

Week 7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 7.15am	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Chipolata, hash brown and spaghetti Porridge	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Porridge Homemade fruit Danish	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Porridge Spinach and fetta triangles with tomato and onion confit	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Steak with tomato, bacon and onion gravy Porridge	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter Ham and Cheese Croissant Porridge	Seasonal fruits, assorted toast and spreads, assorted cereal, yogurt, muesli, juice, tinned fruit, fruit platter	Seasonal Fruits, Assorted Toast and spreads Assorted Cereal, yogurt, muesli, juice, tinned fruit, fruit platter
Morning Tea 10.30am	MYO Sandwiches Fresh Fruit Flavoured Milk	Ham and cheese toasties Minestrone soup Fresh Fruit Flavoured milk	Pig in a blanket Garlic Pizza buns Fresh Fruit Flavoured milk	Chocolate slice Mushroom soup Fresh Fruit	Fruit Muffins Fresh Fruit	Fresh fruit	Dip, vegetable sticks and crackers Fresh fruit
Lunch 12.40pm	Crumbed Calamari Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Roast Lamb and gravy Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Beef stir-fry and fried rice Fresh Fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Pineapple cut and marinated squid Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Mixed Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar	Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar Fresh fruit	BBQ Brunch Fresh fruit MYO Sandwiches, selection of cold meats and salads from the salad bar
Afternoon Tea 3.15pm	Fruit Platters Bread and spreads, milk, tea, coffee or hot chocolate	Chia muffins Bread and spreads, milk, tea, coffee or hot chocolate	White Chocolate Fairy Cake Bread and spreads, milk, tea, coffee or hot chocolate	Sao and cruskits cheese crackers and tomato Bread and spreads, milk, tea, coffee or hot chocolate	Mixed Sandwiches Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate
Dinner 5.45pm	Chicken Parmigiana	Steak and Diane Sauce	State Of Origin Beef and Chicken Burgers with the lot	Lasagne	Beef Hot Pot	Indian night Rogan Josh Chicken tikka masala	Roast Pork
Vegetables	Mash potato and pumpkin Beans	Buttered chats Broccoli and hollandaise Corn kernels Baton carrot	Bacon, egg Grilled onion and salads	Lyonnais potato Grilled sweet potato Peas and corn	Smashed potato	Saffron rice Steamed rice Naan bread Poppadum	Roast Vegetables
Salads	Orange and apricot Assorted Salads	Caesar Assorted Salads	Assorted Salads	Greek Assorted Salads	Coleslaw Assorted Salads	Caesar Assorted Salads	Tossed Salad
Dietary							
Dessert	Tinned Peaches Custard and Cream	Zabaglione with sponge finger in cups Custard and cream	Waffle cones and ice cream Custard and cream	Tiramisu Custard and cream	Zooper dooper Custard and cream	Monti Ice blocks	Chocolate pudding Custard and cream
Supper	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate	Bread and spreads, milk, tea, coffee or hot chocolate

Created by Tyrone Lanagan

Menu - Term 2, Week 7

(Subject to Change)