How to change from one plan to another

This may be required if a patient needs to switch from one Asthma Action Plan to another.

1. Open the ‘My Asthma’ app on the patient’s device.
2. Tap on the ‘My Plan’ Icon at the bottom of the page.
3. Tap the ‘Details’ button on the right top corner.
4. At the bottom of the screen, tap the ‘Change Plan’ button.

Important note: this will delete all information from the previous plan.
5. From here you are able to select a new plan and start again.

For further information please get in touch:
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