AUSTSWIM candidates is highly valued. Every person's role in the candidate journey comes from experiences, knowledge, skills and passion in aquatics. This session will enhance your understanding of the value of industry training, the role of supervisors, the process of assessment and knowledge of assessors to attain a better skilled workforce for all.

PARENT & CHILD RELATIONSHIPS: ARE YOU CONNECTED?

Kelly Rae

As teachers, we have input and direct contact with infants and children, but ultimately it is the parents who teach their littlies to swim.

Kelly will explore how our roles as Teachers, different parenting styles and personality types all impact the learn to swim journey.

BLAB: FREESTYLE AND BUTTERFLY SKILLS AND DRILLS FOR BEGINNER TO ADVANCED STUDENTS

Andrea Maeda

Learn how to teach skills and drills to your class using AUSTSWIM BLAB. From beginners to advanced swimmers, the fundamentals of BLAB ensure an AUSTSWIM teacher always has a growing toolbox of knowledge, skills and understanding for their class.

DIG DEEP



Ainslie Castle

The deep end of the pool offers a perfect environment for cross training. Using the principles of movement in the water, deep water aqua science and fitness programming, Ainslie will take you through a full body deep water master class using EVERY muscle in your body!



→ SESSION 2

11:40AM - 12:40PM

TEACHING SWIMMING TO STUDENTS WITH AUTISM SPECTRUM DISORDER

Marlene Stevens

Explore the amazing world of students with ASD enjoying learning to swim and actively participating in lessons. Share your experiences, gain new tips and hints to share with ALL students in your awesome classes.

CPR & RESCUE COMPETENCIES FOR YOUNGER STUDENTS

RLSSWA

These are important life skills that every child should develop. As students become more proficient in skills and progress through levels, how do you, the Teacher check for understanding of CPR or rescue competencies?

WORKPLACE CULTURE

Jodie Thompson

Culture is not just people coming from different backgrounds, it's how we treat each other, the respect demonstrated in our customer service and engagement with parents, students and colleagues.

A positive workplace culture leads to customer satisfaction and better employee morale - discuss how you can promote and build the culture in your workplace.

BLAB: FREESTYLE AND BUTTERFLY SKILLS AND DRILLS FOR BEGINNER TO ADVANCED STUDENTS



Georgi Powers

Following on from the theory session, join us in this practical session to teach skills and drills to your class using BLAB.

From beginners to advanced swimmers, learn how the fundamentals of BLAB ensure an AUSTSWIM teacher always has a growing toolbox of knowledge, skills and understanding for their students.

SAME SAME BUT DIFFERENT!



Rosanne Kemp

Do you wish you had a long list of 'new' moves?

Would you like to know how to offer a variety of movement to your participants?

Ignite your inner creativity and empower yourself to develop movements to challenge, motivate, inspire and get your participants' brains firing!

This session will challenge your thinking and leave you with a stack of ideas to incorporate into your aqua classes.

→ LUNCH

12:40PM - 1:15PM

→ SESSION 3

1:15PM - 2:15PM

UNDERSTANDING TRAUMA - THE IMPACT TRAUMA CAN HAVE WHEN LEARNING TO SWIM

Kelly Rae

The notion of forcing anyone, especially an infant or child to join in with activities that promote anxiety, mistrust and fear, is a reminder that not all is well in the wonderful world of swimming. The good news is that positivity, kindness and compassion is contagious. This presentation will highlight how we can spread the message that raises awareness, protects the innocent and leads to more joyful learning and positive outcomes all round.





→ SESSION 4

2:25PM – 3:25PM

TEACHING SWIMMING OUTSIDE THE BOX

Janine Rowe

No day is ever the same. Some days you may have 12 students for lessons, other days only 2 students and, even then, they may be different ability levels.

Develop the flexibility and adaptability required to ensure students have the opportunity to gain swimming and water safety skills in a range of aquatic environments regardless of the group dynamics.

ARE THE FUNDAMENTALS OF SWIMMING REALLY THAT IMPORTANT?

Julie-Anne Plummer

When students develop the fundamentals of swimming and water safety, progress occurs. Without the fundamentals, students struggle, regress and are unlikely to continue in aquatics.

Understand what the fundamentals of swimming are and why they are so important.

COMMUNICATING EFFECTIVELY ...

Andrea Maeda

We speak to people every day but don't always send a clear message. We listen to others in conversation but don't always hear what is being said. So how can we effectively communicate?

Come and increase your awareness of and skills to enable you to communicate effectively.

BLAB: BREASTSTROKE & SIDESTROKE SKILLS & DRILLS BEGINNER TO ADVANCED STUDENTS

Rachel Trenaman

Learn how to teach skills and drills to your class using BLAB.

From beginners to advanced swimmers, learn how the fundamentals of BLAB ensure an AUSTSWIM teacher always has a growing toolbox of knowledge, skills and understanding for their students.

SAME SAME BUT DIFFERENT!



Naomi Holmes

Do you wish you had a long list of 'new' moves? Would you like to know how to offer a variety of movement to your participants? Ignite your inner creativity and empower yourself to develop movements to challenge, motivate, inspire and get your participants' brains firing! This session will challenge your thinking and leave you with a stack of ideas that you could incorporate into your aqua classes immediately. Join us the pool to for this session to explore and understand how you can transform 'typical' aqua moves into something new and creative!

AFTERNOON TEA

3:25PM – 3:45PM





→ SESSION 5

3:45PM - 4:45PM

LEARN TO SWIM - OBSERVE, ANALYSE, MODIFY & ADJUST

Peta Steffens

Teaching swimming water safety lessons requires more than being able to “teach” drills and skills. Every class has different student abilities that require you to observe, analyse, modify and adjust traditional progressions to ensure the best learning outcomes for ALL students in your class.

Increase your knowledge, skills and understanding in this interactive session.

TEACHING ADULTS v TEACHING CHILDREN

Polly Brooks

Do we start the same way? BLAB – body, legs, arms, breathing? Do we teach freestyle, backstroke, survival backstroke and then breaststroke?

What are the differences and similarities? What problems/issues might we encounter?

Do we plan lessons the same way?

Find out in this discussion on teaching Adults vs teaching children.

A DAY ON THE BEACH

SLSWA

The majority of swimming and water safety lessons occur in the pool – clear still water with defined depths and easy access via a ladder, steps or ramp. At the beach there is water but that’s where the commonality stops.

Join us and discover some differences of teaching in an outdoor natural aquatic environment that can change every day.

BLAB: BREASTSTROKE & SIDESTROKE SKILLS & DRILLS BEGINNER TO ADVANCED STUDENTS



Nicole Durrant

From beginners to advanced swimmers, the fundamentals of BLAB ensure an AUSTSWIM teacher always has a growing toolbox of knowledge, skills and understanding for their class.

Join us on pool deck to see how to teach skills and drills to your students using BLAB

THE MAGIC 4



Christine Naysmith

Do you have a positive impact on your students/participants? Can you pin point the skills required to ensure you have a positive impact? Explore the Magic 4; Passion, Energy, Confidence and Connection and discover strategies to take your interaction to the next level. Inspiring stories, interactive activities and self-evaluation will help you analyse your approach and really get you thinking!

→ AUSTSWIM KING NEPTUNE SOAK IT UP! - THAT’S A WRAP

4:45PM - 5:00PM

FEES AND CHARGES

Register early to take advantage of great savings:

Early Bird Fee: \$145.00 – Payment must be received prior to Monday 3 June 2019

Standard Fee: \$165.00 – Payment received from COB Monday 3 June to Monday 1 July 2019

Rush Fee: \$185.00 – Payment received from COB Monday 1 July to Wednesday 10 July 2019

All AUSTSWIM Recognised Swim Centres receive great discount vouchers.

Redeem now – refer to the registration form for details.

ADDITIONAL OPPORTUNITIES

→ AQUA INSTRUCTOR COURSE

Venue: Craigie Leisure Centre

Date: Wednesday 10 – Friday 12 July 2019

Time: 8:30am – 5:00pm (all days)

The Aqua Instructor training is instrumental in addressing the skills shortage in this area and expanding the vibrant aqua industry. AUSTSWIM encourages aquatic activity for all community members and is committed to proactively addressing the strategies within the Australian Water Safety Council’s (AWSC) drowning prevention plan.



AUSTSWIM Aquasummit / AUSTSWIM Aquatic Conference is a Fitness Australia approved program.



Who is the AUSTSWIM Aqua Instructor course designed for?

- AUSTSWIM Teachers
- Group Fitness/Gym Instructors and Personal Trainers
- Allied Health Professionals
- Participants interested in becoming qualified as an AUSTSWIM Aqua Instructor

Regardless of prior qualification or attributes, candidates receive the necessary knowledge, skill and understanding to plan and deliver effective, safe and enjoyable aqua classes.

→ AUSTSWIM TEACHER OF ADULTS™ COURSE

Venue: Belmont Oasis Leisure Centre

Date: Friday 12 July 2019

Time: 8:30am – 5:00pm

The AUSTSWIM Teacher of Adults™ course provides candidates with the essential competencies to teach the adult swimmer. Teaching adults in an aquatic environment requires additional knowledge, skills and understanding to support each individual adult supporting in a positive encouraging environment.

→ AUSTSWIM AQUA MASTERCLASS

Venue: Belmont Oasis Leisure Centre

Date: Saturday 13 July 2019

Time: 9:30am – 10:30am

Join the AUSTSWIM Aqua team for a master class that will inspire, excite and energise! Hop in the pool for a session that will give you a taste of choreography, equipment, drills and fun activities that you can simply soak up or take away to use in your own classes!

→ AUSTSWIM TEACHER OF AQUATICS – ACCESS & INCLUSION™ COURSE

Venue: Belmont Oasis Leisure Centre

Date: Saturday 13 July 2019

Time: 8:30am – 5:00pm

The AUSTSWIM Teacher of Aquatics – Access and Inclusion course is designed to provide the knowledge and information required to deliver programs and services that meet the needs of a diverse range of people who use the aquatic environment.

AUSTSWIM Teacher of Aquatics – Access and Inclusion adopts an educational approach and provides a positive directive to AUSTSWIM teachers of swimming and water safety to provide aquatics access and inclusion to all people regardless of:

- disability
- chronic condition
- age
- culturally and linguistically diverse backgrounds (CALD).

→ AUSTSWIM PRESENTER WORKSHOP

Venue: WA Business Centre

Date: Saturday 12 July 2019

Time: 9:00am – 4:00pm

Available to current AUSTSWIM Presenters and Presenters in Training only

This professional development workshop is a key component in your personal development and learning in 2019 to continue to deliver the best outcomes for candidates, yourself and AUSTSWIM. AUSTSWIM will refresh and support your knowledge and presenting skills. Along with updating you about continuing changes in VET requirements from ASQA, there is time for a Q&A from you to AUSTSWIM, so you leave empowered, informed and well-armed to meet the challenges that lay ahead.



ENROL
ONLINE

AUSTSWIM.COM.AU

2019 AUSTSWIM KING NEPTUNE CONFERENCE & AQUASUMMIT

Please complete all sections of this form and send with payment to AUSTSWIM

→ WA Business Centre, PO Box 491, Leederville WA 6902 • Fax (08) 9328 2115 • Email wa@austswim.com.au

For enquiries please call 1300 885 666 or (08) 9328 2115. **REGISTRATIONS CLOSE WEDNESDAY 10 JULY 2019**

PERSONAL DETAILS (PLEASE PRINT)

First Name	Surname		
Address	Suburb	State	PC
Tel (H)	Tel (W)	Mobile	
Email	AUSTSWIM No. (if applicable)		
Special Dietary Requirements? No <input type="checkbox"/> Yes <input type="checkbox"/> (please specify) _____			
Medical Conditions No <input type="checkbox"/> Yes <input type="checkbox"/> (please specify) _____			
Emergency Contact Name	Phone		
Organisation/Employer	Position		

SESSION PREFERENCES

Please select your first, second, third and fourth preferences for each timeslot by placing a 1 in the desired box as your first preference, a 2 as your second preference, a 3 as your third preference, etc. Session descriptions can be found within this brochure. As maximum numbers have been set for each session you will automatically be placed in your second, third or fourth preference if your first preference is full. As all delegates will be attending session 3 and 6, no selection will need to be made. AUSTSWIM advises that the program can be subject to change without notice.

SESSION 1

10:30AM – 11:30AM

- ☐ Teaching Outside the Box
- ☐ Candidates, Assessors & Workplace
- ☐ Parent and Child Relationships
- ☐ BLAB Freestyle & Butterfly Skill & Drills Beginner to Advanced
- ☐ Dig Deep

SESSION 2

11:40AM – 12:40PM

- ☐ Teaching swimming to students with Autism Spectrum Disorder
- ☐ CPR & Rescue Competencies to younger students
- ☐ Workplace Culture
- ☐ BLAB Freestyle & Butterfly Skills & Drills Beginner to Advanced
- ☐ Same Same but Different

SESSION 3

1:15PM – 2:15PM

- ☐ Understanding Trauma – the impact that trauma can have when learning to swim

SESSION 4

2:25PM – 3:25PM

- ☐ Teaching Outside the Box
- ☐ Are the fundamentals of learn to swim really that important?
- ☐ Communicating Effectively
- ☐ BLAB Breaststroke & Sidestroke Skills & Drills Beginner to Advanced
- ☐ Same Same but Different

SESSION 5

3:45PM – 4:45PM

- ☐ Learn to Swim – Observe, Analyse, Modify & Adjust
- ☐ Teaching Adults vs Teaching Children
- ☐ A Day on the Beach
- ☐ BLAB Breaststroke & Sidestroke Skills & Drills Beginner to Advanced
- ☐ The Magic 4

SESSION 6

4:45PM – 5:00PM

- ☐ AUSTSWIM King Neptune Soak It Up! – That's A Wrap

ENROL ONLINE

AUSTSWIM.COM.AU

PACKAGE SELECTION	PRICE	PLEASE TICK
Early Bird Registration – Payment received prior to COB Monday 3 June 2019	\$145.00	
Standard Registration – Payment received from COB Monday 3 June 2019	\$165.00	
Rush Registration – Payment received from COB Monday 1 July 2019	\$185.00	
AUSTSWIM RECOGNISED SWIM CENTRE REGISTRATION		
Conference Registration – Discounts only apply to individuals employed by an AUSTSWIM Recognised Swim Centre – not to be used in conjunction with any other offer. Registrations must be received prior to Wednesday 10 July to receive eligible discount price. Not one of over 600 AUSTSWIM Recognised Swim Centres?		
<input type="checkbox"/> Tick here to have an AUSTSWIM Team Member contact you to discuss Recognised Swim Centre registration prior to processing your Conference Registration.		
Gold Recognised Swim Centre – Complimentary (x1)	Complimentary	
Silver Recognised Swim Centre – 50% off (x1)	\$82.50	
Bronze Recognised Swim Centre – 25% off (x1)	\$123.75	
ADDITIONAL OPPORTUNITIES		
AUSTSWIM Aqua Instructor Course – Wednesday 10, Thursday 11 & Friday 12 July 2019		
If booked in conjunction with the conference (offer not to be used in conjunction with any other offer)	\$479.20	
If not attending the conference, the following fee structure applies:		
Early Bird (first 8 enrolments)	\$569.00	
Standard Fee	\$599.00	
Rush (enrolments received after Friday 29 June 2019)	\$629.00	
AUSTSWIM Teacher of Adults™ Course – Friday 12 July 2019		
If booked in conjunction with the conference (offer not to be used in conjunction with any other offer)	\$250.00	
Standard Fee (if not attending the conference)	\$280.00	
AUSTSWIM Aqua Master Class – Saturday 13 July 2019		
If booked in conjunction with the conference (offer not to be used in conjunction with any other offer)	\$20.00	
Standard Fee (if not attending the conference)	\$25.00	
AUSTSWIM Teacher of Aquatics – Access & Inclusion™ Course – Saturday 13 July 2019		
If booked in conjunction with the conference (offer not to be used in conjunction with any other offer)	\$250.00	
Standard Fee (if not attending the conference)	\$280.00	
AUSTSWIM Presenter Workshop – Saturday 13 July 2019		
If booked in conjunction with the conference (offer not to be used in conjunction with any other offer)	\$45.00	
Standard Fee (if not attending the conference)	\$60.00	
ADMINISTRATION FEE (NOTE: no fee for online registrations completed via austswim.com.au)	\$5.00	
TOTAL PAYABLE	\$	

PAYMENT DETAILS

☐ **BY CHEQUE**
Enclosed is a cheque for AUS \$ _____
made payable to AUSTSWIM Ltd (ABN 72 515 751 227)

☐ **BY PURCHASE ORDER** (Businesses only. Payment within 14 days of invoice date.)
Enclosed is an approved purchase order for the amount of
AUS \$ _____

☐ **BY CREDIT CARD**
Please debit my Visa / Mastercard for the amount of AUS \$ _____
Card Number _____ / _____ / _____ / _____
Exp _____ / _____ CCV _____
Cardholder's Name (please print) _____
Signature _____ Date _____

TERMS & CONDITIONS

Due to accounting and administration costs, the following policy will be strictly adhered to: Applications for refund and session transfer must be given in writing and received at the AUSTSWIM – WA Business Centre no later than Friday 28 June 2019. Delegates who do not attend will be provided a refund if a medical certificate is provided. AUSTSWIM – WA Business Centre must be provided with a medical certificate in writing prior to Monday 16 July 2019. All refunds will incur a 25% administration charge. The registration is non-transferable and may not be transferred to other AUSTSWIM products or services. All registrations will receive a confirmation letter and tax invoice within seven days of receipt.

I DECLARE that the information included in this Registration form is true and correct and I ACKNOWLEDGE or am AWARE and ACCEPT: The terms and conditions of this registration outlined by AUSTSWIM at austswim.com.au. That photographs and electronic images may be taken of you by AUSTSWIM during your attendance and participation at the conference. Such photographs and electronic images are owned by AUSTSWIM and may be used by AUSTSWIM for promotional or other purposes without consent being obtained. I must advise AUSTSWIM in writing by Friday 5 July 2019 if I do not consent to the photographs and electronic images being used for such purposes. Conference sessions cannot be videoed or recorded.

Signature _____ Date _____