#### AWM4

# Australian Imperial Force unit war diaries, 1914-18 War

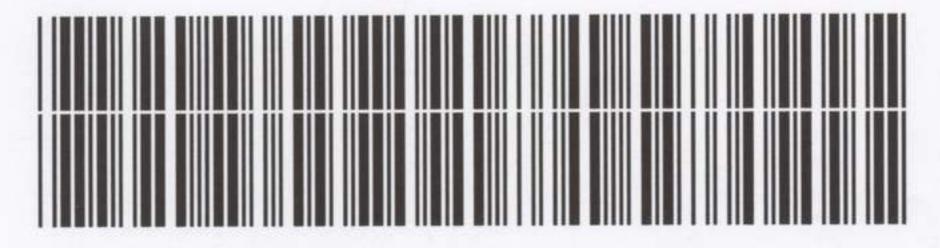
Medical, Dental & Nursing

Item number: 26/64/29

Title: No 3 Australian Casualty Clearing

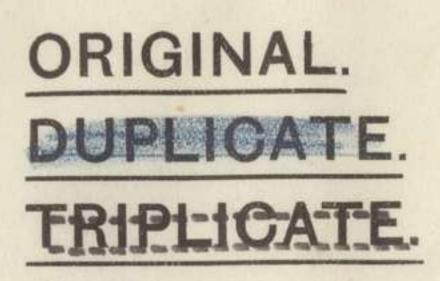
Station

February 1919



AWM4-26/64/29





Australian Imperial Force.

# WAR DIARY

OF

NO.3 AUSTRALIAN CASUALTY CLEARING STATION

FOR

FEBRUARY

Signature of Officer compiling C.O.No.3 Aust.C.C.S. Lt.Col.

Signature of Officer Commanding C.O.No.3 Aust.O.C.S.

AUSTRALIAN WAR MEMORIAL RCDIG1015714

CASSIALTY
CLEARING STATION,
A.I.F.

#### WAR DIARY

Army Form C. 2118.

370

Instructions regarding War Diaries and Intelligence
Summaries are contained in F. S. Regs., Part Wo.
and the Staff Manual respectively. Title pages
will be prepared in manuscript.

ON THE PROPERTY OF THE PARTY OF

(Erase heading not required.)

will be 1	repared 1	n manuse	cript. (Erase heading not required.)					
Place	Date	Hour	Summary of Events and Information	Remarks and references to Appendices				
JSKIRCHEM .	Feb.		During February 1919 the 3rd. A. C. C.S. has remained at Euskirchen Germany. Description of Bu	ilding				
ERWANY.	1919.		The hospital is situated in a large 4 storied building, one wing of which is still occupied by German Civilians, the remainder of the building being occupied by patients and personnel.					
			The basement contains a boiler house for the central heating, a large tiled bathroom with no and cold water for both plunge baths and showers, a dispensary, packstore including special					
			for Officers gits and for sorting room, bootmaker's shop, and quartermasters stores. This i great advantage as these rooms, with the exception of the bathroom, are used only by the sta	s of				
			belonging to them, and there is no possibility of patients or others intruding on the Q.M.St. The ground floor is occupied by the Receiving Room, dressing room, orderly and Commanding Of	ore.				
			rooms and the serious medical wards. The first floor is divided into two separate parts with no intercommunication, the right bel	ng				
			occupied by the serious surgical ward with the operating theatre opening off it, and two bed and a room with large kitchen opening off it. The Mess room has tiled walls and is fitted	waras,				
			tables and forms and is capable of seating 100 men, the kitchens have five large steam heate boilers and a stove for roasting.					
			There are three out buildings in the same grounds. One is a small house still occupied by G the second contains the Officers quarters on the second floor, the Sisters quarters on the f	irst				
			floor and the kitchens and bathrooms in the basement. The third house contains a large recr room fitted up with tables, chairs and a piano. It also contains a small library and games,	reading				
			and writing material. Adjoining this is the Sergeants Mess and next to it is a long buildi originally used as a skittle alley, containing all the surplus material of the quartermaster	ng s				
			Theresult is that both patients and personnel are in the one block of buildings. The person	nel				
			are separate from the patients and the Officers and Sisters are separate from both. There is lack of accommodation, the rooms are large and high and the whole institution is but by elect	ric				
			light and heated by steam radiators.  The disadvantages of the building are that it is difficult to maintain an equable temperatur					
			good ventilation as opening the windows causes draughts and closing them causes overneating. stairs are narrow and it is difficult to get stretchers to the upstairs wards and the want o	f				
			communication between the right and left sections of the upper floors causes much unnecessar walking up and down stairs. The long passages and many stairs make it difficult to keep the	1				
			D. D. & L., London, E.C.					
			D. D. & L., London, E.C.  (A7883) Wt. W809/M1672 350,000 4/17 Sch. 52a Forms/C/2118/14  B.D. No. 3 Aust, Cas. Olean's Stat's  All. F.					

No S AUSTRALIAN CASSALTY CLEARING STATION,
A.I.F.

WAR

DIARY

OF

Date No.3 AUSTRALIAN CASUALTY CLEARING STATION

FOR

FEBRUARY 1919

LIST

OF APPENDICES

Subject.

- Surgeon Specialist's Report 1.
- Dental Surgeon's Report (96th Dental Unit) 2.
- Medical Officer's Report 3.
- Quarter Master's Department. 4.
- Head Sister's Report 5.
- Disposal of Convalescent Patients. 6.
- Hospital State. .

No. 8 AUSTRALIAN CASSALTY OLEARING STATION, A.I.F.

Appendere T BURGEON SPECIALIST'S PEPORT.

FEBRUARY 1919.

No.....

Date......There is mothing of note to report this month.

Surgical matters have been very quiet indeed, and with the exception of two cases of appendicitis there has been practically no surgery to be done.

1.3.1919.

128 Buch Major.

Surgeon Specialist.
No.3 Australian Casualty Clg.Stn.

WAR DIARY

Army Form C. 2118.

Summaries are contained in F. S. Regs., Part II.
and the Staff Manual respectively. Title pages

Place	Date	Hour	Summary of Events and Information	Remarks and references to Appendices
JSKIRCHE	Feby/	19	The work of this Dental Unit was carried on during the month in the same location as during the previous four weeks my time being fully occupied with the same class of work as before.  The mechanical staff was reinforced on 10.2.19 when No.15058 Staff Sergeant SHANAHAN marched in from England.  No.14435 Private E.G.WILDE was on Paris leave from 10.2.19 to 19.2.19 his position being temporarily filled by a patient in the C.C.S  The following is a record of the months work:  Cases Treated 540 A.I.F33 B.E.F506 French1  Extractions 257  Fillings (Amalgam 73 (Cement 77 (Tempy. 78 Part " 14 Part " 14 Part " 14 Part " 15 Part " 15 Part " 15 Part " 7 Part " 15 Part " 7 Par	
			D. D. & L., Londen, E.C. (A10266) Wt W5300/P713 750,000 2/8 Sch. 32 Forms/C2118/16.	

No. 8 AUSTRALIAN
CASSALTY
CLEARING STATION,

## MEDICAL REPORT FOR FEBRUARY.

This C.C.S., is stillat EUSKIRCHEN. Februar y has been changeable, with fine cold weather and skating, followed by warm temperatures and rains. The total sack admissions have numbered 693, influenza accounting for about 400. Nephritis has decreased and Tonsillitis incre ased (24 case s one case of C.S.M. which died: Jaundice 5, all mild. Mumps 2, one each of Diphtheria, Scarlet Fever and Chicken Pox. V.D. Vases include Gonorrhoea 26 and Chancre 16. Influenza with or without complications has accounted for the bulk of admissions. At Cologne and Duren a very virulent type of epidemic raged which has now decreased, while the type received here became worse, though apparently never as severe as in the above mentioned places. The total deaths for the month numbered 13, all due to influenza with complications except one - C.S.M. Influenza arrives here under a variety of diagnoses - viz .- P.U.O., Influenza, Pneumonia (rarely), Bronchitis, Tonsillitis, Diarrhoea, Pleurisy, Appendicitis, Gastritis and Rheumatism. For instance 2 cases received as tonsillitis were severe pneumonias, one markedly cyanose d which died about 36 hours after admission. Two cases received as diarrhcea admitted to a non-influenzal ward had definite pneumonia. The occurrence of sore throat and diarrhoea in the inttial stages apparently accounting for these classifications. The cases with pulmonary complications - "pneumonias" - have increased both in number and severity, though now there are signs of a decrease in both respects. The types of cases may be described clinically as :-1. Cases with frank pneumonia, near ly always of lower lobe and generally bilateral, with little or no cyanosis, with high temperature, ending by crisis or lysis with general improvement on the fall of temperature. These are yery severe while they last, and some are probably ordinary croupous pneumonia. The sputum is usually rusty and viscid. These cases do well, and compared to the next group cause little anxiety. 2. Cases with bad colour, either distinctly blue cyanosis, or dusky, often without any definite physical signs of consolidation, dull to flat on percussion, especially behind, some râles or fine crackling crepo and diminished air entry with weak or absent breath sounds. Pyrexia moderate or for a time high, and falling without improvement in the general condition or physical signs. Some of these have no sputum, others develop a profuse purulent sputum -I think often when improving, others a haemorrhagic sputum, while in others in whom consolidation appears, a rust y pneumonia sputum is seen. These cases may continue cyanosed without developing consolidation. and with chiefly negative signs and die. Others hang fire, as it were, for a time and gradually recover, others develop deep patches of consolidation and increase in râles, the consolidation gradually increasing, often involving both lower lobes, usually unequally, and part of the upper lobes with râles present all over front and back. The temperature may fall and the progress of the disease continue, until the patient finally succumbs from exhaustion or toxaemia. A particularly bad case is the man with pallor and lividity of the lips and ears and pinched appearance, these closely resemble the picture of cases poisoned with Phosgene Gas. Many of these cases appear to be deprived of oxygen and the lower part of the chest may be noticeably indrawn with the respiratory movements. I have several times notice d a cyanosed face clear temporarily and become pink after the propped-up patient has coughed and taken a few deep inspirations. One is impressed with the feeling that the course of the disease and the result is dependent largely upon the toxaemia. This may be intense as in the fulminating cases which die before the development of definite physical signs, or it may so sap the patients strength as to leave him unable to recover when the disease has apparently burnt itself out, and the physical signs have apparently begun to improve. The pulse often keeps comparatively good until nearly the end and I have seld om found definite evidence of marked dilatation of the heart. The pulse is often noticeably slow for the temperature. In a few cases the morning temperature is higher than in the evening.

Some cases have distension of the abdomen which is probably a part of The toxaemia as it promptl improves with the fall of temperature, in those cases which improve. Empyema has not occurred so far and large pleural effusion in only one case, though several times examined for it. A thick exudate on the pleura has been described by those who made post mortems, and the fine crackles, often loud, heard over a dull area almost devoid of breath sounds may often be the pleural in origin, and may explain the pain so often present. It is evident that cases of such severity require the best nursing and every attention. Sufficient movement of the bowels, care of the mouth which is generally very foul if not frequently attended to, nourishment in frequent small amounts, with every care to save every ounce of strength, these with abundance of fresh air and rest are of more importance than drugs. Yet these necessities which tax the resources of a well equipped hospital have had to be met by a C.C.S. Staff and depleted at that. Both Sisters and Orderlies have done really an enormous amount of work and very good work, and under difficulties, since the patients are divided into small numbers im separate rooms. With regard to treatment, abundance of fresh air and rest and careful nursing are probably the most important. Open windows preferably with the patient bathed in a current of fresh air gives the best results, the patient being kept warm by hot bottles and if necessary a cap. Rest is often a difficulty and we have used omnopon fairly freely with benefit and apparently no ill effects. The routine treatment had been to separate influenza from other patients and those with complications from uncomplicated influenza. The majority get aspirin gr.15 with Dovers powder gr.10 and hot brandy on admissionbeing wrapped in a blanket to encourage sweating. This usually results in a marked relief of pain, and is followed by a Diaphoretic Mixture containing Sod . Salicyl . gr . 5, 4 hourly . All cases also are give n an initial aperient, repeated rather generously, and it has been noticed that even severe cases with diarrhoea as a complication generally do well. Cases with pulmonary complications, or in which complications may arise, and those with bad colour, even without demonstrable complications are given an aperient and a mixture containing Tr. Digitalis m. 15 and Tr . Nuc . Vom . m . 10, 4 nourly for about three days . This used to be given with Ammon . Carb . gr . 5. but lately acid mixtures have appeared to be more effective. The use of inhalers of the Burney Yeo type has not been given a fair trial, owing to the difficulty of obtaining masks and in keeping them on the patient. The use of a suitable innalant should relieve the cough and perhaps stimulate deeper respirations, but its value would appear to be greatest when used early before the development of complications which it should tend to prevent. Oxygen has not given encouraging results, perhaps its more efficient use might be of benefit, but for this as well as for the wax efficient employment of the inhaler a larger staff would be required. The hygiene of the mouth is of prime importance the tongue usually being coated, often dry, and sores apt to collect. We have found an goin t ment of equal parts Ung .Ac .Boric and vaseline with Ol .Menth .Pip . m . 5 to the ounce, used freely, very effective, especially if preceded by a swabbing with solution of Soda Bicarb. Brandy has been used fairly freely and apparently with benefit.

Brandy has been used fairly freely and apparently with benefit.

These cases apparently do not stand being moved. In order to make room for worse cases in the pneumonia ward, those which were progressing favourably were moved to another ward, but owing to se veral relapses this was descontinued. It is difficult to know when it is safe to

As regards the question of the evacuation of these men to a convalescent depot with a view to returning them to their unit, it is difficult to say when a man can be safely returned to duty without watching his progress. Even mild cases have a prolonged convalescence with a difficulty in returning to rough diet. During convalescence a

generous disk nourishing diet is called for.

There have been 12 cases of D.A.H. this month, there is sure to be a fair amount of post influenzal debility which will be increased and aggravated by too early return to duty, and these cases of D.A.H. may

The health of the unit remains good.

There have been very cases of influenza and they mostly of a mild nature - none really severe.

There have been no cases of enteric admitted and confirmed bacterial-ogically, and no suspected cases for a considerable time.

4 /3/1919.

No.3 Australian Casualty Clearing Station.

No. 3 AUSTRALIAN CASWALTY CLEARING STATION, ALLE

Seppendic TV

### Quartermaster's Report.

Date Rations.

order altered.

Ordinary supplies have been up to the usual standard, but as regards Medical Comforts these have been very difficult to obtain owing to an order having been issued by D.M.S. 2nd Army to the effect that Medical Comforts must be supplied through Railhead, and not drawn direct at Depot. The supply has therefore been most unsatisfactory. Steps have been taken to have this

Oranges were supplied on one occasion during the month but were unfit for human consumption, and therefore condemned by the C.O.

These have mostly been obtained locally, and Milk and Eggs. Small numbers of the latter have been aremost satisfactory. received from Railhead. Owing to the large number of Pneumonia and Influenza cases it has been found necessary to increase the supply of Fresh Milk from fifty to seventy-five litres per day. At the present time the weekly consumption of these articles is as follows, viz:-

Milk

350 litres

Eggs.

1000

Indents on Ordnance for Pyjamas and the Hospital Clothing. like are not fulfilled for several weeks after being submitted, but D.G.V.O. London and Australian Red Cross, France, have kept up supplies and therefore there is no shortage.

No. 8 AUSTRALIAN

CACHALTY

OLEARING STATION,

A.I.F.

NO. 3 AUSTRALIAN CASUALTY CLEARING STATION.

#### SISTER'S REPORT.

This month has been a busy one. Work in the Medical Wards being extremely heavy owing to the continued Influenza epidemic. The cases received during the latter part of the month being of a much more severe type and requiring constant care.

It was decided on the 21 - 2 - 19. to move the Officer's Ward to the opposite side of the building to give increased accommodation which was urgently needed. The former Officer's Ward is now being used for Influenza patients.

STAFF. The Staff now consists of :-

1. T/Head Sister.

7. Sisters
4. S/Nurses.

Changes in Staff. S/Nurse J.G. Duncan arrived on the 3 - 2 - 19. to replace Sister A.M. Wilson. On the 5 - 2 - 19. S/Nurse W. Wells reported for duty. On the 15 - 2 - 19. our staff was increased by four, Sisters

E.P. Wright, E. Buchanan, S/Nurses M.C. Giles, and N.J. Wigley. On the 19 - 2 - 19. Sister E.P. Wright and S/Nurse M.C. Giles left by Ambulance at 9 am. for temporary duty at 141st. Field Ambulance, Rheinbasch, returning here for duty on the 27 - 2 - 19.

HEALTH. Sister A.M. Wilson was evacuated to the Hostel Cologne suffering from Appendicitis. On the 15 - 2 - 19. Sister J.B. McDonald was evacuated also, having injured her wright wrist by falling on the ice whilst returned skating. After four days Sister J.B. McDonald here for light duty whilst waiting for leave to the South of France.

RECREATION. Up to the middle of the month skating was most popular, the greater part of our off duty time being spent on the ice. We at first used the Swimming Pond belonging to this institution, but later on parties to the Old Moat at Satsey were arranged.

None of us became experts but we enjoyed our skating lessons immensely, and were sorry when the thaw set in .

Various members of the Staff have been to the Opera during the month. The allocation of tickets by the Ammusement Officer, Cologne, being most useful, to us here. Previously the difficulty in obtaining tickets prevented one going to some of the finest Operas.

1.3- Womans/h T/Head Sister.

No. S AUGTRALIAN

CASSALTY

CLEARING STATION,

A.I.F.

### NO. 3 AUSTRALIAN CASUALTY CLEARING STATION.

DISCHARGED OF PATIENTS TO CONVALESCENT DEPOTS.

discharged to a Dovisional Convalescent Depot, will have his name entered on the attached pro-forma, and this pro-forma will be

2. The Ward Sergeant will arrange that as soon as an ambulance of the Field Ambulance concerned arrives at this C.C.S., it will take any patients fit for discharge to this depot.

forwarded to the Orderly Room by midday each day.

- 3. Each patient will be given 24 hours rations and his clothes and full equipment, whether he goes as a stretcher or walking case. These will be obtained by the Ward Orderly from the Quartermasters and Packstores.
- 4. The name of such cases will be entered on the A. & D. books as transfers to -- Field Amoulance and not to Divisional Rest Depot.
- 5. Patients so transferred must have had normal temperatures for 48 hours, must be able toeat ordinary rations, and must have no definite signs ophysical disability as Rhonchi etc., the Medical Officer will ensure that in each case full notes are made on his Medical Card.
- 6. Discharges will be made to the receiving Field Ambulance of the Division concerned, provided there is room in that Field Ambulance. Corps Troops will be discharged to any of the three receiving Field Ambulances.

  R.A.F. and Army Troops will not be sent to Convalescent Depots.
- 7. The O.C's of divisional rest Stations will wire to this C.C.S., each night, the number of beds available for the following day.

  The divisional Convalescent Depots for each Division are as follows
  ( 1st. Division -- 141 Field Ambulance.

Corps (62nd. Division -- 2/1 West Riding Field Ambulance. Troops. (6th. Division -- 16 Field Ambulance.

Officers of the 1st. Division only to the 141st. Field Ambulance.

PRO - FORMA .

Name and Number	r. Disability.	Division.	Stretcher or Walking.

No. 8 AUST LAN GASWALTY CLEARING STATION, A.I.F. NO. 1 x10 ...... OFFICERS WOUNDED SICK Pemaining Admitted Direct Transfer Died Transferred to Other Medical Units Rest Stations Base Discharged to Duty Remaining INDIANS. Remaining Admitted Direct Transferred to Base Remaining C.O.No.3 Australian C.C. Statton.