



Energetic Education
www.energetic.education

The Active Funshop

Active learners are healthy learners

Purpose

Energetic Education is excited to announce one amazing full day FunShop. This workshop has been conducted in over ten different countries around the world with fantastic results aimed at both primary and secondary teachers.

Energetic Education has been referred to as the energiser bunnies of the PE world. With our love of play, fun fitness, energy and passion for getting students moving, we are excited to share this full-day workshop, which will give teachers the skills, knowledge and resources that will change the way they teach and get their students to be active for life.

Workshop

This workshop is designed for primary and high school teachers who teach from grade one to year 13 who are looking for new and exciting ways to conduct physical education and outdoor sessions.

The workshop will be split into three sections, here is what you can expect:

- Fitness board games
- Musical workouts
- Brain breaks and energy breaks
- Gamification throughout the school
- Dice and card fitness for all sports
- Team building fitness games
- Game development and cross-curricular activities
- Plus much more

Teachers who attend will not only get this fantastic days' experience run by an international speaker, but they will also get a considerable resource pack to go home with worth over \$300.

This will include a number of games, fitness resources, sports board games and lesson plan ideas that will be a tremendous asset in their teaching practices.

ay and team bonding in a never before seen way.



Energetic Education
www.energetic.education

About us

Energetic Education is the creator of the world-renowned app Jugar Life, which follows the daily practice of play, gratitude and reflection, helping people to be present in each and every day.

The team is on a mission to bring movement, fun and happiness into every day! Using their background in education, business and the fitness industry, they offer a number of different options to suit your business, including an all-day, 2-hour or half-day energised and motivational FunShop experience for you and your team starting from \$1999.





Dale is the founder of Energetic Education, the host of two podcasts in Energetic Radio and The Trainers Tribe, and founding member of FHL Retreats, Bottoms Up Fitness and Learning with Games. He is really excited to come and share his passion of making everything fun with you and your staff through his world renowned FunShops.

To book a workshop contact us through our website www.energetic.education

Testimonials

What attendees said in last year's workshops:

"Loved it. Great content and highly applicable to primary and secondary student." Jake Carey - Island Christian Academy Hong Kong

"Very fun, engaging and hands on. Dale was very enthusiastic and had lots of brilliant ideas and games suitable for all". Tristan Mc - Bangkok Patana College

"Excellent PD especially relevant to our students who are fitness resistant. Class energisers appropriate for our learning as attention spans are limited". Gary Pennicott - Glenorchy Primary Tasmania

"Love the energy of the Dale; he did an awesome job"! Lauren Laurenson- AJHS New Zealand



Energetic Education
www.energetic.education

Biography

Dale Sidebottom has been referred to around the world as the energiser bunny of life, and this is exactly what he brings to each and every day. Whether he is running workshop's, corporate team building days or heading keynotes at conferences around the world.

Qualified as a teacher and personal trainer, Dale has grown over the years with a number of different projects and business ventures. He has created over 20 mobile apps with his latest app 'Jugar Life' designed to help people create daily routines around the practice of play, gratitude, the act of giving and exercise.