



## 40km Info Sheet

Congratulations on signing up for the Great Brisbane Bike Ride, including Coot-tha Challenge, and supporting our event beneficiary – Mater’s Smiling for Smiddy. This event will start in Riverside Drive, South Brisbane on Sunday 19 May, 2019. This info sheet contains loads of important information about the event. Please take the time to read it carefully.

Included with this info sheet you will find: -

- Your bike bib and twist ties – This identifies you as an event participant. Please attach your bike bib to your handlebars prior to arriving at the start site (see reverse side for instructions). Ensure your number is clearly displayed for the photographers.
- If you are a Bicycle Queensland member, you will also find a wristband to access the Bicycle Queensland member marquee at the finish site. If you are not a Bicycle Queensland member, call us and we’ll tell you why you should be!

We hope you enjoy the ride!

## Important information

**In the event of an emergency anywhere along the route please call 000.** Call less serious medical situations through to the event **Medical Command Centre on 0400 029 449.**

## Inclement weather

The event will proceed if it rains. Only extreme weather will force a cancellation. All participants will be contacted via SMS if the event is cancelled and we will post a message on the event website and social media pages.

## Start site

The ride begins in Riverside Drive, South Brisbane. **All riders should enter the site via Jane Street. There is no access to the start site from Bouquet Street or the Kurilpa Park bike path.**

The ride will start progressively from 6.15am. Please note the 110km and 75km riders will line up according to their nominated average speed category. However, 40km riders line up together (regardless of speed) after this. When entering the site from Jane Street the 40km holding area is the first section you will reach. **We recommend you arrive by 6.15am.**

## Parking

There is no designated parking area. If you are driving and parking in the neighbourhood, please be considerate of residents, businesses and parking restrictions.

## Signage

It is important to follow the event signage. Signs are not at every intersection, so don’t turn off a street until the signs indicate to. Don’t make the mistake of blindly following the riders in front of you. The different length rides sometimes share the same route, so be careful at the signed split and rejoin points.

## Mechanical support

There will be bicycle mechanics at the start, rest stop and mobile along the course. If you require mechanical assistance please move off the road, turn your bike upside down and wait. Mechanical assistance is free of charge, however parts (i.e. tubes) need to be paid for, so remember to bring a spare tube and/or puncture repair kit with you.

## SAG Wagon

The SAG wagon (sweep bus) will be following the last rider. If you have not made the cut off times you will be asked to board the SAG wagon and will be driven to the next location to continue the ride. If you do not wish to board the bus then you will be required to hand your rider bib to the bus driver as you will no longer be part of the event. This is a requirement of the event permit.

## Rest stop

Remember to refill your water bottle/s before leaving the rest stop. At the rest stop be mindful about where you stop and leave your bike: do not block the main access way. There will be a designated meeting point inside the rest stop area. Please only take one of each item or other riders will miss out.

Sites	Food*/ Drink / Facilities / Services						
	Water	Bike Mechanics	First Aid	Toilets	Banana	BQ member marquee	Food & drink vendors
Start Site - South Brisbane		✓	✓	✓			
Rest Stop - Suncorp Stadium (28km)	✓	✓	✓	✓	✓		
Finish Site - West End (40km)	✓		✓	✓		✓	✓

\*Subject to change



## Qld road rules for bike riders

Bicycle road rules can be found here - please read them before the ride: <https://www.qld.gov.au/transport/safety/rules/wheeled-devices/bicycle#riding>

## Safety protocols

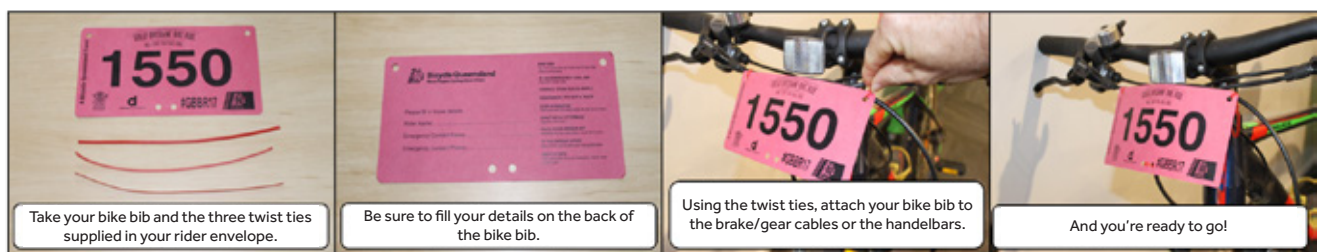
- This event is **NOT A RACE**. There is no prize for arriving first. Racing is actively discouraged and may cause you to be excluded from the event.
- Start straight – have your bike in an easy gear so you don't wobble.
- Ride smoothly – erratic riding such as hard braking or sudden swerving can cause accidents.
- Give yourself space – riding too close to others will increase the chance of a problem if they ride erratically. Space means you can see ahead and plan for potholes, traffic or changes in direction.
- Riders passing each other in an unsafe manner is the most likely cause of accidents. To reduce this risk please line up in the coloured category according to your bike bib. Be patient in the first few kilometres and exercise caution when passing others, especially slower riders. Please keep left and ride in a consistent line.
- Calling your moves in advance, such as **"passing"** or **"stopping"**, is very helpful to others.
- Please listen to announcements at the start site.
- If you need to stop and walk at any stage please move to the footpath if available.

## Road conditions

There are a limited number of road and lane closures so you will be sharing the road with moving traffic. **Normal road rules apply at all times and especially note:**

- You must stop at red lights unless a police officer is waving you through.
- **DO NOT** pass other riders on the left at any time.
- Ride no more than two abreast and allow traffic to pass safely.
- **Remember - each and every rider is a cycling ambassador on the day** - it is important we all do the right thing and set a good example for all road users!
- **Please keep the roads we enjoy litter-free.** Keep any wrappers and rubbish in your pockets - there are bins at the rest stop and finish site.

## How to attach your bib



## Free photos

All photos taken by our event photographers will be available to download free of charge after the event. Don't forget to smile when you are being snapped!

## After the ride

- **The ride finishes on Riverside Drive near Davies Park in West End.**
- Remember other participants will still be finishing the ride - please keep the finish area clear.
- Drink some fluid and eat something straight away.
- Enjoy live entertainment, food and coffee vendors from 9am-midday.

## Bicycle Queensland members

**Bicycle Queensland members are invited to the BQ marquee.** Please wear the wristband in your rider envelope for entry (as well as to identify you as a member throughout the ride!). We hope you can join us to enjoy some light refreshments, sit in the shade and relax with a complimentary massage.

## What is Bicycle Queensland?

Bicycle Queensland is a non-profit, community and advocacy organisation promoting safe, everyday bicycle riding.

We meet regularly with politicians and planners to persuade them to improve cycling facilities in Queensland. We also advise government engineers on suitable designs for cycling facilities.

Bicycle Queensland supports programs encouraging cycling and making cycling more accessible to potential bike riders. We also encourage and support local groups lobbying for better cycling conditions in their area.

Bicycle Queensland is a voice for cycling in government, media and community circles. We are membership based - more members mean a bigger voice for cycling - join us today!

Bicycle Queensland membership includes insurance cover. This insurance cover applies when members are riding their bike on a 24/7 basis, including commuting to work, on a training ride or participating in an organised cycling event (excluding a race), and travel to and from these activities. For more information visit [www.bq.org.au](http://www.bq.org.au)