

13 DAY HIGHLIGHTS PACKAGE

NEPAL ADVENTURE TREK

\$1999

PER
PERSON
TWIN
SHARE

TYPICALLY \$3899

KATHMANDU • POKHARA • CHITWAN

THE OFFER

When it comes to Nepal, there's no doubt the best way to see it is via rugged trails, trekked on your own two feet. An intriguing nation of snowy mountain peaks, remote monasteries, colourful communities and jungle wildlife. When you spend time with the locals, hiking through spectacular villages and rugged mountain passes, you soon begin to uncover the extraordinary in the everyday.

Taking in Kathmandu, Pokhara, Chitwan, Poon Hill and more, this 13 day package has all the makings of a life-changing adventure. Explore the historic city of Kathmandu on tour, taking in impressive sights such as Patan Durbar Square and Swayambhunath Stupa, and admire the changing landscape on a tourist bus to Pokhara. From here, journey to Nayapul and begin a five day trek through the stunning Himalayan foothills. Pass through small villages and settlements, admiring colourful rhododendron forests and snow-capped peaks, witness a dazzling sunrise over the mountains from Poon Hill, and see elephants bathing in Chitwan. Includes return international flights, 11 nights accommodation, 27 meals, professional mountain guides, porters, national park fees and more. If you've ever longed to experience the unique wonders of Nepal, this is an adventure you do not want to miss!

STANDARD

\$1999

PREMIUM

\$2699

**Trip
aDeal**
Est. 2011

Offer available for a limited time or until sold out. TRIP A DEAL PTY LTD: 50149240433

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THE ITINERARY

Day 1 Australia - Kathmandu

Today depart from Sydney, Melbourne, *Brisbane, *Adelaide or *Perth for Kathmandu, Nepal! Fly with award winning airlines such as Singapore Airlines, Cathay Pacific, Emirates and Virgin Australia to name a few. Upon arrival into Kathmandu airport (1345m above sea level), you will be met by a tour representative and transferred to your hotel. The Tour Manager will meet you at your hotel this evening to brief you on the program during your stay in Nepal.

Please note: due to flight scheduling and availability, some departures may occur on day 0. Affected customers must be at the airport the night before. Flight times will be indicated on your final documents at least 6 weeks prior to departure.

Overnight: Kathmandu (Standard or Premium Hotel Option)

Meals included: In-Flight

Day 2 Kathmandu City Tour

Following breakfast this morning, you will set out for a sightseeing tour of the Kathmandu Valley (entrance fees not included), which takes in Kathmandu Durbar Square and Swayambhunath (also known as the 'monkey temple') in the morning, followed by sightseeing in Pashupatinath Temple and Boudhanath Stupa in the afternoon. Kathmandu is home to a wonderful mix of the ancient and the new, and includes western influences that make visiting the capital an interesting experience. Some of the sites you visit are declared as UNESCO World Heritage Sites, and you will truly enjoy visiting these ancient monuments and learning of their fascinating history.

Overnight: Kathmandu (Standard Or Premium Hotel Option)

Meals included: Breakfast

Day 3 Kathmandu - Pokhara (approx. 200 kms)

After breakfast at the hotel, you will take the tourist bus to Pokhara (altitude 915m). Upon arrival, check-in to the hotel and enjoy the remainder of the day at leisure. If you would prefer to fly from Kathmandu to Pokhara, an optional flight is available for purchase from the tour operator.

Overnight: Pokhara (Standard Or Premium Hotel Option)

Meals included: Breakfast

Day 4 Pokhara - Nayapul - Tikhedhunga

Following breakfast at the hotel, you will drive to Nayapul (altitude 1050m) and then trek out to Tikhedhunga (altitude 1577m) via Birethanti. It is easy trekking, passing through several small villages and settlements. Afterwards you will ascend gently to the final destination of the day.

Approximate Distance: 7 km

Approximate Trekking Duration: 3 hrs

Overnight: Mountain Lodge

Meals included: Breakfast;Lunch;Dinner

Day 5 Tikhedhunga - Ghorepani

Today you will ascend steeply for the first two hours and then ascend gently, passing through Ulleri and Banthanti. You will see a good view of the mountains of Machhapuchhre (Fish Tail), Hiunchuli and Annapurna south on the way. The trail becomes easier, passing through rhododendron forests and shadowy trees, ascending gently to the final stop in Ghorepani

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(altitude 2675m).

Approximate Distance: 12 km

Approximate Trekking Duration: 7 hrs

Overnight: Mountain Lodge

Meals included: Breakfast;Lunch;Dinner

Day 6 Ghorepani - Poon Hill - Tadapani

Early this morning you will hike to Poon Hill (altitude 3180m) to enjoy the sunrise view over Mt. Dhaulagiri and other numerous snow-capped mountains. After taking in the beauty and serenity of the sight, you will then hike back down to Ghorepani for breakfast at the Lodge. Continue the trek to Tadapani (altitude 2675m). Most of the trail will be through rhododendron forest; the beautiful flower makes the jungle colourful when they bloom in spring.

Approximate Distance: 10 km

Approximate Trekking Duration: 6 hrs

Overnight: Mountain Lodge

Meals included: Breakfast;Lunch;Dinner

Day 7 Tadapani - Ghandruk

Today is easy trekking, descending gently all the way through rhododendron, oak and other kinds of dense forests. You will hear a myriad of birds chirping along the way. This is one of the popular destinations for bird lovers. Ghandruk (altitude 1950m) is a big Gurung (ethnic group of Nepal) village, which is home to a handicraft centre and museum.

Approximate distance: 9.5km

Approximate trekking duration: 3hrs

Overnight: Mountain Lodge

Meals included: Breakfast;Lunch;Dinner

Day 8 Ghandruk - Nayapul - Pokhara

Today is your last trekking day. It's a very easy trek descending gently half of the way through the rice fields and local villages to Syauli Bazaar and then it's flat until Nayapul. Afterwards drive from Nayapul to Pokhara.

Approximate Distance: 18 kms

Approximate Trekking Duration: 4 hrs

Overnight: Pokhara (Standard Or Premium Hotel Option)

Meals included: Breakfast;Lunch

Day 9 Pokhara - Chitwan (approx. 150 kms)

After an early morning breakfast, you will drive to Chitwan. Check-in to your jungle lodge and embark on a wildlife Tharu village tour. The tour gives you the opportunity for a close and personal observation of the Tharu culture. Witness the daily lifestyle and activities of the Tharu community. The Tharu are indigenous to Chitwan and popular for their traditional culture.

Overnight: Chitwan (Standard Or Premium Hotel Option)

Meals included: Breakfast;Lunch;Dinner

Day 10 Chitwan Jungle Activities

After breakfast you will set out for a full day of jungle activities. You will also enjoy an opportunity to watch elephants bathing and also visit an elephant breeding centre. At dinner this evening, you will enjoy a brilliant Tharu cultural stick dance.

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THE ITINERARY

Overnight: Chitwan (Standard Or Premium Hotel Option)

Meals included: Breakfast;Lunch;Dinner

Day 11 Chitwan - Kathmandu (approx. 180 kms)

After breakfast, enjoy an interesting bird watching tour in the morning, and then return to Kathmandu by tourist bus.

Overnight: Kathmandu (Standard Or Premium Hotel Option)

Meals included: Breakfast;Dinner

Day 12 Depart Kathmandu

After breakfast, you will be transferred to the airport for your flight back to Australia.

Meals included: Breakfast;In-Flight

Day 13 Arrive in Australia

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TOUR INCLUSIONS

HIGHLIGHTS

- See the best of Nepal on tour and enjoy a 5 day trek
- Experience Kathmandu, Pokhara, Chitwan, Nayapul and more
- Trek to Tikhedunga, Ghorepani, Poon Hill, Tadapani and Ghandruk
- Discover the highlights of Kathmandu on a city tour
- See resident monkeys at Swayambhunath Stupa, 'the monkey temple'
- Visit Patan Durbar Square, often called the 'City of Fine Arts'
- Witness the spectacular Machhapuchhre 'Fish Tail'
- Hike to Poon Hill and witness the sunrise over the mountains
- Trek through beautiful Rhododendron forests
- Visit a handicraft centre and Gurung museum in Ghandruk
- Learn about Tharu daily life and culture on a Tharu village tour
- Experience a full day of jungle activities in Chitwan
- Witness a cultural Tharu stick dance
- Enjoy a bird watching tour

FLIGHTS

Return international flights (economy class) ex SYD/
MEL/*BNE/*ADL/*PER

ACCOMMODATION

7 nights quality hotel accommodation (Standard Or Premium Option)
4 nights in mountain lodges on the trek

DINING

Enjoy 25 meals including all meals while trekking

TOUR ESSENTIALS

- Professionally trained mountain guide and porter
- All ground transportation as per itinerary
- All National Park entry fees and TIMS permit
- Sleeping bag and down jacket for the trek

TRANSFERS

Return airport transfers

IMPORTANT INFORMATION

*Please note: all information provided in this brochure is subject to both change and availability. Prior to purchase please check the current deal for up-to-date information. If you have already purchased this deal, the terms and conditions on your Purchase Confirmation apply and take precedence over the information in this brochure.

BOOKING INFORMATION

After purchase, you will receive a receipt and a Purchase Confirmation, directing you to an online Passenger Information Form. The Passenger Information Form must be completed within 72 hours of purchase.

Any special requests, preferences and optional extras MUST be clearly stated in your Passenger Information Form. Any change requested after submitting your Passenger Information Form cannot be guaranteed, is strictly subject to availability and will incur surcharges as outlined in the Schedule of Fees below.

On purchasing this Travel Offer you are bound by the General Terms and Conditions, in addition to the specific terms and conditions outlined in this Important Information.

Please note: all additional charges are payable direct to your Travel Consultant in AUD (unless otherwise stated).

OFFER ESSENTIALS

Travel offer is valid for travel on selected dates until the 10th December 2020.

Travel offer is valid for one person based on twin share.

Single Traveller Supplement

- Standard Package: \$340
- Premium Package: \$670

Departure Dates

Please see TripADeal website for current departure dates.

Surcharges

*Please note: dates/months with a * incur a Flight high season surcharge of \$250 per person.*

Please note: dates/months with a ^ incur a Flight

peak season surcharge of \$350 per person.

Departure Cities

Sydney, Melbourne, *Brisbane, *Adelaide, *Perth

Interstate Surcharges

*Brisbane, *Adelaide or *Perth: \$150 per person

FLIGHTS

Full Service Airline(s) Used

Singapore Airlines, Malaysia Airlines, Cathay Pacific, Emirates, Virgin Australia, Malindo Air, Korean Airlines, Japan Airlines, China Southern Airlines, China Airlines, China Eastern Airlines, Bangkok Airways plus any codeshare partners (subject to availability).

Please note: One way flights can not be accommodated. Travellers must take all included flights within the package, and any flights intentionally forfeited will result in later flights being subject to cancellation.

Arrive early in Kathmandu, Nepal

\$200 per person, subject to availability.

Please note:

- This fee does not include extra nights accommodation, meals or airport transfers.
- No flight booking changes or cancellations permitted after air tickets have been issued.
- Flight changes are subject to availability at the time of booking.
- Black-out Dates:
 - 28 June 2019 - 28 July 2019
 - 20 September 2019 - 13 October 2019
 - 14 December 2019 - 20 January 2020
 - 28 March 2020 - 27 April 2020
 - 20 June - 19 July 2020
 - 17 September 2020 - 11 October 2020
 - 10 December 2020 - 20 January 2021

Stay behind in Kathmandu, Nepal

\$200 per person, subject to availability.

Please note:

- This fee does not include extra nights accommodation, meals or airport transfers.
- No flight booking changes or cancellations permitted after air tickets have

been issued.

- Flight changes are subject to availability at the time of booking.
- Black-out Dates:
 - 28 June 2019 - 28 July 2019
 - 20 September 2019 - 13 October 2019
 - 14 December 2019 - 20 January 2020
 - 28 March 2020 - 27 April 2020
 - 20 June - 19 July 2020
 - 17 September 2020 - 11 October 2020
 - 10 December 2020 - 20 January 2021

Stopover Packages

Not available.

Flight Class Upgrades

- Premium Economy: Not available
- Business Class: Buy now for \$4899 per person

Please note:

- All Premium Economy and Business Class upgrades are subject to availability (if we are not able to fulfill your business class request the upgrade cost will be refunded).
- On any upgrade purchase, short haul flights and domestic flight sectors are not guaranteed in a Premium or Business cabin; subject to aircraft configuration.

ACCOMMODATION

Accommodation Used

Standard Package

3 Star (self-rated)

- Kathmandu: Hotel Jampa or similar
- Pokhara: Hotel View Point or similar
- Chitwan: Rhino Land Lodge or similar

Premium Package

4 Star (self-rated):

- Kathmandu: Yatri Suites and Spa or similar
- Pokhara: Mount Kailash Resort or similar
- Chitwan: Green Park Chitwan or similar

No star ratings:

Trek: Mountain Lodges – All lodges have beds with linen and indoor bathrooms. Hot water is available on request. A hot shower is an additional cost of approx \$2.50 - \$5AUD at the Mountain Lodges. Please note some lodges do not provide towels so packing a towel is necessary.



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Please note: Rooms offered are based on a lead-in room type. In the unlikely event that a hotel is fully booked a similar hotel of the same standard will be used.

3-4 star hotels will be used in cities and on the trek locally owned comfortable lodges with an indoor bathroom and hot showers will be used. As the lodges are locally owned the money goes back into the local community - giving back to people of Nepal.

Extra Nights

Not available.

Maximum Room Capacity

3 People (subject to availability).

Child Policy

- No child discounts apply; a full priced voucher must be purchased for all children travelling with their parents.
- Strictly valid for Children 12 years old and over.

Please note: Children must be accompanied by a responsible adult 18 years old and over to travel. No unaccompanied minors allowed.

Triple Share

No discounts apply for 3rd person travelling. Full price applies, subject to availability.

Please note: Triple shares may be required to share existing bedding.

Bedding Configuration

Double or twin bedding (subject to availability).

Adjoining / Interconnecting Rooms

Not available.

GENERAL TOUR INFORMATION

Minimum group size 2, maximum group size 30 per vehicle.

Optional Tours / Activities

- Upgrade to flight to Pokhara: \$130 USD (approx. \$183 AUD)
- Everest Scenic Flight: \$250 USD (approx. \$352 AUD)

Please Note:

- Prices are based on per person, are subject to availability, time permitting and weather conditions, and are payable direct to the tour operator in the currency specified.
- Some tours require minimum numbers to operate.

EXCLUSIONS

- Visa fees and requirements (A visa for Nepal is a strict requirement if travelling on an Australian passport).
- Meals/beverages not stated in the itinerary, including water which is available to purchase (approx \$.80c to \$2).
- Recommended gratuities/tipping.
- Optional activities/tours
- Monument entrance fees (Kathmandu City Tour): Approx. \$25USD (approx. \$35 AUD)
- Personal expenses
- Travel insurance (Mandatory)

Please Note: A comprehensive travel Insurance policy must be organised BEFORE all details can be finalised.

OTHER IMPORTANT INFORMATION

Electricity and battery charges on trek:

Electricity where you can re-charge your camera batteries is available in some of the villages on the trek, and there is also solar power in some villages that you will trek through. We suggest you bring spare batteries, and be prepared to pay a small fee to charge electronic items.

Suggested equipment to pack:

General:

- Four seasons Sleeping bag (Optional/we can provide one if you do not have on your own and it is to be returned after the trek).
- Duffel or Rucksack bag to keep your all the gear and this will be carried by the porters.
- Daypack for yourself.
- A down Jacket.
- Shade hat.
- Warm wool hat to cover your ears.
- A pair light weight warm gloves.
- T-shirts 2- 3 pieces.
- Light weight thermal tops.
- Fleece jacket.
- Wind-Stopper jacket (optional).
- A pair of nylon hiking shorts - quick drying.

- Underwear.
- Two pairs trekking pants, preferably that zip on/off at the knees so they double as shorts.
- Four pairs of liner warm socks.
- A pair light to medium weight water proof hiking/trekking boots.
- A pair light trekking shoes for camp/lodges.
- A pair sandal (Optional).
- A water bottle.
- Head/torch Light.
- A medium size towel.
- Walking poles (optional).

Medicines and First Aid Kits

- We recommend consulting your local Medical GP regarding any medication suggestions to take for these regions.

Important Miscellaneous

- Passport and extra passport photos (4 copies) - these extra passport photos are necessary to obtain the trekking permits.
- Durable wallet / pouch for travel documents, money & passport.
- Lip balm. At least SPF 20, 2 sticks.
- Sun cream with SPF 40 is recommended
- Pocket knife.
- Water purification Iodine tablets
- Toiletry kit: including toilet paper stored in a plastic bag, hand wipes, and liquid hand sanitizer, towel, soap, etc.

TOUR GUIDE VS. TOUR LEADER

Tour Guide:

Often locals with intimate knowledge of an area, its culture, and history. Their role entails providing commentary, routing the tour, and seeing that people have a good time. They are a licensed, qualified expert who supplies specific information on history, art, architecture and culture of the city/village/attraction in which he or she is guiding the tour. The guide meets the group at the required place and leaves the group at the end of the tour, they do not travel with the group.

Tour Leader:

An experienced person tasked with ensuring the smooth operation of tours, as well as providing practical support to



IMPORTANT INFORMATION

passengers throughout the whole trip. Their role primarily includes assisting with accommodation, transportation between locations, and communication with tour guides in each stop. A tour leader may provide general guidance around a city or village, and offer information on the place visited on the bus, however they are not required to have specific knowledge on art, architecture, or history. They are not allowed to provide a guided tour or commentary of a city/village/attraction once there and if caught doing so, can be fined.

Please note: Tour leaders/guides are not a standard inclusion in all travel offers. Tour leaders/guides will only be made available when particularly required to enhance the experience of the destination featured.

Climate & Average Temperature:

The best time to visit Nepal is during Spring and Autumn, however, Nepal can be visited the whole year round. There is no seasonal constraint on traveling in and through Nepal. Even in December and January, when winter is at its severest, there are compensating bright sun and brilliant views.

FLIGHTS

Seat Selection & Frequent Flyer Points:

At TripADeal we do not arrange seat selection. It is important to highlight that some Airlines do not allow pre-selected seats. We strongly suggest you contact the Airline directly with seating allocation requirements and or arrive at the airport earlier to arrange your seating. While we do not add frequent flyer member details to bookings, you can do this directly with the Airline once you have your flight information.

Passport Validity:

Customers are required to provide valid passport details either at the time of purchase, or no later than 45 days prior to departure date. Failure to do

so may result in cancellation of the booking. In this instance customers will be responsible for any costs and fees incurred.

Meals:

25 meals are included in the tour, for all other meals; lunches and dinners the tour leader (when available) will offer assistance with reservations, suggestions and directions to local restaurants. You can also enquire about any allergies and food and if necessary advise meals to be prepared with any medication you require.

Luggage:

You will be responsible for all your personal belongings whilst on the tour. With regards to luggage, you must carry your own luggage from the coach to the hotel room and back to the coach. The driver will assist with the uploading and off-loading of the luggage from the coach.

Fitness Level Required / Mobility:

Our vehicles are not equipped with wheelchair access, so unfortunately our tours are currently not suitable for wheelchair users and those less mobile.

Please note: a moderate level of fitness will be required with daily trekking from between 3 hours to 8 hours. You will reach an altitude of 3,180m above sea level. If you have any concerns please consult your healthcare provider prior to purchase/travel.

Yellow Fever:

A valid international certificate of vaccination against Yellow Fever is required in many countries. You may need to present this on arrival at the airport or border crossing. Some countries will refuse entry if you are unable to present your certificate. It's also quite common for your home country to request a Yellow Fever certificate on your arrival back home.

It is your responsibility to check

with your doctor well in advance of leaving home about the Yellow Fever requirements for the countries you'll be visiting.

Gratuities:

Gratuities (tips) are not included in the price for services of the guide/porter throughout the trek. The recommended tip for each guide/porter is \$5 AUD per person, which will be collected whilst on the trek.

Sightseeing:

Please note: In the event entrance to a site is affected by changes in operating hours or public holiday closures, your itinerary will be adjusted to ensure you do not miss out on the experience.

Shopping:

Shopping overseas can be a daunting and confusing experience, especially when there is a language barrier. Please be very cautious when foreign currencies and prices are involved. If paying by credit card, please pay close attention to the amount you are being charged and keep all of your receipts.

Do not make any purchases you are not comfortable with or feel pressured into. If you are uncertain or need assistance with the language barrier, please seek assistance from your Tour Guide/Leader.

Please refer to our Terms and Conditions in regards to shopping for further information.

VISAS

A Tourist Visa for Nepal is required if travelling on an Australian Passport. This can be arranged on arrival for approximately \$25 USD, valid for 15 days.

Visas must be arranged in USD currency at the border with 2 passport sized photos.

Please Note: Passengers who are not Australian citizens must check with the respective consulate or a visa agency to determine what



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their visa requirements are and what personal identification is required.

INSURANCE

We are proud to offer a range of travel insurance products - please ask your Travel Consultant for more information.

SCHEDULE OF FEES

Voluntary Changes

This includes booking changes requested by you, including but not limited to those changes requiring an airline ticket or a Purchase Confirmation reissue.

- 1st Change - \$100.00 per person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.
- 2nd Change - \$150.00 per person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.
- Subsequent changes - \$250.00 per person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.
- Changes within 30 days of departure \$350.00 person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.
- Changes within 14 days of departure \$500.00 per person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.

Name Changes Due To Passenger Error

- If the incorrect name has been advised to TripADeal, charges of \$150.00 per person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.

