

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 7.15am	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Spinach and Cheese Croissants	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter French Toast	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Bacon and Eggs	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Fruit Danish Baked Beans	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Spaghetti and Grilled Tomato	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter	Seasonal Fruits, Assorted Toast and spreads Assorted Cereal, yogurt, muesli, juice, tinned fruit, fruit platter
Morning Tea 10.30am	Ham Cheese Toasties Fresh Fruit Flavoured Milk	Homemade Pizza Fresh Fruit Flavoured milk	Tartlets Fresh Fruit Flavoured milk	MYO Sandwiches Fresh Fruit	Fruit Muffin Fresh Fruit	Fresh fruit	BBQ Brunch - bacon, steakettes and sausage Fresh fruit
Lunch 12.40pm	Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Thai Beef Stir Fry and Hokkien Noodles Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Mongolian Lamb and Mash Fresh Fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Butter Chicken and Singapore Noodles Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Sweet and Sour Pork Ribs and Fried Rice Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar Fresh fruit	Cold Corned Meat Roast Chicken Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar
Afternoon Tea 3.15pm	Banana Cake Bread and spreads, milk, tea, coffee or hot chocolate	Chocolate Weet-bix Slice Bread and spreads, milk, tea, coffee or hot chocolate	Quiche Bread and spreads, milk, tea, coffee or hot chocolate	Fruit Platters Bread and spreads, milk, tea, coffee or hot chocolate	Mixed Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate
Dinner 5.45pm	Creamy Chicken Casserole	Corned Silverside	Sirloin Steak and Pepper Sauce Boarder Formal	Chicken Drumsticks	Roast Pork	Rump Steak with Onion Gravy	Chipolatas and Onion Gravy
Vegetables	Roast Potato Roast Pumpkin Roast Carrot Broccoli	Mashed Potato Mashed Pumpkin Yellow Squash Beans	Potato and Chive Mash Broccoli Mornay Honey Carrots	Potato Bake Mashed Pumpkin Peas Corn kernels	Potato Bake Corn Cobs Cauliflower and Hollandaise Buttered Beans	Sweet Potato Chips Zucchini Fry Peas and Carrot	Mashed Potato Mashed Pumpkin Stir Fry Vegetables
Salads	Tossed Salad	Potato and Corn Rocket and Roast Capsicum	Italian Tossed	Thai Noodle Spicy Corn Salad	Carrot and Sultana Greek Salad	Pickled Vegetables Tossed Salad	Tossed Salad
Dietary							
Dessert	Pavlova Fruit Platters	Sticky Date Pudding Fruit Platter Custard and cream	Mousse Cups Fruit Platter Custard and cream	Waffles Cream	Bread & Butter Pudding Custard and cream	Ice Block Pushups	Pannacotta Fruit Platter Custard and cream
Supper	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate

Created by Tyrone Lanagan

Menu - Term 1, Week 5

(Subject to Change)