

# SCIENTIFIC PROGRAM

16-17 MARCH 2018 AT THE INTERCONTINENTAL SYDNEY DOUBLE BAY

## DAY ONE – FRIDAY 16 MARCH

7:00 - 8:15	<b>BREAKFAST WORKSHOP – Keltie Cove Room</b> – Sponsored by Mara Aesthetics The Aptos Method of Thread Lifting, <b>Dr Konstantin Sulamanidze</b> (Georgia), Plastic Surgeon and Co-Author, Aptos Methods	
6:30 - 8:30	<b>Registration and Morning Coffee</b>	
	<b>INTRODUCTION: PLENARY ADDRESSES</b> <b>Moderator: Kerry Bielik, Principal, Insight Patient Satisfaction Solutions</b>	
8:30	Welcome Address	
8:35	Importance of Authenticity When Dealing With Patients, <b>Dr Malcolm Linsell</b> , Plastic Surgeon	
8:55	Win, Win: The Fusion of Cosmetic and Medical Therapies for Optimal Skin Health, <b>Dr Ian Holten</b> , Plastic Surgeon, Australian Skin Face Body	
9:10	Staying Out of Fair Work Commission, <b>Helen Carter</b> , Director, Accredited Specialist in Employment and Industrial Law, PCC Employment Lawyers	
9:30	Laser Therapy for Women's Health and Regenerative Medicine, <b>Prof Barry O'Reilly</b> (Ireland), Urogynaecologist, Cork Women's Clinic	
9:50	Tell Your Life Where to Go, <b>Vicki Writer</b> , Founder, The 360° Solution	
10:10	The Aesthetic Toolbox and Making the Right Selection, <b>Dr John Flynn</b> , Medical Director, Cosmedic and Skin Clinic	
10:30 - 11:00	<b>Morning Tea</b>	
	<b>NOVEL TECHNIQUES FOR DIFFICULT TO TREAT AREAS</b> <b>Chair: Dr John Flynn, Medical Director, Cosmedic and Skin Clinic</b>	
11:00	New Thread Lifting Techniques for Face and Body with Aptos Methods, <b>Dr Konstantin Sulamanidze</b>	<b>11:00 – 12.30pm SYNERGIE WORKSHOP</b>  <b>Keltie Cove Room</b>
11:15	Non-Surgical Aesthetic Correction of Lower Eyelid Fat Bags, <b>Dr Ron Feiner</b> , Cosmetic Doctor, Cosmetica Clinic	
11:30	Hand Rejuvenation – Back of the Hands Using Different Modalities Including Lasers, Peels and Hydrodissection with Radiesse, <b>Dr John Flynn</b>	
11:45	Treating Facial and Neck Fat – Overview of Lipolysis, Liposuction and Devices such as RF and Focused Ultrasound, <b>Dr Adam Rish</b> , Cosmetic Physician, Laserase	
12:00	Hair Loss – PRP Differences and Choices, <b>Dr Russell Knudsen</b> , Hair Restoration Surgeon	

# COSMEDICON 2018



12:15	Novel Treatment for Snoring Using Romeo MCL-31 Laser, <b>Dr Josip Lovric</b> (Croatia), Cosmetic Surgeon	<b>SYNERGIE WORKSHOP</b> 11:00 – 12.30pm
12:30	Non-Surgical Laser Treatment for the Reduction of Submental Fat (SculpSure), <b>Dr Stephen Mulholland</b> (Canada), Plastic Surgeon	
12:50	A Single Treatment to Treat Sweat, Odour and Hair, <b>Dr Eddie Roos</b> , Cosmetic Doctor, Cosmetic Elegance Clinic	

**1:05 - 2:00 Networking Lunch**

**1:15 - 2:00 Speed Dating with the Industry (devices) – Keltie Cove Room**

## AFTERNOON SESSIONS

### BACK TO THE FUTURE – CHEMICAL PEELS IN AESTHETIC MEDICINE

**Chair: Dr Phillip Artemi, Dermatologist, South West Sydney Dermatology**

2:00	Why Bother With Chemical Peels?, <b>Dr Phillip Artemi</b> , Dermatologist, South West Sydney Dermatology	<b>2:00 – 3.30pm</b> <b>INNOVATIVE MEDICAL TECHNOLOGIES WORKSHOP</b>  <b>Keltie Cove Room</b>
2:10	Chemical Peels for Anti-Ageing – TBC	
2:25	Glycolic Acid Peels in Aesthetic Medicine, <b>Dr Michael Rich</b> , Dermatologist	
2:40	Head to Head: Advanced Cosmeceuticals, <b>Catherine Biedermann</b> , DermoCosmetica, <b>George Kypreos</b> , Emagin, <b>George Milios</b> and Synergie Skin, <b>Sophie Ashworth</b> .	
3:10	Danger Signs – Before, During and After Chemical Peels, <b>Dr Phillip Artemi</b>	
3:20	Panel Discussion – Treating Hyperpigmentation (Melasma), <b>Dr Michael Rich, Dr Phillip Artemi</b>	

**3:30 - 4:00 Afternoon Tea**

### THE CONSULTATION, THE PATIENT JOURNEY AND COMPLICATIONS

**Chair: Kerry Bielik, Principal, Insight Patient Satisfaction Solutions**

4:00	Consultations and Risk Management – Detailed Consultation Techniques to Increase Patient Satisfaction (includes handling complaints and the importance of a risk management strategy), <b>Dr John Flynn</b>	<b>4:00 – 5.30pm</b> <b>DEVICE CONSULTING WORKSHOP</b>  <b>Keltie Cove Room</b>
4:15	Customer Service, <b>Ricky Allen</b> , Health Psychologist and Beauty and Health Editor, Vogue	
4:30	Case Studies: Benefits of a Patient Experience Program for Cosmedical Practices, <b>Kerry Bielik</b> , Principal, Insight Patient Satisfaction Solutions	
4:45	Bumps, Lumps and Biofilm, <b>Dr Shaun Walsh</b> , Cosmetic Doctor, Dee Why Skin Cancer and Cosmetic Clinic	
<b>5:00</b>	<b>Closing Remarks from Chair</b>	

**6:30 - 11.30 HOLLYWOOD RED CARPET GALA DINNER – Sponsored by MaraAesthetics**



## DAY TWO – SATURDAY 17 MARCH

**7:00 - 8:15** **BREAKFAST WORKSHOP – Keltie Cove Room** – Sponsored by Cutera  
PicoPulses, **Dr Ian Holten**, Body Sculpting, **Nicki Belle**, Founder, Face Today Clinic

**6:30 - 8:30** **Registration and Morning Coffee**

### FACIAL REJUVENATION

**Chair: Dr John Flynn, Medical Director, Cosmedic and Skin Clinic**

8:30 Advances in Facial Rejuvenation with Combination Therapies – The European Perspective,  
**Dr Konstantin Sulamanidze**

8:45 Injecting Techniques for Facial Asymmetry, **Dr Benjamin Burt**, Oculoplastic Surgeon

9:00 Threadlifting: Mechanics and Myths, **Dr Niroshan Sivathasan**, Cosmetic Surgeon

9:15 PRP Combined with HA, **Dr Ian Chinsee**, Cosmetic Doctor

9:30 Fat Transfer, **Dr Neal Hamilton**, Medical Director, Concept Cosmetic Medicine

9:45 Pearls of Wisdom for Using Dermal Fillers and Muscle Relaxants to Achieve the Best Results – Less is More, **Dr Adam Rish**

10:00 The Dinosaur in the Room: HA and Biostimulators Risks and Rewards,  
**Dr David Topchian**, Cosmetic Surgeon and Director, The Doctor's Studio

10:15 Current Status of Facial Injectables, **Dr Steven Liew**, Plastic Surgeon, Shape Clinic

**10:30 - 11:00 Morning Tea**

### LASERS AND EBDS

**Chair: Kerry Bielik, Principal, Insight Patient Satisfaction Solutions**

11:00 LED Therapy: Join the Wound Healing Revolution!, **Prof R Glen Calderhead**  
(Sth Korea), Vice President, Medicoscientific Affairs, Lutronic Corporation

11:15 Vaginal Rejuvenation, **Dr Anthony Rixon**, Cosmetic Doctor, Main Street Clinic

11:30 Facial Rejuvenation from Cold to Warm, **Dr Josip Lovric**

11:45 Picosecond Laser Myths Busted, **Prof R Glen Calderhead**

12:00 Focused Ultrasound for Sagging Skin (Ultraformer), **Dr Adrian Lim**, Dermatologist

12:15 Lasers in Dermatology, **Dr Christina Sander**, Dermatologist

**12.30** **KEYNOTE ADDRESS: KERRI-ANNE KENNERLEY – A Bold Life**

**1:00 - 2:00** **Networking Luncheon and book signing with Kerri-Anne Kennerley**

**9:00 – 10.30am  
SCITON  
WORKSHOP**

**Keltie Cove Room**

**11:00 – 12:30pm  
CROMA  
WORKSHOP**

**Keltie Cove Room**

# COSMEDICON 2018



## AFTERNOON SESSIONS

### SKINCARE AND COSMECEUTICALS

**Chair: Dr Doug Grose, Cosmetic Physician, DJG Cosmetic**

2:00	5 Secrets to Optimal Skin, <b>Dr Doug Grose</b> , Cosmetic Physician, DJG Cosmetic	<b>2:00 – 3.30pm HIGH TECH LASER WORKSHOP</b>  <b>Keltie Cove Room</b>
2:15	Nutrition for Skincare, <b>Chiza Westcarr</b> , Nutritional Skincare Academy	
2:30	Vitamin A and its Role in Skincare/Cold Pressed Ingredients, <b>Dr Mark Gray</b> , Dermatologist and Dermatopathologist	
2:45	How Epigenetics is Changing the Face of Skincare, <b>Dr Neal Kitchen</b> , Vice President, Strategy and Development, HydroPeptide	
3:00	A Novel New Peptide that Influences the Genetic Programming of Skin Cells, <b>Terri Vinson</b> , Cosmetic Chemist and Founder of Synergie Skin	
3:15	Managing Acne in an Aesthetic Practice Including the Importance of Diet, <b>Dr Doug Grose</b>	
<b>3:30 - 4:00</b>	<b>Afternoon Tea</b>	

### BUSINESS ROUND TABLE

**Chair: Kerry Bielik, Company Principal, Insight Patient Satisfaction Solutions**

4:00	Cybersecurity – The New Data Breach Regulations and How They Affect Medical Practices, <b>Doug Endersbee</b> , ozhosting.com	<b>4:00 – 5.30pm AUSTRAMEDEX WORKSHOP</b>  <b>Keltie Cove Room</b>
4:15	Creating Value in Your Business, <b>Hanya Oversby</b> , Director, Specialist Consulting	
4:30	HR and Retention, <b>Lizzy Boots</b> , Boots and All Consulting	
4:45	Upgrading Your Aesthetic Practice – 7 Things that Work, <b>Gillian Hugo</b> , Co-Founder, eight10 Consulting	
5:00	Social Media – Latest Updates from the Social Media World Meeting Held in San Diego, <b>Nicole Montgomery</b> , Trusted Surgeons	
5:15	Consumer Attitudes to Cosmetic Procedures – Survey Results <b>Michelle Kearney</b> , MD, Bella Media	

**5:30**

**CLOSE OF CONFERENCE**