

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 7.15am	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter BBQ Brunch PUBLIC HOLIDAY	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Spanish Scramble Eggs Porridge	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Mushroom and Bacon Fry with Spaghetti Porridge	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Krensky Sausage Bubble and Squeak Porridge	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Minute Steak and Tomato Gravy Porridge	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter	Seasonal Fruits, Assorted Toast and spreads Assorted Cereal, yogurt, muesli, juice, tinned fruit, fruit platter
Morning Tea 10.30am	MYO Sandwiches Fresh Fruit Flavoured Milk	Homemade Pizza Soup of the Day Fresh Fruit Flavoured milk	Quiche Lorraine Slice Soup of the Day Fresh Fruit Flavoured milk	Cheerios Soup of the Day Fresh Fruit	Blueberry Muffin Fresh Fruit	Fresh fruit	Assorted Slices Fresh fruit
Lunch 12.40pm	MYO Hot Dogs with Toppings Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Curry Rice-o-Riso Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Lasagne Fresh Fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Sweet and Sour Pork Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Mixed Hot Lunch Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar Fresh fruit	BBQ Brunch Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar
Afternoon Tea 3.15pm	Jam Drop Cookies Bread and spreads, milk, tea, coffee or hot chocolate	Fruit Platters Bread and spreads, milk, tea, coffee or hot chocolate	Date Loaf Bread and spreads, milk, tea, coffee or hot chocolate	Oatmeal Biscuits Bread and spreads, milk, tea, coffee or hot chocolate	Mixed Sandwiches Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate
Dinner 5.45pm	Chicken Camembert Honey Mustard Sauce	Crumbed Steak	Homemade Beef Pie	Chicken Parmigiana	Salmon, Barra, Whiting	Tortellini Penne	Roast Beef
Vegetables	Smashed Potato Napoli Base Vegetable Bake Roast Cub Pumpkin	Seasoned Potato Slices Braised Cabbage Carrot Batons and Beans	Roast Potato Roast Pumpkin Roast Carrot Broccoli Mornay	Potato Gratin Buttered Beans Ginger Carrots Corn Cob	Seasoned Wedges Stir Fry Mixed Fresh Vegetables	Tomato Sugo Sauce Bosciola Sauce Garlic Bread	Mixed Roast Vegetables
Salads	Assorted Salads	Assorted Salads	Assorted Salads	Assorted Salads	Assorted Salads	Pickled Vegetables Tossed Salad	Tossed Salad
Dietary							
Dessert	Jelly and Fruit Cup Custard and Cream	Pannacotta Custard and cream	Fresh Fruit Salad Custard and cream	Apple Crumble Custard and cream	Ice Blocks	Strawberry Mousse Custard and cream	Chocolate and Sticky Date Pudding Custard and cream
Supper	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate

Created by Tyrone Lanagan

Menu - Term 2, Week 3

(Subject to Change)