



## Welcome aboard the Yarraman to Wulkuraka – a 3-day adventure on the Brisbane Valley Rail Trail!

We are super excited to be bringing you this event for the second year, on a trail that is both unique and showcases the iconic Brisbane Valley. So, what can you expect? Below is a day-by-day, town-by-town breakdown so you know exactly what's happening and in what order.

### Thursday 26<sup>th</sup> July

It's the night before the event starts. All your gear is laid out on the lounge room floor ready to pack. I bet you wish you had a list of "what to bring" to check it off against... well, here it is! Remember – less is often more! Whilst your luggage will be transferred from site to site for you, you will still need to carry it from the luggage truck to your campsite.

#### The important stuff:

- Ride Ticket (**print out**)
- Bicycle! **Very important!**
- Helmet! **Also very important!**
- Pump, spare tube and repair kit
- Any tools you want (a multi-tool is useful). There will be a Route Mechanic, but it's best to be as self-sufficient as possible
- Something to carry your day gear in (backpack or pannier)
- Bike lock if you want to lock up your bike at night or in towns

#### For ON the bike:

- Pants (two or three pairs)
- Shirts (two or three)
- Shoes
- Socks (two or three pairs)
- Sunglasses
- Helmet and gloves
- Long riding tights or thermal pants (in case it gets really cool)
- Wind shell / rain jacket
- Wallet and money (to buy your morning tea and lunch in the towns)

#### For OFF the bike:

- Casual wear - for hot and cold
- Shoes
- Socks, underwear, PJs
- Waterproof jacket (maybe use your cycling one)
- Towel and toiletries (lightweight camping towels are best)
- Thongs or crocs for wearing to/from/in the shower
- Hat or cap
- Beanie (good on cool nights)
- Personal care kit

#### Simple first aid kit (keep in your jersey pocket or tent):

- Hand cleaning gel/foam/wipes
- Sunscreen and lip balm
- Band-aids (approx. 10)
- Antiseptic cream (for cuts, scratches, bites, minor burns)
- Analgesic (painkiller)

#### Essential Items:

- Waterproof tent or swag (unless you've opted to hire a tent)
- A lightweight hammer for tent pegs on hard ground is useful
- Sleeping bag, small pillow and a sleeping mat (unless you've opted to hire a mat)

- Mug for tea and coffee – you won't need plates, bowls or cutlery (supplied by the caterers)
- Small torch or head lamp
- Ear plugs (if you have difficulty sleeping in a thin walled tent)
- Insect repellent
- Bags to put your clothes in
- A small collection of plastic bags – small resealable and garbage size

#### Optional extras:

- First aid kit (small)
- Bike lights - essential for people staying off the campsite, optional for others
- Small folding stool or groundsheet to sit on at your tent or meal times (some tables and chairs are available in The Hub)
- Camera
- Mobile phone and charger (charging station will be at Ride Reception for \$2 for 2hrs)
- Dilly bag for carrying your gear to the shower (because it's best to take only what you need and to be able to hang the bag up)
- Snacks for the road (or you can buy in the towns)

Pack everything into your bags and put a label on it with your name and best contact number – and you're ready! Put your bag with your bike (don't forget your helmet!) and get a good night's rest.

## Friday 27<sup>th</sup> to Sunday 29<sup>th</sup> July

You've woken early, loaded the car and are now making your way to the Check-in Site at **Ipswich Grammar Sports Fields, Pearse Drv, Brassall**. Parking at the Check-in Site will open from 6.45am, and Ride Reception will open at 7am. Buses will leave when full, starting from 7.30am. The last bus must depart by 9.00am.

When you drive through the gates, you will be directed to the carpark area where you can leave your car over the weekend. Then carry your luggage and wheel your bike over to Ride Reception (the caravan).

Ride Reception will be open at both campsites over the next two nights and is your first port of call if you have any queries, questions or concerns. But for now, hand your Ride Ticket in at Ride Reception and in return you will receive:

1. A wristband – this will act as your event ID.
2. A numbered bike bib to be attached to your bike before it's loaded.
3. Your free event t-shirt.
4. Your free event Manky Map (what's a Manky Map?? You'll have to wait and find out!).
5. Your event merchandise (if ordered). There are still some jerseys and arm warmers available for purchase – call the office to do so if you missed out!

Once you've attached your numbered bike bib to your bike and your wristband to yourself, put your Manky Map in your pocket and your t-shirt in your bag, head on over to the luggage truck to load your bags. There will be spare luggage tags there if you need them. This is the last time you will see your luggage until the campsite, so make sure you have everything you need for the day – helmet, gloves, shoes, sunglasses, sunscreen, hat, water bottle, snacks, wallet, phone and anything else you think you'll need. There are two luggage trucks – be sure to remember which one you loaded your bags onto!

From there it's over to the bike transport trucks to load your bike. Your bike will be protected with a bike blanket, ensuring it's safe and warm for the journey. It's a 2-hour trip to Yarraman, so grab your water bottle from your bike if you need it. There are three trucks for every two buses, so you may very well get to Yarraman before your bike does, or vice versa! Again, take note of which truck you loaded your bike into.

The drive to Yarraman will be a sneak peek of the terrain and countryside you'll be cycling through over the next few days. Don't want to spoil the surprise? Then by all means sit back, close your eyes and have a nap. Upon arrival in Yarraman, you and your bike will be dropped at the Errol Munt Sports Reserve where you'll be treated to a complimentary sausage sizzle courtesy of the Yarraman Progress Association.

From then on, your spare time is your own to explore the town of Yarraman, grab a coffee, or dare I say a cold one from the pub (I know there'll be a few of you who do). But, be sure you make your way down to the Start Site (Yarraman Station at the end of Millar St) by 11.15am, ready for the rider briefing at 11.25am, just before the ride begins at 11.30am.

Come 11.30am, you'll be raring to get on board your bike and head off down the Brisbane Valley Rail Trail on the 2018 Yarraman to Wulkuraka.



## General Route Information

Over the next three days you will be riding on the disused rail easement of the Brisbane Valley rail line. The trail surface will consist of a mixture of dirt, gravel, sand, rocks and grass. You will also pass through many gates and cross many creeks. The off-road nature of this event means the trail can throw all sorts of obstacles at you! Some of the creek crossings and descents to those creek crossings may best be approached by dismounting your bike and walking down, across and up. In some places, concrete paths and causeways have been installed to make the trail safer for users, but just because there's concrete doesn't mean it's safe. The smoother surface means you'll pick up pace quickly and, once the concrete ends, you'll be back on the dirt and going much faster than you were before. The point being made is to be safe and sensible, ride to the conditions and look out for your fellow riders.

There are many road crossings along the trail, some of which will be marshalled and others that won't. When we are on roads, it will be a mixture of quiet back roads, main streets and highways. In all cases normal road rules apply. When crossing roads, please come to a complete stop, check left and right for traffic and proceed only when it's clear. Do not rely on the rider in front of you telling you it's clear – check for yourself.

The trail is already marked but we will also install our event signage, indicated with big friendly red arrows to guide you along the way. In some towns, the route we send you along will divert from the rail trail, but will also return you to it. Also keep an eye out for our safety signage, informing you when a steep descent is coming up. Whilst we make every effort to sign every hazard, some are in difficult locations to reach, so again, ride to the conditions and look out for your fellow riders.

For safety reasons we have divided the route up into "sectors" (sector A, B, C, etc). The start of these sectors will be marked by a yellow sticker on our route signage, usually at a road crossing or as you are leaving a town. If you need to call the Route Manager or Ride Reception you can quote the sector in which you are located to give us an indication of your location. So, as you pass these signs – remember the most recent one! Coinciding with the sector changes, you will find route marshals positioned. These marshals will have access to radio communications and can get messages to the Route Manager or Ride Reception. Especially useful if you need non-urgent medical attention, a mechanic, or a lift to the campsite.

As you ride along, you will be passing through many small towns. These towns represent communities as historic as the rail line that are now benefiting from the rail trail and your welcome visitation. It's for this reason we have left it up to you to purchase your own food and drinks for morning tea, lunch, and afternoon tea. Get into those small towns and experience the famed country hospitality you've only heard about! In these towns you will also find places to refill your water bottles\*, bicycle repair stations (pumps and tubes), ATMs, public toilets, medical centres and hospitals, and our first aid bases. These locations will all be marked on your Manky Map, along with the location of the eateries in each town.

*\*Not all towns have potable water available, so in these instances we will leave filled water drums at the railway station buildings.*

We will have an event mechanic riding the route and available to assist in the more remote areas of the trail. It's a good idea to keep some cash on you in case you need to purchase a tube from them.

First aid along the route will be provided by 1300 MEDICS who will have a paramedic in a vehicle and a first aid officer on a bike riding along the trail. When not in motion, they will be stationing themselves at key locations along the route and in towns, so you may pass them as you are riding along. Please note they will not always be in those positions, as they could be in transit either to or from that point.

Both sites are privately owned, so please place all your rubbish in the bins provided and ensure all your tent pegs are removed when you pack down your tent.



## IMPORTANT

If you are in an emergency that requires immediate attention, please call 000 (or 112 if in an area of poor reception) in the first instance, and then either the Route Manager or Ride Reception to let us know what has happened. These numbers will be located on the back of your bike bib should you need them, but a better idea is to **save them in to your phone now:** -

| Number       | Who?   | When to dial  |
|--------------|--|---|
| 000          | Emergency services (fire, ambulance, police) | In an emergency.  |
| 112          | Emergency services (fire, ambulance, police) | In an emergency when in an area of poor phone reception.  |
| 0427 874 939 | Route Manager                                | In need of non-emergency assistance whilst on route, or after emergency services have been notified to let us know what has occurred.   |
| 0400 410 558 | Ride Reception                               | In need of non-emergency assistance whilst on route, at the campsite or in the campsite host town, or after emergency services have been notified to let us know what has occurred. |

Some of the route is in remote areas and even some of the towns have very poor phone service. Telstra is the most reliable service in the area, but also bear in mind if you need to make a phone call, many of the shops have landlines and would be willing to help.

## Campsite Information

Each day the campsite will be open for riders at midday. At each site, you will find:

- A suitable space to pitch your tent (or hire tent if you selected that option).
- The Ride Reception caravan.
- The Hub – where dinner is served, the bar is located and
- Toilets, showers and wash tables.

## Pitching Your Tent

In case you missed that detail, this is a camping event. The deal is you bring a tent (or hire a tent as an optional extra) to sleep in each night. You may prefer a swag and that's fine, so long as the total weight including your bag doesn't exceed 20kg per person. A mattress of some sort is certainly also recommended (also available for hire), not so much for comfort as for insulation from the ground. The mean temperature range for the whole region is between 5 °C-20 °C and it wouldn't be surprising to see frost on the grass in the mornings. That's certainly cold enough to warrant thermals and a good quality sleeping bag to sleep in at night. This event is also an all-weather activity, meaning if there's rain, we will still be riding and camping, so please make sure you take that into account when deciding what to sleep in or under. If you have hired a tent and/or a mattress, they will be available to collect from the luggage truck when you collect your luggage at the first campsite. You will be responsible for erecting and dismantling your hire tent each day and it can then be kept with your luggage when loaded on the luggage truck to go between campsites.

## Ride Reception

Ride Reception is what we call the Bicycle Queensland caravan you will encounter at the Check-in Site, the campsites and the Finish Site (same place as Check-in Site). If inanimate objects could be friends, then Ride Reception would be your best friend – for three days at least. At Ride Reception you will find some very helpful and knowledgeable people to assist you with any queries or concerns you have about the route, the campsites, or the towns we are visiting. Ride Reception will also be able to help with phone and e-bike charging (for a small donation), transporting any medication or CPAP machines, and lost and found. Our event mechanic will also be based here in the afternoons. All in all, it's a handy friend to have.



## The Hub

The Hub is where all the fun happens! It will host the nightly rider briefings, is where dinner will be served and eaten, where the bar is and where you'll dance the night away to the nightly entertainment.

At the first campsite at the Moore Pony Club grounds in Moore, The Hub will be located at the Moore Soldiers Memorial Hall - they are also doing the catering. It's an 800m walk from the campsite (torch recommended), but it will be worth it! There'll be soup and a bar from 4pm, a campfire out the back from 5pm, dinner served from 5.30pm, the nightly rider briefing from 6.30pm, and musical entertainment from 7.30pm.

At the second campsite at the Bellevue Homestead grounds in Coominya, The Hub will be onsite under a couple of big white peg and pole marquees. Catering will be provided by the local Blue Teapot Café. As with the previous night, the bar opens from 4pm, dinner served from 5.30pm, the nightly rider briefing from 6.30pm and musical entertainment from 7.30pm.

You won't need to bring plates, bowls or cutlery, but bring your own mug! We have a tea and coffee station at the campsites, so you can enjoy a hot beverage whenever you want.

## Toilets and Showers

There will be toilets and showers provided for you at both sites. We will endeavour to have them open by midday at each campsite but, depending on the situation, there may be a delay. Toilets are your standard portaloo and showers are also the single cubicle style. The showers will close at 9pm so they can start getting packed up ready to move the following morning, but the toilets will remain open all night. These units have spring loaded doors, so when using at night, please be considerate of those sleeping nearby and close the door gently behind you so it doesn't slam.

There will also be a wash bar set up, which is a multi-purpose tap and sink set up with cold and warm water and a mirror. You can use this sink to shave, wash your clothes, wash your mug (cup), wash your other mug (face) and to fill up water bottles.

And really, that's about it! The only thing left to do is settle into your saddle and enjoy the beautiful scenery of the Brisbane Valley Rail Trail.



## Key Dates and Times

Here is a table of key dates and times during the event.

| <b>Friday 27<sup>th</sup> July</b>   |  |
|--------------------------------------|--|
| 6.45am                               | Check-in Site and carpark open.  |
| 7.00am                               | Ride Reception will open.  |
| 7.30am                               | The first bus will depart the Check-in Site. Bus services will depart once full.                         |
| 9.00am                               | Last bus must leave by this time.  |
| 9.30am                               | First bus arrives in Yarraman and drops riders off at the Yarraman Sports Reserve.                       |
| 9.30am                               | First truck arrives to drop off bikes at the Yarraman Sports Reserve.                                    |
| 9.30am                               | Welcome sausage sizzle begins at Yarraman Sports Reserve, courtesy of the Yarraman Progress Association. |
| 11.00am                              | Last bus arrives in Yarraman.  |
| 11.15am                              | Riders start assembling at the Start Site.   |
| 11.25am                              | Rider briefing starts.   |
| 11.30am                              | Start of the 2018 Yarraman to Wulkuraka!   |
| Midday                               | All riders must have departed the start site.  |
| 1.00pm                               | First campsite at Moore opens for riders.  |
| 4.00pm                               | Soup available and bar opens at The Hub (at the Moore Soldiers Memorial Hall).                           |
| 5.00pm                               | Campfire is lit out the back of The Hub.   |
| 5.30pm                               | Dinner serving begins at The Hub.  |
| 6.30pm                               | Nightly rider briefing at The Hub.   |
| 7.30pm                               | Musical entertainment begins!  |
| 9.30pm                               | The Hub closes.  |
| 10pm                                 | Lights out at the campsite.  |
| <b>Saturday 28<sup>th</sup> July</b> |  |
| 6.30am                               | Breakfast serving begins.  |
| 7.00am                               | Bicycle route opens.   |
| 7.30am                               | Breakfast serving ends.  |
| 8.00am                               | All riders must have departed by this time.  |
| Midday                               | Second campsite at Coominya opens for riders.  |
| 4.00pm                               | Bar opens at The Hub (in the marquee at the campsite).   |
| 5.30pm                               | Dinner serving begins at The Hub.  |
| 6.30pm                               | Nightly rider briefing at The Hub.   |
| 7.30pm                               | Musical entertainment begins!  |
| 9.30pm                               | The Hub closes.  |
| 10pm                                 | Lights out at the campsite.  |
| <b>Sunday 29<sup>th</sup> July</b>   |  |
| 6.30am                               | Breakfast serving begins.  |
| 7.00am                               | Bicycle route opens.   |
| 7.30am                               | Breakfast serving ends.  |
| 8.00am                               | All riders must have departed by this time.  |
| 9.00am                               | Finish Site and carpark opens.   |
| 1pm                                  | Or when last rider arrives, packs up and leaves in their vehicle – Finish Site and carpark closes.       |