



WRITERS BLOCK

AUDIO NOTES OUTLINE

Writers block is a simplistic name we give to a range of problems that are both psychological and practical.

Identify your problems specifically so you can apply a solution.

IDENTIFY WHETHER YOUR BLOCK IS PSYCHOLOGICAL OR PRACTICAL

1. PRACTICAL

- Lack of time:

- Inadequate physical resources:

- Not knowing what to write:

- Uncontrollable interruptions:

- Social responsibility:



2. PSYCHOLOGICAL

- Fear of failure:

- Fear of success:

- Lack of belief:

- Expectations of your story are too high:

- Procrastination:

Ask yourself this question.

Why might I be feeling this way and what sneaky benefit might this be offering me?

EXERCISE: WHAT IS YOUR BLOCK?

Sometimes it's easier to solve someone else's problems than your own. So let's manage the range of problems that stop you from writing. Post your own writers block problems on the wiki. Offer a solution to someone else's problem so that no problem is left unsolved.



WHAT TO DO:

1. Go onto the What's Your Block Forum and add one psychological and one practical problem that causes writers block for you.
 - If someone has already posted a similar problem, think of another.
 - Don't post information that is too personal or makes you uncomfortable.
2. Look at the problems posted by other classmates and generate some solutions for that problem. There may be more than one solution for every problem, but every problem presented *must* be solved.