

1st Anzac Corps, 17th August, 1917.

Dear Sister Ross-King,

I write to tell you how very pleased I am that you have been awarded the Military Medal in recognition of your fine behaviour during the bombing of your hospital on the night of the 22nd July last. I well know the value on such occasions of the courage and coolness which you displayed, and which has fully earned you this decoration, upon which my heartiest congratulations.

with my kind regards.

Yours sincerely,

W. B. Bidwood



Headquarters L. of C. Area,

B.E.F.

21.8.17.

Dear Miss Ross-King,

I am delighted to hear that you have been awarded the Military Medal for courage and devotion to duty on the night of July 22nd, when your Station was bombed. It must have been a most trying experience, and I am pleased to think you received this honour.

I enclose a piece of the ribbon of the Military Medal with my heartiest congratulations.

Yours sincerely,

*E. M. Mc Carthy* -

Matron-in-Chief, BEF



Headquarters,  
AUSTRALIAN ~~FORCES~~ Imperial  
B.E.F., FRANCE. Force,

9th June, 1918

Dear Miss King,

I am so glad to have this opportunity of congratulating you, as I do most heartily, on the award of the Royal Red Cross in recognition of your good and loyal work for us during many a long day now.

With my kind regards, and my sincere thanks for all you have done for us.

Yours sincerely,

*W. B. Bridgman*



# AUSTRALIAN RED CROSS SOCIETY

FOUNDED 1914 — INCORPORATED BY ROYAL CHARTER 1941

## NATIONAL HEADQUARTERS



PATRONS:  
THEIR MAJESTIES THE KING AND QUEEN

PRESIDENT:  
HER EXCELLENCY MRS. W. J. MCKELL

VICE-PRESIDENT:  
RT. HON. SIR JOHN LATHAM, G.C.M.G.

NATIONAL HEADQUARTERS BUILDING  
122-128 FLINDERS STREET  
MELBOURNE, AUSTRALIA

TELEPHONE: FA. 8621

TELEGRAMS: "AUSTRED"

May, 1949.

*In reply please quote*

### FLORENCE NIGHTINGALE MEDAL

#### Copy of Citation of Mrs. Alice Ross Appleford, RRC., MM.

During the two wars Major Appleford has exhibited great interest and given much personal service in social work to the benefit of the community, despite the calls on her as a mother of a family.

Interested in the training of Voluntary Aids she, as an Assistant Controller in the State of Victoria and with her experience in training and organising Aids, was able to bring skilled capacity and organising ability to the responsibilities of assisting in the formation of the Australian Army Medical Women's Services from 1942 onwards. In all, 1,900 women passed through her hands and aided and encouraged by her leadership, were able to give excellent service in military hospitals both in Australia and other battle-fronts overseas.

In addition, Major Appleford was responsible for organising appeals and raising large sums of money for both Red Cross and other worthy causes; organising bodies of women to make toys for needy children in hospitals in both England and Australia; arranging holidays for orphan children of deceased soldiers.

Her devotion, sense of duty, sterling character and kindness has always set a very high example before her fellow women.

PLEASE ADDRESS ALL COMMUNICATIONS TO THE SECRETARY-GENERAL





# Australian Red Cross Society

Telegraphic Address:  
"Aurecross"

Incorporated by Royal Charter, 1941.

## VICTORIAN DIVISION

Telephone:

FA 8151

~~RED CROSS HOUSE~~

~~289-293 SWANSTON STREET, MELBOURNE, CN~~

122-128 FLINDERS STREET, MELBOURNE, C.1

September, 1949.

### FLORENCE NIGHTINGALE MEDAL

#### Copy of Citation of Mrs. Alice Ross Appleford, RRC., MM.

During the two wars Major Appleford has shown an outstanding example of service, while in the period between the wars she not only brought up a family, but also gave much time and energy to social work. She acted as Assistant Controller, Voluntary Aid Detachment in Victoria in 1941 and was commissioned in the appointment in 1942, when the Australian Army Medical Womens' Services was formed in 1942 she became the first Assistant Controller, and still holds the appointment. Her influence on the Service in Victoria which numbered 1,900 was most marked, and aided by her encouragement and leadership the members carried out important work in medical units, not only in Victoria, but also overseas as 300 of them were accepted for service outside Australia. Since the war numbers have diminished, but not the standard of service. A.A.M.W.S., mainly through Major Appleford's guidance, contributed generously to various Appeals, amongst them Red Cross Junior Appeal £6,014. They made toys for Britain and for local hospitals, helped with the camp for Mallee children, and at Christmas arranged holidays in homes for girls from orphanages, who were children of deceased soldiers. During 1945 they strongly supported the appeal made by A.A.N.S. to raise a commemoration fund for the Centuar nurses.

No one who came in contact with Major Appleford could fail to recognize her as a leader of women. Her sense of duty, her sterling solidity of character, her humanity, sincerity, and kindness of heart set for others a very high example.

*as forwarded by Executive, Victorian Division to National HQ ARCS*

All Communications to be addressed: "Executive Officer"