



UNCOMMON IN S.E: Avocado tree.
HOME HONEY: Bee hives in action.



CREATIVE: Section of a rainwater tank turned into a garden bed full of potatoes.



FRESHEST FOOD

SMART LIVING MOUNT GAMBIER

Jantina and Jeff only have to walk out their back door to enjoy the freshest food you can find. Their garden is full of vegies, fruit, herbs, edible flowers and animals. At certain times of the year as much as 90% of their food comes from their garden.

VISION Jantina started with a vision with what she wanted their garden to become, and has worked towards that.

START SMALL & EASY She recommends you start with just a few fast growing vegies like French beans, lettuce, tomatoes and radish. This will build your confidence and experience.

EXPERIMENT Try different vegies and see what works in your garden, then focus on the things that do well.

OTHERS Visit family & friends that have successful vegie gardens, learn a few tips. Also research from good gardening books and other resources.

THREE TIMES Plant three times as much as you need, so if you have vegies that don't work, or have some hungry pests, there'll still be some left for you. You can always preserve, swap or give away any excess to family and friends.

REGULAR Sow vegie seeds every week or two for a continuous harvest throughout the year.

VARIETY Grow different varieties of fruit & vegies. Jantina has fresh apples nine months of the year because she grows varieties that ripen at different times.

FERTILISE Apply a good organic liquid fertiliser to your vegies every week or two for solid growth.

UNCONVENTIONAL With a bit of extra TLC Jantina also grows 'tropical' plants like banana and macadamia. She also has many 'ornamental' plants like lilies and roses that have edible parts.

SATISFACTION Follow these tips to enjoy the immense satisfaction of growing your own food.



EDIBLE FLOWERS:
Lilies and roses have edible parts.
BIRDS: Chooks, Geese and Guinea Fowl, prove abundant eggs and meat.
VEGIES: Rich soil, protected from pests.

