

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 7.15am	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Baked Beans and Hash Browns	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Bacon and Egg Quiche	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Spaghetti and Chipolatas	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter French Toast and Spaghetti	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Poached Eggs, Spinach, Tomato and Onion Fry	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter	Seasonal Fruits, Assorted Toast and spreads Assorted Cereal, yogurt, muesli, juice, tinned fruit, fruit platter
Morning Tea 10.30am	MYO Sandwiches Fresh Fruit Flavoured Milk	Ham, Cheese & Tomato Toasties Fresh Fruit Flavoured milk	Lemon Tea Cake Fresh Fruit Flavoured milk	BBQ Pizza Fresh Fruit Flavoured Milk	Iced Banana Muffins Fresh Fruit	Fresh fruit	Fresh fruit
Lunch 12.40pm	Lamb Kebabs and Tzatziki Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Apricot Chicken Stir Fry Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Hot Dogs Fresh Fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Steakette Burgers Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Mixed Hot Lunch Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar Fresh fruit	MYO Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar
Afternoon Tea 3.15pm	Sao, Vita-Wheat, Drip and Vegetable Sticks Bread and spreads milk, tea, coffee or hot chocolate	Jam Drops Bread and spreads, milk, tea, coffee or hot chocolate	Iced Chocolate Cake Bread and spreads, milk, tea, coffee or hot chocolate	Fresh Fruit Platters Bread and spreads, milk, tea, coffee or hot chocolate	Wraps and Subs Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate
Dinner 5.45pm	Mushroom Steak	Chicken Camembert with Pesto Sauce	Traditional Lasagne	Dinner Omelettes with Pulled Pork, Mushroom and Tomato Fry	Nachos on the Lawn	Battered Flathead Grilled Barramundi	Roast Lamb
Vegetables	Idaho Potato Roast Sweet Potato Zucchini Fry Peas	Mashed Potato Mashed Pumpkin Lemon Carrots Cauliflower Mornay	Seasoned Potato Slices Honey Carrot & Bean Mix Corn Cobs Garlic Bread	Homemade Seasoned Wedges Sweet Potato Coconut Cream Mash Squash Fry	Seasoned Mince Lettuce Fresh Tomato Salsa Cheese Spanish Onion	Chat and Herb Butter Corn Cobettes Buttered Beans and Carrot	Roast Potato Roast Pumpkin Buttered Beans Cauliflower and Hollandaise
Salads	Waldorf Salad Kale and Quinoa Salad	Carrot & Chick Pea Salad Caesar Salad	Mustard Potato Salad Seasoned Rice	Wombok Salad Black Bean and Pasta		Tossed Salad	Roast Pumpkin & Capsicum Pear, Blue Vein & Rocket
Dietary							
Dessert	Strawberry Trifle Pudding Fruit Platters	Chocolate Pudding with Caramel Sauce Fruit Platters Custard and cream	Apricot Honey and Almond Cake with a Light Syrup Fruit Platters Custard and cream	Plum Pudding Fruit Salad Cream	Fresh Fruit Salad Fruit Platters Custard and cream	Ice Blocks	Ice Cream and Small Cones Custard and cream
Supper	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate

Created by Tyrone Lanagan

Menu - Term 1, Week 6

(Subject to Change)