

Referral Process

During the counselling process it may be considered beneficial for other professionals to become involved in the care of a client. While referrals and recommendations can be made, it will remain the parent's responsibility to arrange and follow through with this.

College Counsellor



Ms Susan Thomson

College Chaplain



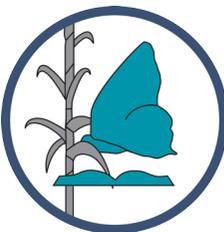
Mrs Kelli Ussher



Bundaberg Christian College College Support Services

Chaplain and Counsellor

He heals the brokenhearted and binds up their wounds. Ps 147:3



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College Support Services

Counselling Service

Counselling is a friendly, supportive and positive approach to addressing and resolving personal issues. It recognises the whole person and involves respecting each person as an individual, while also promoting and supporting healthy family relationships.

Through counselling, people learn about themselves, talk through their difficulties or fears, discover ways to overcome troubling feelings or behaviours and develop inner strength. It provides a safe place where people can freely explore and express their feelings and learn and practise social skills.

There are many reasons why young people may seek the help of a counsellor. These include relationship issues, anxiety, depression, anger, danger, identity issues, spiritual issues, grief and loss, self harm and suicidal thinking/attempts.

Counselling is available to students from both the Primary and Secondary school. Appointments can be made by parents or students either directly through the College Office or by contacting your child's teacher in the Primary Department or Year Level Coordinator for Secondary students.

IRON SHARPENS IRON,
AND ONE MAN SHARPENS ANOTHER.
PROVERBS 27:17

Limits of Confidentiality

The counselling relationship is very important and based on trust, respect and non-judgemental acceptance.

Confidentiality is essential for maintaining a good counselling relationship. Every effort will be made to respect each individual's right to privacy but the level of confidentiality will vary depending on a person's age and maturity, and the reason they have come to counselling. The legal requirement is that confidentiality will be broken if:

- Child abuse is either reported or suspected
- If the client poses a 'clear and imminent danger' to either themselves or someone else
- If the client releases information with written authorisation
- If the court subpoenas your records
- When consultation or supervision with another therapist is desired in order to provide the best possible therapy

Further to this, as a school, our duty of care is clearly of the highest importance. Any person coming for counselling must understand that parents and/or appropriate authorities (including College Executive) will be contacted by the counsellor if he/she considers that there is a need to inform.

The College has a Student Support Team, which information may be shared in order to give additional assistance when required.

When making decisions regarding confidentiality the client's welfare and personal safety will be considered a priority, as well as the importance of the support and involvement of parents and the well being of the College community as a whole.

Chaplaincy Service

The Chaplain provides a safe and caring presence within the College, through active involvement in a wide range of everyday activities. These include:

- Primary and Secondary Chapels
- Kickstart 3D - A Christian Leadership and Development Program that has been designed specifically for students with a passion to develop their faith and improve their leadership skills.
- Student Prayer Groups
- Student Camps
- Student Support and Counselling
- Pastoral Care and Mentoring
- Student and Parent Mediation

The Chaplaincy service is available to students from both the Primary and Secondary school. Appointments can be made by parents or students either directly through the College Office or by contacting your child's teacher in the Primary Department or Year Level Coordinator for Secondary students.

THEREFORE ENCOURAGE ONE ANOTHER AND BUILD
ONE ANOTHER UP, JUST AS YOU ARE DOING.
1 THESSALONIANS 5:11
