

# VIVID DINNER 7.30PM

## VEGETARIAN



### ENTRÉE

**Sweet potato & pumpkin** with shredded kale and couscous, fragrant herb vinaigrette dressing with rosemary, oregano, thyme, dried cranberries & crushed walnuts (V)

### MAIN

**Tian of Mediterranean Vegetables**  
with olive polenta and tomato salsa (V-GF)

### DESSERT

**Fruit plate**  
Seasonal fresh berries and fruit plate

LIGHT, MUSIC & IDEAS  
**vivid**  
SYDNEY

Sample menu & subject to change. We cannot guarantee that certain products or ingredients (halal, nuts, gluten, dairy, etc.) will not be in our food, and we explicitly accept no liability in this regard. For serious food allergies you must make your own decisions on selecting meals. Our staff's comments are only to assist you in making an informed decision.

  
**CAPTAIN COOK**  
CRUISES