

DAY ONE FRIDAY 6 MARCH AM

7.00 – 8.15 BREAKFAST WORKSHOP (RUSHCUTTERS BAY ROOM) – LUMENIS

6.30 – 8.30 REGISTRATION AND MORNING COFFEE

THROUGH THE LOOKING GLASS – DIFFERENT PERSPECTIVES OF 'NORMAL'

CONFERENCE MODERATOR: KERRY BIELIK SESSION CHAIR: DR JOHN FLYNN

- 8.30 Welcome Address, **Dr John Flynn**, Cosmetic Surgeon, Cosmedic and Skin Clinic
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- 8.40 Has the rise of selfies given us a new 'addiction disorder'?, **Roberta Honigman**, MSW (Research) and Grad Dip Mediation and Conflict Resolution, B.Comm., A.A.S.W
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- 8.55 True confidence – can we really fake it till we make it?, **Dr Katherine Iscoe**, BA, MSc, PhD, Cert. Couns.
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- 9.15 The celebrity influence, **Dr Malcolm Linsell**, Plastic Surgeon
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- 9.30 How to consult a patient with BDD or unrealistic expectations, **Dr Jack Zoumaras**, Plastic Surgeon, Artiste Plastic Surgery
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- 9.45 How to suspend judgment as a medical professional, **Dr John Flynn**, Cosmetic Surgeon, Cosmedic and Skin Clinic
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- 10.00 **PANEL DISCUSSION** – What is 'normal' in aesthetic medicine? What if I have a different aesthetic appreciation to my patients? How do we know when 'enough is enough'?

10.30 – 11.00 MORNING TEA

TREATING PIGMENTATION AND SKIN TIGHTENING TECHNOLOGIES

CHAIR: DR DAVID KOSENKO

- 11.00 New generation of vascular and pigmentary IPLs, **Dr Godfrey Town**, Ph.D., Senior Research Fellow, Dept of Dermatology, Aalborg University Hospital, Aalborg, Denmark
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- 11.15 Is it safe to use EBDs to treat pigmentation?, **Dr David Kosenko**, Cosmetic Physician, Impress Cosmetic Medicine
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- 11.30 What they don't tell you about melasma, **Prof R Glen Calderhead**, (Sth Korea), Vice President, Medicoscientific Affairs, Lutronic Corporation
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- 11.45 Strategy of using picosecond lasers for melasma from the point of view of histological findings, **Dr Jeng-Hsien Lin**, (Taiwan) Dermatologist
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- 12.00 Topical treatment of hyperpigmentation, **Dr Davin Lim**, Dermatologist
-
- 12.15 Maximising skin tightening through appropriate patient consultation, **Dr Anh Nguyen**, Plastic Surgeon, Dr Anh Plastic Surgery Medispa
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- 12.30 Thermal fractional skin rejuvenation for even delicate skin, **Dr Jemima Grant**, Cosmetic Doctor, Thrive Skin Clinic
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- 12.45 See, plan, treat – importance of visualisation using ultrasound device Ulthera, **Dr Stephen Lowe**, Cosmetic Doctor, Muse Clinic

11.00 – 12.30pm

**Synergie Skin
WORKSHOP
COSMECEUTICALS**

1.05 – 2.00 LUNCH

THREADLIFTING TECHNIQUES

SESSION CHAIR: DR JOHN FLYNN

- 2.00 Aptos threadlifting techniques explained, **Dr Marlen Sulaminidze**, (Georgia), Plastic Surgeon with translator Dr Nino Vadachkoria and Dr Mariam Tsvitsivadze

- 2.20 Non-surgical threadlifting demystified, **Dr Gordon Ku**, Cosmetic Physician

- 2.35 Minimally invasive correction of the lower third of the face, combined methods of lifting with Aptos method, **Dr Hugo Ho**, Cosmetic Physician, Sydney West Aesthetics

- 2.50 MINT threads and techniques **Dr David Ong**, Aesthetic Physician, Esteem Cosmetic Studio

- 3.05 Silhouette threads and techniques, **Dr Francisco de Melo**, (Dubai, UAE), Plastic Surgeon, Cosmebeauté

- 3.20 **PANEL DISCUSSION** – Threadlifting longevity; benefits vs risks and different thread compositions and structure.

2.00 – 3.30pm

**Advanced
Cosmeceuticals
WORKSHOP**

**WHY ALL LEDS ARE
NOT THE SAME**

**Prof R Glen
Calderhead**

3.30 – 4.00 AFTERNOON TEA

BODY CONTOURING AND NOVEL TECHNOLOGIES

CHAIR: DR JOHN FLYNN

- 4.00 Body is the new face – HIFEM technology, **Dr Saras Sundrum**, Cosmetic Physician, Dr Saras & Co

- 4.15 Personalised body sculpting: the next evolution, **Dr Richard Hogben**, Cosmetic Physician, Allure Laser & Skin Studio

- 4.30 The NuEra of intelligent controlled heating for subcutaneous fat destruction, skin tightening and cellulite reduction, **Renée Lapino**, Renée Lapino Clinic, London, (UK)

- 4.45 miraDry – how to use social media & digital marketing to boost your patient numbers, **Dr Amit Sra**, (UK)

- 5.00 Introducing TempSure Firm – Body solution update. Provide RF body treatments faster, **Dr Josh Wall**, Cosmetic Doctor, Contour Clinics

- 5.15 PRP – is it all it's hyped up to be?, **Dr Russell Knudsen**, Hair Transplant Surgeon, The Knudsen Clinic

- 5.30 **END OF DAY'S SESSIONS IN PREPARATION FOR GALA DINNER**

4.00 – 5.30pm

**Austramedex
WORKSHOP**

THREADLIFTING

**Dr Francisco
de Melo**

GALA DINNER @ 7 PM

FRIDAY 6 MARCH – INTERCONTINENTAL SYDNEY DOUBLE BAY BALLROOM



DAY TWO SATURDAY 7 MARCH AM

7.00 – 8.15 BREAKFAST WORKSHOP (RUSHCUTTERS BAY ROOM) – DR SEAN ARENDSE – STYLAGE

6.30 – 8.30 REGISTRATION AND MORNING COFFEE

RISK ASSESSMENT AND AVOIDING COMPLICATIONS

CONFERENCE MODERATOR: KERRY BIELIK

SESSION CHAIR: DR JOHN FLYNN

- 8.30 Techniques for safer injection of dermal fillers, **Dr Adam Rish**, Cosmetic Physician, Laserase
- 8.45 The role of ultrasound imaging in cosmetic medicine, **Dr Michael Molton**, Cosmetic Physician, President CPCA, epiclinic
- 9.00 Risks in the consultating room, **Dr David Kosenko**, Cosmetic Physician, Impress Cosmetic Medicine
- 9.15 The minimum requirements for a Skype consultation, **Dr John Flynn**, Cosmetic Surgeon, Cosmedic and Skin Clinic
- 9.25 Risk assessment and case study analysis, **Angela Mason Lynch**, RN, Avant
- 9.40 What should you do when there is a vascular emergency?, **Dr Steven Liew**, Plastic Surgeon, Shape Clinic
- 9.55 Managing the acute emergency in the clinic, **Dr Sean Arendse**, Cosmetic Physician, Flawless Rejuvenation and Director of Emergency Medicine Training (Melb)
- 10.10 **PANEL DISCUSSION.** Minimising risks of hyaluronic acid embolic visual loss. Discussion of conclusions and recommendations from the recent paper published in *Aesthetic Surgey Journal* (official publication of the American Society of Aesthetic Plastic Surgery).

9.00 – 10.30pm

**Mondeal
WORKSHOP
CREATING A
LATTICE WITH
MINT THREADS TO
ENSURE EFFICACY
AND LONGEVITY**

Dr Amanda Ong

10.30 – 11.00 MORNING TEA

FACIAL REJUVENATION (FILLERS, TOXINS AND COMBINATION)

CHAIR: DR SEAN ARENDSE

- 11.00 Volumising the lower face, **Dr Sean Arendse**, Cosmetic Physician, Flawless Rejuvenation and Director of Emergency Medicine Training (Melb)
- 11.15 Results, not reactions – adverse events with fillers, what we need to understand, **Dr Niamh Corduff**, Plastic Surgeon
- 11.35 Botulinum toxins – resistance is real, **Dr Mary Dingley**, Cosmetic Physician, Cosmetic Medicine Centre
- 11.55 Using Teosyal for long-lasting rejuvenation, **Dr Joseph Hkeik**, Cosmetic Physician, All Saints Clinic
- 12.10 Rejuvenating the Asian face – special considerations, **Dr Anh Nguyen**, Plastic Surgeon, Dr Anh Plastic Surgery Medispa
- 12.25 The nexus between non-surgical and surgical intervention, **Dr Jack Zoumaras**, Plastic Surgeon, Artiste Plastic Surgery
- 12.40 Non-surgical rhinoplasty – techniques and basic consideration, **Dr Michael Zacharia**, ENT and Facial Plastic Surgeon, Double Bay

11.00 – 12.30pm

**PracticeHub
WORKSHOP**

**Angela
Mason Lynch**

1.00 – 2.00 LUNCH

DAY TWO SATURDAY 7 MARCH PM

SKIN INTEGRITY AND NOVEL TREATMENTS

CHAIR: DR SEAN ARENDSE

- 2.00 Enviroageing: the impact of urban pollution, infrared and visible light on human skin, **Terri Vinson**, Cosmetic Chemist and Founder of Synergie Skin
-
- 2.15 Microneedling of fine lines and wrinkles, **Dr Thomas Hitchcock**, Chief Scientific Officer, Crown Laboratories
-
- 2.30 Devices; does the fourth state matter?, **Steve Sutcliffe**, International Distribution Manager and Product Specialist, Enggist Medical Group
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- 2.45 Skin integrity, essential for achieving optimal aesthetic results, **Dr Sean Arendse**, Cosmetic Physician, Flawless Rejuvenation and Director of Emergency Medicine Training (Melb)
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- 3.00 Advancements in insulated microneedling radiofrequency for the treatment of photoageing and acne scars., **Dr Davin Lim**, Dermatologist, Fiori Institute of Skin & Body
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- 3.15 Micrografting technology with progenator cells, **Dr Francisco de Melo**, (Dubai, UAE), Plastic Surgeon

2.00 – 3.30pm

Device Consulting
WORKSHOP

TIXEL AND
MIRADRY

Dr Amit Sra

3.30 – 4.00 AFTERNOON TEA

LASERS AND EBDS

CHAIR: DR MICHAEL MOLTON

- 4.00 Fractionated lasers, **Dr Michael Molton**, Cosmetic Physician, President CPCA, epiclinic
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- 4.15 Women's intimate health, **Dr Gina Messiha**, Cosmetic Physician, Oceans Cosmetics
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- 4.30 Pearls of wisdom from my 35 years' experience with lasers, **Dr Adam Rish**, Cosmetic Physician, Laserase
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- 4.45 Application of a novel 585 fractionated yellow laser in treating facial erythema of rosacea, **Dr Jeng-Hsien Lin**, (Taiwan) Dermatologist
-
- 5.00 Skin rejuvenation and scar revision with the picosecond laser, **Prof R Glen Calderhead**, (Sth Korea), Vice President, Medicoscientific Affairs, Lutronic Corporation
-
- 5.15 How laser training for your staff will increase cosmetic practice revenue, **Dr Godfrey Town**, Ph.D., Senior Research Fellow, Dept of Dermatology, Aalborg University Hospital, Aalborg, Denmark

4.00 – 5.30pm

Teoxane
WORKSHOP

Dr Joseph Hkeik
and Dr Nik Davies

5.30

END OF CONFERENCE