

Canteen Menu

(TERM 4)



CLAREMONT COLLEGE
An Anglican Co-Educational Primary School



Claremont College has a commitment to healthy eating and will serve fresh foods in the canteen. Processed foods with a high sugar/salt/fat content are not served. Products declaring that they may contain nut traces are only available in sealed portions.

Please call the Canteen on 9399 3217 Ext 235 or email to canteen@claremont.nsw.edu.au, during school hours if you or your children have any special dietary requirements.

Recess & Lunch Extras

WATERMELON SLICE	\$1.00
FRUIT SALAD	\$2.00
APPLE.....	\$1.00
FROZEN GRAPES.....	\$1.50
PASSIONFRUIT AND YOGHURT	\$2.20
BERRIES AND YOGHURT	\$2.20
HOT CHEESE ROLL.....	\$1.50
HERB BREAD.....	\$1.00
CINNAMON FRUIT TOAST.....	\$1.00
BANANA BREAD	\$3.00
FRESH BAKED MUFFIN.....	\$1.80
CHOC CHIP COOKIE.....	\$1.00
RED ROCK DELI SEA SALT	\$1.80
GRAINWAVES	\$2.20
POPCORN	\$1.80
JELLY CUP	\$0.70

ICE-BLOCKS (ONLY AVAILABLE AT LUNCH)

A SELECTION OF ICE-BLOCKS	FROM \$0.50
FROZEN FRUIT CUPS, 100% JUICE	\$1.50

Drinks

PLAIN MILK	\$1.60
CHOCOLATE OR STRAWBERRY FLAVOURED MILK....	\$2.50
JUST JUICE, 100% APPLE OR ORANGE	\$2.00
NUDIE JUICES.....	\$2.50
(APPLE, ORANGE, TROPICAL OR APPLE & BLACKCURRENT)	

NOTE: Students are encouraged to bring their own water bottles and to refill these using the filtered water bubblers provided at school.

Lunch Orders

Wholemeal bread sandwiches or wraps:

Bread supplied by Bakers Delight Coogee

SANDWICHES OR (WRAPS ADD \$0.20)

VEGEMITE	\$2.00
TASTY CHEESE	\$2.50
HAM & SALAD	\$3.00
TUNA & SALAD.....	\$3.00
CUCUMBER & CHEESE.....	\$3.00
CHICKEN & SALAD	\$4.00
CHICKEN, LETTUCE & MAYONNAISE SANDWICH ...	\$4.00

TOASTED SANDWICHES OR (WRAPS ADD \$0.20)

TASTY CHEESE	\$2.50
HAM AND CHEESE	\$3.00
HAM, CHEESE AND TOMATO	\$3.50
CHEESE AND TOMATO	\$3.00
VEGEMITE AND CHEESE	\$2.70

ads • sandwiches • sushi • wraps • fruit juice • watermelon • rolls • apple • yoghurt • bread sticks • ice-

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Daily Specials (Lunch Only)

WEDNESDAY

HOMEMADE PENNE PASTA WITH BOLOGNESE SAUCE..... \$4.50

THURSDAY

BEEF PIE WITH SAUCE \$4.50

FRIDAY

SUSHI \$4.00/roll

(TUNA & CUCUMBER, CHICKEN & LETTUCE, FRESH SALMON & AVOCADO, AVOCADO OR CUCUMBER)

Flexischools

ORDERS CAN BE MADE FROM HOME...

- 1 GO TO THE FLEXISCHOOLS LINK ON THE SCHOOL'S WEBSITE OR GO DIRECT TO FLEXISCHOOLS.COM.AU;
- 2 CHOOSE 'REGISTER NOW'.
- 3 FOLLOW THE PROMPTS.

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