

# WELCOME!

Valued guest: Please be advised that our kitchen is unable to co-ordinate meals especially during busy times.

We encourage you to start your meal as soon as it arrives

### SUSHI - SASHIMI - MAKI

fresh & made to order

vegetable maki (6, V)	15
inside out rolled filled w avocado, shiso & cucumber topped w sesame s	eeds
& the following toppings:	
teriyaki marinated water chestnuts w miso & coriander	
tofu & avocado w kizami wasabi & baby shiso	
smoked eggplant marinated in tamari & ginger w chopped chives	
tempura pumpkin roll (4, V)	15
inside out roll filled w tempura pumpkin, beetroot, seaweed salad	
& avocado, topped w black sesame & japanese mayo	
maki rolls (6)	
inside out roll w avocado, shiso & cucumber topped w sesame seeds –	
your choice of:	
kingfish w grated ginger & chives	16
salmon w nikiri soy, shiso & mayo	15
combination of both	16
kingfish ochazuke	18
a simple delicate Japanese winter favourite – pouring hot kombu dashi	10
over rice topped w fresh diced kingfish, nori, sesame seeds, kizami wasa	ahi
& matcha green tea	451
gyu tataki nigiri (4)	19
rare seared beef nigiri sushi topped w house made japanese steak saud	. •
chives & wasabi leaf	,
ocean trout nigiri (4)	19
3 ( )	. •

scorched ocean trout nigiri sushi w wasabi leaf

### TEMPURA MENU

2 pieces per serve – served w dashi dipping sauce & daikon

red capsicum	4	pumpkin	5
eggplant	4	broccoli	5
zucchini	4	king prawns	11
soft shell crab	15		

### ZENSAI – IZAKAYA

small dishes great to share or as a starter

miso soup – small   large	4   6
fish dashi or vegetable stock w wakame, silken tofu & spring onion	
edamame (V)	7
steamed soybeans w your choice of salt :- chilli, green tea or rock	
renkon crisps (V)	7
crunchy lotus root crisps w miso sour cream – great snack w drinks	
nasu dengaku (V)	9
deep-fried eggplant pieces w smoky miso glaze & sesame seeds	
goma-ae (V)	9
blanched cold broccoli w roasted sesame dressing	
chicken ao nori	10
diced chicken thigh, marinated in garlic, sesame oil & extra virgin olive oil,	
deep-fried in potato starch & coated in ao nori, served w mayo & lemon	
age-dashi tofu (V)	12
deep-fried silken tofu, grated daikon, spring onion & nori w vegetable broth	
karaage (5)	15
crispy fried chicken spare ribs, marinated in garlic & served w	
miso seeded mustard mayo	
buddha dumplings (5, V)	15
deep-fried vegetarian dumplings w sweet chilli sauce	
tofu salad (V)	15
soft tofu w a wakame, mixed leaves, cherry tomatoes red onion salad	

topped w sesame seeds & a sesame oil & gluten free soy vinaigrette w char-grilled chicken thigh (+\$7)

ma po tofu

our version of the spicy Chinese classic made w our house made teriyaki sauce w chicken mince, silken tofu, eggplant, red capsicum, spring onion & fresh chilli - served w crispy rice crackers pork belly 17 slow poached in gluten free soy glaze, sliced & served w bok choy, seeded mustard & julienned leek steamed noodle dumplings (5) 18 freshly prepared in house - prawn, salmon, water chestnut & chives wrapped in brown rice noodles & steamed, served w ponzu dipping sauce shake teriyaki 20 120g grilled salmon served medium rare topped w alfalfa sprouts, accompanied w grated daikon & gluten free teriyaki sauce on the side tempura soft shell crab salad 22 served w green tea soba noodles, red onion, coriander, mint, shiso leaf, cherry tomatoes, shichimi & sesame garlic dressing steamed rice – white or brown

16

## V = Vegetarian Dishes GF = Gluten Free over page

### NOODLES

UDON - RAMEN - SOBA - SOMEN

UDON - RAIVIEN - SODA - SOIVIEN	
miso udon (V)	19
udon noodles in vegetable miso broth w 4 deep-fried silken tofu, carrots,	
shiitake mushrooms, bokchoy, wakame & spring onion	
soba tempura (V)	19
green tea soba noodles in vegetable dashi broth w 4 tempura vegetables,	
spring onion & pickles – a simple, delicious japanese favourite	
tori soboro somen	19
minced chicken, flavoured w red miso paste & spicy sriracha sauce,	
garnished w shiso & ramen crisps served over somen noodles w a touch	
of vegetable stock	
spicy pork ramen	21
spicy pork ramen	21

slow cooked pork w bok choy, wakame & pickled ginger over ramen

noodles in a mild flavoured house made chicken stock, kochujan miso, butter & miso paste, sprinkled w shichimi, spring onion & nori

26 shake ramen

120g grilled salmon served medium rare in a house made chicken stock w miso, bok choy, beanshoots & sweetcorn over ramen noodles

- light, delicate & tasty

steamed rice

#### **DONBURI - RICE DISHES**

w white or brown rice & miso cup

vegetable curry (V) 19 traditional Japanese curry w onions, button mushrooms, capsicum, potato, pumpkin & carrot w steamed rice, fresh mizuna & pickles 19 tofu ankake don (V)

silken tofu simmered w bok choy, wombok, shiitake mushrooms, carrot & ginger, topped w shredded nori over steamed rice

teriyaki chicken don char-grilled thigh fillet w balsamic teriyaki glaze & mayo, served w steamed bok choy, a salad of mizuna & tomato, topped w nori over rice

wafu steak don 22 100g sliced scotch beef fillet char-grilled served medium rare w house made Japanese steak & pepper sauce, broccoli, julienned leek, horseradish &

22 sashimi don

fresh salmon sashimi marinated in yukke soy w sliced cucumber, shiso leaf, sesame seeds & alfalfa sprouts over sushi rice

## Gluten Free & Kids Menu please turn over page

Weekday Lunch Menu available includes our delicious lunch trays only \$20 Please ask your friendly waiter for a copy or visit our website..



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# **GLUTEN FREE MENU**

#### **GLUTEN FREE ZENSAI**

small dishes great to share or as a starter

gf miso soup - small | large

fish dashi or vegetable stock w wakame, tofu & spring onion

f edamame (V)	7
teamed, salted soy beans w rock salt	
f nasu dengaku (V)	9
teamed eggplant pieces w smoky miso glaze & sesame seeds	
f goma-ae (V)	9
lanched cold broccoli w roasted sesame dressing	
f tofu salad (V)	15
oft tofu w a wakame, mixed leaves, cherry tomatoes red onion salad	
opped w sesame seeds & a sesame oil & gluten free soy vinaigrette	
char-grilled chicken thigh (+\$7)	
f pork belly	17
low poached in gluten free soy glaze, sliced & served w bok choy	
julienned leek	
f steamed noodle dumplings (5)	18
eshly prepared in house - prawn, salmon, water chestnut & chives wrapped	
n brown rice noodles & steamed, served w ponzu dipping sauce	
f shake teriyaki	20

120g grilled salmon served medium rare topped w alfalfa sprouts, accompanied w grated daikon & gluten free teriyaki sauce on the side

gf steamed rice - white or brown

### **GROUP BOOKING OR FUNCTION?**

available for 10 or more people... starting at only \$40

call or email us!

## **GLUTEN FREE SUSHI - SASHIMI**

fresh & made to order

gf vegetable maki (6, V)	1
inside out rolled filled w avocado, shiso & cucumber topped w sesame seeds	
& the following toppings:	
teriyaki marinated water chestnuts w miso & coriander	
tofu & avocado w kizami wasabi & baby shiso	
smoked eggplant marinated in tamari & ginger w chopped chives	
gf maki rolls (6)	
inside out roll w avocado, shiso & cucumber topped w sesame seeds & your choice of:	
kingfish w grated ginger & chives	1
salmon w nikiri soy & shiso	1
combination of both	1
gf kingfish ochazuke	1
a simple delicate Japanese winter favourite – pouring hot kombu dashi	
over rice topped w fresh diced kingfish, nori, sesame seeds, kizami wasabi	
& matcha green tea	
gf ocean trout nigiri (4)	1
scorched ocean trout nigiri sushi topped w wasabi leaf	
GLUTEN FREE DONBURI - RICE DISHES	
w white or brown rice & miso cup	
gf tofu ankake don (V)	1
silken tofu simmered w bok choy, wombok, shiitake mushrooms, carrot &	
ginger w shredded nori over steamed rice	

21

4 6

gf teriyaki chicken don 21
char-grilled thigh fillet w balsamic teriyaki glaze, served w steamed
bok choy, a salad of mizuna & tomato, topped w nori over rice

gf wafu steak don 22
100g sliced scotch beef fillet char-grilled served medium rare w house made Japanese
steak & pepper sauce, broccoli, julienned leek & rice

fresh salmon sashimi marinated in yukke soy w sliced cucumber, shiso leaf, sesame seeds & alfalfa sprouts over sushi rice

gf sashimi don

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## **GLUTEN FREE DESSERT**

gf chocolate mousse 11
smooth & rich, callebaut belgian chocolate mousse w hint of orange

gf vanilla ice-cream 5
per scoop

V = Vegetarian Dishes

GF = Gluten Free

## **DESSERTS**

green tea brulee 10 creamy & distinctly green tea flavoured take on a classic dessert! chocolate mousse 11 smooth & rich, callebaut belgian chocolate mousse w hint of orange yuzu baked cheesecake 14 house made fresh baked cheesecake w black sesame biscuit base & yuzu jam tempura banana 14 crispy tempura banana coated w ginger honey & cinnamon served w azuki bean ice-cream choya apple crumble 15

house made warm apple crumble w shortbread biscuit base w choya plum wine apples, served w vanilla ice-cream & thickened pouring cream

azuki bean

edamame (V)

22

ice-cream per scoop
5
vanilla (gluten free)
green tea

# **KIDS MENU**

### GLUTEN FREE OPTION AVAILABLE

Please advise your waiter

steamed, salted soybeans	
kids karaage (5) crispy fried chicken spare ribs, marinated in garlic, served w japanese mayo	15
kids buddha dumplings (5, V) deep fried vegetarian dumplings w japanese mayo in dipping sauce	15
kids nori rolls (8) nori rolls w sushi rice & your choice of filling:	
avocado	12
fresh salmon, avocado & mayo	16
teriyaki chicken & mayo	16
kids ramen plain ramen noodles in house made chicken or vegetable broth	12
kids bento	16
served w mixed salad & steamed rice – w your choice of:-	
beef - scotch fillet char-grilled served med rare & japanese mayo	
chicken – chicken thigh char-grilled w balsamic teriyaki glaze & sesame seeds	
kids chocolate mousse smooth & rich, callebaut belgian chocolate mousse w hint of orange	5
kids juice box	3
golden circle juice w a choice of orange or apple	

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