

## **Student Sport Policy**

### **Cronulla High School**

Sport as an aspect of the school curriculum is an integral part of an individual's development, requiring physical involvement in organised games or activities within an accepted set of rules. Sport is a valued and accepted part of a school's curriculum because it contributes to the development of the whole child. It provides a vehicle for a number of social, physical, emotional and moral learning and is an important expression of our culture. Participation, enjoyment and skill development of all students are the cornerstone of school sport.

#### **The Aims of School Sport:**

- Encourage participation by all students in sporting activities commensurate with their physical, mental, social, and emotional and skill development.
- Provide opportunity for playing a wide variety of sports within competitive and recreational sports.
- Develop the capacity to make reasoned decisions about ethical issues in sport that will lead to good player and spectator behaviour.
- Develop skill and fitness to particular sports so that all students can experience success through enjoyable participation.
- Develop and apply knowledge and understanding of:

Sport as a significant cultural force in our society

The capabilities and limitation of the human body

Games, tactics, strategies, rules and umpiring

Contribute, through participation, to the social, cognitive, physical, emotional and aesthetic aspects of the student's development.

#### **General Organisation of Sport**

Sport at Cronulla High School is offered as follows:

##### **Grade sport**

Grade Sport is held on Thursday afternoons and is conducted within the rules and guidelines set up by the Port HackingZone. Grade Sports are offered to years 7, 8,9,10, and 11. Grade Sport has two seasons, Summer and Winter.

##### **Recreational Sport**

Recreational sports are offered to those students in years 7, 8, 9, 10 and 11 who do not play in grade teams on Thursday afternoons. Changeover of sport occurs each ten weeks.

##### **Travel**

Travel for each program mentioned above will vary on a weekly basis. Students will either walk or catch a school organised bus to their designated venue and will return in the same manner. Students will be given fair warning of travel arrangements organised for their sport. These venues are usually listed on the Sports Notice Board located outside the PD/H/PE staffroom and throughout the school.

## **Carnivals**

Cronulla High School holds three major carnivals annually, Athletics, Swimming and Cross Country. On each of these days students are expected to arrive at school as normal, and then will travel to the designated venue as arranged by the school. It is an expectation of the school that the students will participate in the activities organised.

Cronulla High School will supply a team to compete in all three major carnivals (Athletics, Swimming and Cross Country) organised by the Sydney East Secondary School Sports Association.

## **Information for Teachers and Students**

Permission to leave early- Students will generally not be permitted to be excused from weekly sporting commitments. Students who are required to leave school grounds early for exceptional circumstances will need to see the Sport Organiser, before recess on the day, who will then consider each application for leave on its merits. All applications must be made in writing from a parent/guardian both signed and dated. Before permission is granted a parent/guardian will be contacted to discuss their application for leave. If a parent/guardian is unable to confirm the application for leave the application will be declined. Students will only be granted four early-leaves a year.

## **Students unable to participate in Sport**

Students who are sick or injured and are unfit to participate in their chosen sport are required to see their Sport Organiser in the PD/H/PE Staffroom for approval of non-participation before school or at recess. Application is to be in writing, as specified above for early leave approvals. Students, who are granted permission for non-participation of sport, are required to report to the quad at 12:15pm. At 12.15pm students will be given instructions regarding the afternoon schedule until 2:30pm.

## **Uniforms**

All students, regardless of their chosen activity are required to wear their full sport uniform to school on Thursday. The Cronulla High School Sport Uniform Policy is available on the school website. Students who do attend school who are out of school uniform will be required to get a blue out of uniform slip in the morning or upon arrival to school. Students who fail to get a blue out of uniform slip will attend Boot Camp if the blue slip is not produced when asked.

## **Sport Detention**

Any student who truants sport or misbehaves at sport will go to sport detention on Thursday afternoon the following week, and will not be permitted to leave until 3pm. Students on sport detention will attend Boot Camp until 2.30pm.

## **Boot Camp**

Any student who doesn't bring the correct equipment, forgets their money or misbehaves before sport leaves, will go to Boot Camp on Thursday afternoon and will be dismissed at 2.30pm.

As it is a requirement of the DET that all students participate in some form of sport each week, all students on Boot Camp and sport detention may be engaged in

physical activity to ensure this requirement is fulfilled. This may include some running, brisk walking or strengthening and flexibility exercises (calisthenics) all designed to enhance gross motor skills and general wellbeing. This will occur within the school grounds e.g. school oval or the synthetic courts. Should a student not complete the tasks satisfactorily then a sport detention or another sport detention will be issued.

### **Dismissal of Sport**

At the conclusion of sport, if a venue is outside school grounds students will return to school immediately. Should students return earlier to school at the conclusion of their sport, their sports teacher is required to supervise them. At 2.25pm there will be a sport assembly in the quadrangle. Students will be dismissed in an orderly manner at 2.30pm.