

## 7.00 – 8.15 BREAKFAST WORKSHOP (RUSHCUTTERS BAY ROOM) – LUMENIS

### 6.30 – 8.30 REGISTRATION AND MORNING COFFEE

#### THROUGH THE LOOKING GLASS – DIFFERENT PERSPECTIVES OF 'NORMAL' CONFERENCE MODERATOR. KERRY BIELIK      SESSION CHAIR. DR JOHN FLYNN

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| 8.30  | Welcome Address, <b>Dr John Flynn</b> , Cosmetic Surgeon, Cosmedic and Skin Clinic  |
| 8.40  | Has the rise of selfies given us a new 'addiction disorder'?, <b>Roberta Honigman</b> , B.Comm., B.Soc.Work., A.A.S.W   |
| 8.55  | Changing attitudes to deformity, <b>Dr Frank Moloney</b> , Oral and Maxillofacial Surgeon, Senior Lecturer, University of Queensland Medical School                         |
| 9.15  | The celebrity influence, <b>Dr Malcolm Linsell</b> , Plastic Surgeon  |
| 9.30  | How to consult a patient with BDD or unrealistic expectations <b>Dr Jack Zoumaras</b> , Plastic Surgeon, Artiste Plastic Surgery  |
| 9.45  | How to suspend judgment as a medical professional, <b>Dr John Flynn</b> , Cosmetic Surgeon, Cosmedic and Skin Clinic  |
| 10.00 | <b>PANEL DISCUSSION</b> – What is 'normal' in aesthetic medicine? What if I have a different aesthetic appreciation to my patients? How do we know when 'enough is enough'? |

### 10.30 – 11.00 MORNING TEA

#### TREATING PIGMENTATION AND SKIN TIGHTENING TECHNOLOGIES CHAIR. DR DAVID KOSENKO

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|-------|---|
| 11.00 | New generation of vascular and pigmentary IPLs, <b>Dr Godfrey Town, Ph.D.</b> , (UK) RPA2000 Accredited Laser Protection/IPL Adviser                |
| 11.15 | Is it safe to use EBDs to treat pigmentation?, <b>Dr David Kosenko</b> , Cosmetic Physician, Impress Cosmetic Medicine                              |
| 11.30 | What they don't tell you about melasma, <b>Prof R Glen Calderhead</b> , (Sth Korea), Vice President, Medicoscientific Affairs, Lutronic Corporation |
| 11.45 | Strategy of using picosecond lasers for melasma from the point of view of histological findings, <b>Dr Jeng-Hsien Lin</b> , (Taiwan) Dermatologist  |
| 12.00 | Topical treatment of hyperpigmentation, <b>Dr Davin Lim</b> , Dermatologist   |
| 12.15 | Optimising aesthetic outcomes through a multi-modality approach, <b>Dr Anh Nguyen</b> , Plastic Surgeon, Dr Anh Plastic Surgery Medispa             |
| 12.30 | Thermal fractional skin rejuvenation for even delicate skin, <b>Dr Jemima Grant</b> , Cosmetic Doctor, Thrive Skin Clinic                           |
| 12.45 | See, plan, treat – importance of visualisation using ultrasound device Ulthera, <b>Dr Stephen Lowe</b> , Cosmetic Doctor, Muse Clinic               |

11.00 – 12.30pm

**True Solutions  
WORKSHOP  
TOPIC TBC**

### 1.05 – 2.00 LUNCH

**THREADLIFTING TECHNIQUES**

**SESSION CHAIR. DR JOHN FLYNN**

- 2.00 Aptos threadlifting techniques explained, **Dr Marlen Sulaminidze**, (Georgia), Plastic Surgeon with translator Dr Nino Vadachkoria

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- 2.20 Non-surgical threadlifting demystified, **Dr Gordon Ku**, Cosmetic Physician

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- 2.35 Minimally invasive correction of the lower third of the face, combined methods of lifting with Aptos method, **Dr Hugo Ho**, Cosmetic Physician, Sydney West Aesthetics

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- 2.50 MINT threads and techniques **Dr David Ong**, Aesthetic Physician, Esteem Cosmetic Studio

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- 3.05 Silhouette threads and techniques, **Dr Francisco de Melo**, (Dubai, UAE), Plastic Surgeon, Cosmebeauté

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- 3.20 **PANEL DISCUSSION** – Threadlifting longevity; benefits vs risks and different thread compositions and structure.

**2.00 – 3.30pm**

**Advanced  
Cosmeceuticals  
WORKSHOP**

**WHY ALL LEDS ARE  
NOT THE SAME**

**Prof R Glen  
Calderhead**

**3.30 – 4.00 AFTERNOON TEA**

**BODY CONTOURING AND NOVEL TECHNOLOGIES**

**CHAIR. TBC**

- 4.00 Body is the new face – HIFEM technology, **Dr Saras Sundrum**, Cosmetic Physician, Dr Saras & Co

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- 4.15 Personalised body sculpting: the next evolution, **Dr Richard Hogben**, Cosmetic Physician, Allure Clinic

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- 4.30 NuEra Tight – radiofrequency body contouring in conjunction with DMA (dynamic muscle activation), **Renée Lapino**, (UK), Renée Lupino Clinic, London

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- 4.45 MiraDry technology, **Dr Amit Sra**, (UK)

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- 5.00 StimSure the next generation in electromagnetic technology for body toning and muscle mass gain, **TBC**

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- 5.15 Body shaping with muscle tightening – is it possible?, **TBC**

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- 5.30 END OF DAY'S SESSIONS IN PREPARATION FOR GALA DINNER**

**4.00 – 5.30pm**

**Austramedex  
WORKSHOP**

**THREADLIFTING**

**Dr Francisco  
de Melo**

**GALA DINNER @ 7 PM**

FRIDAY 6 MARCH – INTERCONTINENTAL SYDNEY DOUBLE BAY BALLROOM



# DAY TWO SATURDAY 7 MARCH AM

7.00 – 8.15 BREAKFAST WORKSHOP (RUSHCUTTERS BAY ROOM) – DR SEAN ARENDSE – STYLAGE

6.30 – 8.30 REGISTRATION AND MORNING COFFEE

## RISK ASSESSMENT AND AVOIDING COMPLICATIONS

CONFERENCE MODERATOR. KERRY BIELIK

SESSION CHAIR. DR JOHN FLYNN

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|-------|--|
| 8.30  | Techniques for safer injection of dermal fillers, <b>Dr Adam Rish</b> , Cosmetic Physician, Laserase   |
| 8.45  | The role of ultrasound imaging in cosmetic medicine, <b>Dr Michael Molton</b> , Cosmetic Physician, President CPCA, epiclinic  |
| 9.00  | Risks in the consultating room, <b>Dr David Kosenko</b> , Cosmetic Physician, Impress Cosmetic Medicine  |
| 9.15  | The minimum requirements for a Skype consultation , <b>Dr John Flynn</b> , Cosmetic Surgeon, Cosmedic and Skin Clinic  |
| 9.25  | Risk assessment and case study analysis, <b>Angela Mason Lynch</b> , RN, Avant   |
| 9.40  | <b>TBC</b> , <b>Dr Steven Liew</b> , Plastic Surgeon, Shape Clinic   |
| 9.55  | Managing the acute emergency in the clinic, <b>Dr Sean Arendse</b> , Cosmetic Physician, Flawless Rejuvenation and Director of Emergency Medicine Training (Melb)  |
| 10.10 | <b>PANEL DISCUSSION.</b> Minimising risks of hyaluronic acid embolic visual loss. Discussion of conclusions and recommendations from the recent paper published in <i>Aesthetic Surgery Journal</i> (official publication of the American Society of Aesthetic Plastic Surgery). |

9.00 – 10.30pm

**Mondeal  
WORKSHOP  
CREATING A  
LATTICE WITH  
MINT THREADS TO  
ENSURE EFFICACY  
AND LONGEVITY**

**Dr Amanda Ong**

10.30 – 11.00 MORNING TEA

## FACIAL REJUVENATION (FILLERS, TOXINS AND COMBINATION)

CHAIR. TBC

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|-------|--|
| 11.00 | Volumising the lower face, <b>Dr Sean Arendse</b> , Cosmetic Physician, Flawless Rejuvenation and Director of Emergency Medicine Training (Melb) |
| 11.15 | My approach on pan-facial rejuvenation using Belotero and Radiesse, <b>Dr Niamh Corduff</b> , Plastic Surgeon                                    |
| 11.35 | Botulinum toxins – resistance is real, <b>Dr Mary Dingley</b> , Cosmetic Physician, Cosmetic Medicine Centre                                     |
| 11.55 | Using Teosyal for long lasting rejuvenation, <b>Dr Joseph Hkeik</b> , Cosmetic Physician, All Saints Clinic                                      |
| 12.10 | Rejuvenating the Asian face – special considerations, <b>Dr Anh Nguyen</b> , Plastic Surgeon, Dr Anh Plastic Surgery Medispa                     |
| 12.25 | The nexus between non-surgical and surgical intervention, <b>Dr Jack Zoumaras</b> , Plastic Surgeon, Artiste Plastic Surgery                     |
| 12.40 | <b>TBC</b>   |

11.00 – 12.30pm

**PracticeHub  
WORKSHOP  
Angela  
Mason Lynch**

1.00 – 2.00 LUNCH

## SKIN INTEGRITY AND NOVEL TREATMENTS

CHAIR. DR SEAN ARENDSE

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| 2.00 | Enviroageing. the impact of urban pollution, infrared and visible light on human skin, <b>Terri Vinson</b> , Cosmetic Chemist and Founder of Synergie Skin                               |
| 2.15 | Microneedling of fine lines and wrinkles, <b>Dr Thomas Hitchcock</b> , Chief Scientific Officer, Crown Laboratories  |
| 2.30 | Devices; does the fourth state matter?, <b>Steve Sutcliffe</b> , International Distribution Manager and Product Specialist, Energist Medical Group                                       |
| 2.45 | Skin integrity. essential for achieving optimal aesthetic results, <b>Dr Sean Arendse</b> , Cosmetic Physician, Flawless Rejuvenation and Director of Emergency Medicine Training (Melb) |
| 3.00 | Advancements in insulated microneedling radiofrequency for the treatment of photoageing and acne scars., <b>Dr Davin Lim</b> , Dermatologist, Fiori Institute of Skin & Body             |
| 3.15 | Micrografting technology with progenator cells, <b>Dr Francisco de Melo</b> , (Dubai, UAE), Plastic Surgeon  |

2.00 – 3.30pm

Device Consulting  
WORKSHOP

TIXEL AND  
MIRADRY

Dr Amit Sra

## 3.30 – 4.00 AFTERNOON TEA

## LASERS AND EBDS

CHAIR. DR MICHAEL MOLTON

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|------|--|
| 4.00 | Radiofrequency (RF) skin tightening, <b>TBC</b>  |
| 4.15 | Fractionated lasers, <b>Dr Michael Molton</b> , Cosmetic Physician, President CPCA, epiclinic  |
| 4.30 | Women's intimate health, <b>Dr Gina Messiha</b> , Cosmetic Physician, Oceans Cosmetics   |
| 4.45 | Pearls of wisdom from my 25 years experience with lasers, <b>Dr Adam Rish</b> , Cosmetic Physician, Laserase   |
| 5.00 | Application of a novel 585 fractionated yellow laser in treating facial erythema of rosacea, <b>Dr Jeng-Hsien Lin</b> , (Taiwan) Dermatologist                             |
| 5.15 | Skin rejuvenation and scar revision with the picosecond laser, <b>Prof R Glen Calderhead</b> , (Sth Korea), Vice President, Medicoscientific Affairs, Lutronic Corporation |
| 5.30 | Short pulse laser skin rejuvenation for darker skin types, <b>Dr Rungsima Wanitphakdeedech</b> , (Bangkok, Thailand) Dermatologist   |
| 5.45 | <b>TBC</b>   |

4.00 – 5.30pm

Teoxane  
WORKSHOP

TOPIC

Dr Joseph Hkeik  
and Dr Nik Davies

6.00 END OF CONFERENCE