

ACA Members - COVID-19 Training



Everybody has a responsibility to stop the spread!

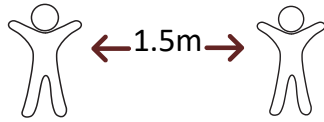
COVID-19 can affect anybody. Lead by example to comply with regulations and restrictions.

Stop the spread

Hand Hygiene.



Social Distancing.



Avoid congregating in groups.



Avoid touching your lips, nose and eyes.



Respiratory Etiquette

Cover your mouth and nose when you cough and/or sneeze. Use a tissue (bin after use) or use your bent elbow.

Fill out the attendance register upon arrival and departure.

Do not attend the event if you do not feel well or have COVID-19 symptoms.

Common symptoms are fever, coughing, sore throat and fatigue. Not everyone will display symptoms.

Do not attend the event if you have been overseas or in a COVID hotspot in the last 14 days.

If you have symptoms whilst at event:

1. Move yourself to designated isolation area and put on a clean disposable face mask.
2. Inform a committee member (via phone if possible), with their assistance make a plan for you to safely leave the grounds.
3. Call a doctor or 134 covid(134 268).

I have completed ACA Members COVID-19 Training.

Date:

Signature:

ACA member's Name:

ACA member's Name:

ACA member's Name:

ACA member's Name:

Camping:

- Maximise your distancing between groups not less than 15 meters.
- Limit the duration of your stay.
- Provide your own shower, toilet and cooking facilities where ever possible.

Refusal from an ACA member to follow directions from a committee member or COVID-19 regulations constitutes a Grade 4 offence under the ACA Disciplinary By Law, which is a 24 month suspension in the first instance.