

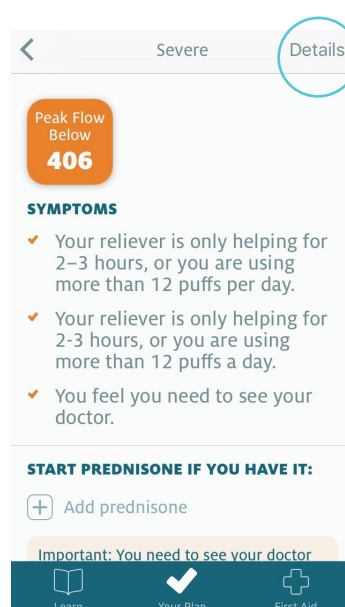
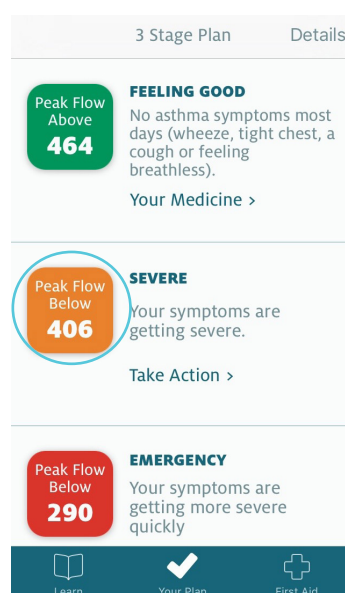
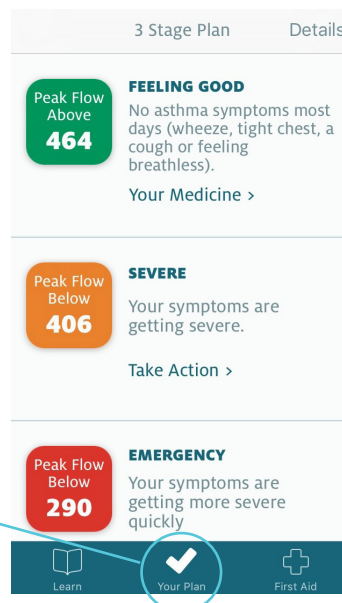
How to update the plan if changes are required

1. Open the 'My Asthma' app on the patient's device.
2. Tap on the 'My Plan' Icon at the bottom of the page.

Navigate to the Your Plan section here

3. Once in the Action Plan tap into the section that needs to be updated.

4. Tap the 'Details' button on the right top corner.



5. Update the necessary details and tap 'Save'. If required go into other sections that need to be updated and repeat steps 3 to 5.

Severe

Save

PEAK FLOW
406

PREDNISONE
mg

FOR
days

and then

PREDNISONE
mg

FOR
days

INSTRUCTIONS