

# AUGUST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Family Violence drop in clinic at Nintirri 8.30am - 2.30pm Pre and Post Natal Exercise Class 9am - 10am</p>	<p>4 Playgroup 9am - 11am Toy Library 11am - 11:30am Family Violence drop in clinic at Wakathuni Nurse Clinic Wakathuni</p>	<p>5 Yoga 8.45am - 9.45am Study Group &amp; Work Space 8.30am - 11am Midwife Clinic - Nintirri 8:00-4:30 pm Nurse Clinic Bellary Yoga 6.30pm - 7.30pm</p>	<p>6 Playgroup 9am - 11am Family Violence drop in clinic at Karingal 10am - 1pm</p>	<p>7 HIIT class 8:20am-9am Family Violence drop in clinic at Nintirri 8.30am - 2.30pm Arts Hub Fridays kids welcome 8.30am - 10.30am Little Language Group 9.30am - 12pm</p>
<p>10 Midwife Clinic - Karingal Family Violence drop in clinic at Nintirri 8.30am - 2.30pm Pre and Post Natal Exercise Class 9am - 10am</p>	<p>11 Playgroup 9am - 11am Toy Library 11am - 11:30am Family Violence drop in clinic at Wakathuni Nurse Clinic Wakathuni</p>	<p>12 Yoga 8.45am - 9.45am Study Group &amp; Work Space 8.30am - 11am Midwife Clinic - Nintirri 8:00-4:30 pm Nurse Clinic Bellary Yoga 6.30pm - 7.30pm</p>	<p>13 Playgroup 9am - 11am Family Violence drop in clinic at Karingal 10am - 1pm</p>	<p>14 HIIT class 8:20am-9am Family Violence drop in clinic at Nintirri 8.30am - 2.30pm Arts Hub Fridays kids welcome 8.30am - 10.30am Little Language Group 9.30am - 12pm</p>
<p>17 Family Violence drop in clinic at Nintirri 8.30am - 2.30pm Pre and Post Natal Exercise Class 9am - 10am</p>	<p>18 Playgroup 9am - 11am Toy Library 11am - 11:30am Family Violence drop in clinic at Wakathuni Nurse Clinic Wakathuni</p>	<p>19 Yoga 8.45am - 9.45am Study Group &amp; Work Space 8.30am - 11am Midwife Clinic - Nintirri 8:00-4:30 pm Nurse Clinic Bellary Yoga 6.30pm - 7.30pm</p>	<p>20 Playgroup 9am - 11am Family Violence drop in clinic at Karingal 10am - 1pm</p>	<p>21 HIIT class 8:20am-9am Family Violence drop in clinic at Nintirri 8.30am - 2.30pm Arts Hub Fridays kids welcome 8.30am - 10.30am Little Language Group 9.30am - 12pm</p>
<p>24 Midwife Clinic - Karingal Family Violence drop in clinic at Nintirri 8.30am - 2.30pm Pre and Post Natal Exercise Class 9am - 10am  Book Week</p>	<p>25 Playgroup 9am - 11am Toy Library 11am - 11:30am Family Violence drop in clinic at Wakathuni Nurse Clinic Wakathuni  Book Week</p>	<p>26 Yoga 8.45am - 9.45am Study Group &amp; Work Space 8.30am - 11am Midwife Clinic - Nintirri 8:00-4:30 pm Nurse Clinic Bellary Grow Local 5.15pm - 8.30pm Yoga 6.30pm - 7.30pm  Book Week</p>	<p>27 Playgroup 9am - 11am Family Violence drop in clinic at Karingal 10am - 1pm  Book Week</p>	<p>28 HIIT class 8:20am-9am Family Violence drop in clinic at Nintirri 8.30am - 2.30pm Arts Hub Fridays kids welcome 8.30am - 10.30am Little Language Group 9.30am - 12pm Book Week</p>
<p>31 Family Violence drop in clinic at Nintirri 8.30am - 2.30pm Pre and Post Natal Exercise Class 9am - 10am</p>				

### Empowered Communities

#### Play Group and Toy Library

Join us for play group every Tuesday and Thursday from 9am - 11am, it's \$2 per family and we would also love you to bring a piece of fruit to share and a hat! While you are here, ask us about the Toy Library memberships, and utilise our library of toys and early years resources.

**The Community Op Shop** is a volunteer run op shop based at The Nintirri Centre, there is always a treasure to be found! Open 8am - 1.30pm weekdays.

**The Pickled Bean** is a not-for-profit cafe, everyone's favourite spot for coffee and breakfast! Follow them on Facebook at: [Facebook.com/thepickledbeantp](https://www.facebook.com/thepickledbeantp)

#### Karjini Family Violence Counselling and Prevention

Provision of counselling, support and prevention programs to raise awareness and reduce the incidence of family and domestic violence.

#### Drop ins are available at the Nintirri Centre:

Monday and Friday 8am—2pm.

If you require support or further information please call Fay Ilnnes on 0400 206 079.

#### Early Years Care and Education

Providing the best quality care for children within a safe, loving and educational environment.

**Little Geckos Child Care Centre** offers full time day care for babies, toddlers and pre-school children. **After School Hours Care** is a program offering after school collection from both North Tom Price Primary School and Tom Price Primary School to The Nintirri Centre. We also offer a **transition to school program** for three year olds, based at North Tom Price Primary School.

### Community Health and Wellbeing

Our Community Health and Wellbeing team run a **Women's Health and Midwife Clinic** with no referrals needed, and health promotion activities including a range of wellbeing and exercise classes varying each term. A safe, supportive and confidential space for you to discuss any concerns or find out more information about your health. You can receive health screening and advice on a range of women's health issues as well as evidence-based, continuity of care throughout pregnancy and after birth. Contact us as per below to make an appointment.

### Art, Culture & Tourism Development

Nurturing arts and culture in our community to facilitate capacity building and community development;

**The Karjini Experience** is a major project, an annual arts and culture festival in the Karjini National Park - 14 - 18 April 2020. Visit [www.karjiniexperience.com](http://www.karjiniexperience.com) for tickets.

**The Arts Hub** is a community driven learning centre.

Contact Nell on 0498 005 185 or

email [tompricearts@nintirri.org.au](mailto:tompricearts@nintirri.org.au)

### Community Resource Centre

**The Tom Price CRC** is open between 8am - 2pm weekdays at The Nintirri Centre. The CRC provides state Government and community information services, public use computers, affordable office space for emerging and established businesses, meeting space, video conferencing, workshops and events space and computer services with printing, laminating, binding and scanning. The CRC also provides one on one support for computer training, online courses and study, job seeking and Government information.

## CONTACT US

### Little Geckos

0488 032 215 | [little.geckos@nintirri.org.au](mailto:little.geckos@nintirri.org.au)  
Stadium Road (PO 76) Tom Price WA 6751

### The Nintirri Centre

0447 151 031 | [officemanager@nintirri.org.au](mailto:officemanager@nintirri.org.au)  
Central Road (PO 76) Tom Price WA 6751